WEEKLY NEWSLETTER



School News A MESSAGE FROM THE SENIOR

LEADERSHIP TEAM

Dear Parents/Carers,

It has been another busy week at school, with children and staff working very hard to have exciting learning opportunities for all.

Safer Internet Day

At East Tilbury Primary School, we take our responsibilities to deliver high quality learning opportunities for pupils in Computing very seriously! As part of the Computing curriculum, we deliver lessons and activities to support the safety of pupils online. Next week, we are joining



thousands of schools across the country, through our involvement in Safer Internet Day. For more information on this event and lots of tips and support for parents, please visit the website: https://www.saferinternetday.org

Young Voice – O2 Choir Performance



On Monday, the junior school choir took part in the 'Young Voices' choir performance at the O2 arena in London. To say this was an exciting experience is a huge understatement – it was an awesome experience! The children joined thousands of other choirs to accompany the performances of the young voices band. A huge thank you to all the parents, staff (particularly Mr Rumble) and children for supporting this event. Please do check out Facebook for some of the photos from this event.



We wish you a relaxing weekend ahead,

The Leadership Team

Upcoming Events

WORLD BOOK DAY 7 MARCH 2024

World Book Day

Our Reading Ambassadors will be discussing World Book Day with Miss Percival next week. More details to follow

Curriculum Enrichment Day

On Friday 9th February we will be having one of our termly Curriculum Enrichment Days where the pupils get the opportunity to focus on one area of the curriculum for the day.





SEMD in Focus

Open to all young people aged 5-16 with SEND

Competition opens: 22nd January 2024 Competition closes: 28th March 2024

Take a plunge into the world of recycling like never before. It's not just about bins and bottles; it's about turning everyday items into extraordinary creations and give them a new lease on life.

We want to see your innovative minds at work, turning old items into mind-blowing masterpieces.

HOW TO ENTER

SEND

•Collect the items you want to recycle and transform these finds into a mind-blowing creation.

•Take a photo of your masterpiece, and in a paragraph, share the inspiration behind your creation while highlighting the materials you recycled.

Email it to <u>QASEND@thurrock.gov.uk</u> Remember to include your name, age, year group and current school setting.

THINK ABOUT:

What message does your creation convey about recycling?

How did you recycle materials to create something new and exciting?

How can your creation inspire others to join the movement?

Dithurrock.gov.uk



SEMD in Focus



Have you received an ASD diagnosis for your child? Do you have questions or concerns? Do you need someone to talk to?

The Specialist Health Visiting Team Nursery Nurse's will be available for you on the third Monday of every month with a friendly face and a cup of tea at the Child Development Centre, Gifford House, Thurrock Community Hospital, Long Lane, Grays, RM16 2PX



SEMD in Focus

Specialist Health Visitor Appointments with PATT SENDIASS via MS Teams

These appointments are for parents with children who have additional needs. It is an opportunity to meet with our team to discuss how our service may be able to assist. This may be signposting to other services, explaining processes, coordinating health care, referral, intervention, or support. It is also an opportunity to meet the PATT SENDIASS team and get advice and guidance on education and school issues.

To book a 15 minute, online appointment, visit www.patt.org.uk/booking-page Or scan the QR code below.

Please be assured that you will have the opportunity to speak with Caralyn or a member of her team in private during these sessions.

2023	Time	2024	Time
Thursday 21 st September	10.30am -12.30pm	Thursday 18 th January	10.30am – 12.30pm
Wednesday 18th October	10am – 12pm	Wednesday 29th February	10am – 12pm
Thursday 16 th November	10.30am - 12.30pm	Thursday 28 th March	12.30pm – 2.30pm
Wednesday 13th December	10am – 12pm	Wednesday 17 th April	10am – 12pm
		Thursday 16 th May	10.30am - 12.30pm
		Wednesday 19 th June	10am – 12pm
		Thursday 11 th July	12.30pm – 2.30pm

Because of the nature of the roles in this team we may need to cancel at the last minute, if this happens, I will arrange to speak with you at a different time.







SEMD in Focus

PATT ADHD Support Group

For families with children and young people with ADHD and neurodiversity

Booking essential

If we need to cancel a session you will get notification via email To book: www.patt.org.uk/adhdsupport or scan the QR Code below. Facebook: PATT ADHD Support

First Wednesday of each month 6.30pm to 8.30pm

7th February 2024	Stanford Le-Hope Family Hub					
6th March	PATT Office					
1st May	Stanford Le-Hope Family Hub					
5th June	PATT Office					
3rd July	Stanford Le-Hope Family Hub					
4th September	PATT Office					
2nd October	Stanford Le-Hope Family Hub					
6th November	PATT Office					
4th December	PATT Office					

3rd Friday of each month 9.30am–11.30am PATT Office, 51 Lodge Lane, Grays, RM17 5RZ

19th January 2024 15th March 17th May 19th July 25th October 16th February 19th April 21st June 27th September 29th November





Important Information



An event run by The 180 Project, part of Community Church Registered charity no. 1062301. Tel: 01375 484 101 We have a very limited stock of uniform due to our uniform store being in the RAAC area of the school. If you are in need of uniform please visit the 180 project at the Community Church in Chadwell St Mary.

If your child has an injury and has been given medical advice that we need to follow as a school, please bring them to the school office for 8.15am on their first day back at school following the injury so that we can complete a risk assessment. Thank you for your cooperation.

180

Absence

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

Home Visits will be carried out for any child that is absent for 3 or more school days without reason.

We need you

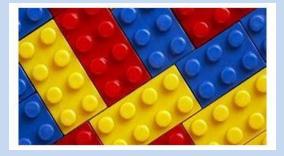


If you are collecting Year 1 or 2 pupils from the school playground, please go back out of the blue gate you came onto the playground through rather than waiting on the inside of the Key Stage 2 silver gate.

Thank you

Please label all children's school uniform. This helps us return lost property to the correct child and prevents parents from having to replace missing uniform as often. This is particularly important as the weather is cold and children are wearing jumpers/cardi gans to school.

We need some additional Lego for our pupils to play with. If you have any at home, that you no longer need, donations will gratefully be accepted via the school office. Thank you



Please be reminded that pupils should not be wearing jewellery to school. Children with pierced ears may wear stud earrings but hoops are not permitted. Thank you for your support

Please ensure your child has a PE kit in school at all times. If you need support providing this, please contact Mrs Jarvis or Mrs Allen via the school office.

We are continually updating our OPAL resources and would gladly accept donations of:

- Dolls buggies & prams
- •Dolly's
- Buckets & Spades
- •Scooters
- •Dressing up clothes





Mary Nates

Friday 9 th February 2024	Curriculum Enrichment Day
Tuesday 13th February 2024	Pancake Day – dessert lunch option
Friday 16 th February 2024	Non-Uniform day
19th – 23rd February 2024	Half Term
w/b 24 th February 2024	Clubs restart
27 th & 28 th February 2024	Reception Hearing, vision, height and weight check
Thursday 7th March 2024	World Book Day
Monday 11th – Friday 15th March 2024	Science Week
Friday 15th March 2024	Reception Parent Workshop and stay and play
Friday 15th March 2024	Comic Relief/Red Nose Day – Wear red to school
Friday 22 nd March 2024	Curriculum enrichment day 22 nd Friday
Friday 29 th March 2024	Bank Holiday – No school
Monday 1 st April – Friday 12 th April 2014	Easter Break
Monday 15 th April 2024	Pupils Return to School

Tuesday 13th February **Particulary Particulary Particulary**

Pancake

* * *

With or without Lemon & Sugar

East Tilbury Primary School



U.S.

East Tilbury Primary Schools Online Pastoral Support.

We are very excited to launch our new Pastoral service to our school community. From today you can access support by completing a simple and quick online form.

We have been working hard over the last few months to set up extra support for our families which is very much needed at this challenging time. If you require support, then please do not hesitate to reach out. We are hoping this service will be a fantastic addition to the support we can provide for our school community. Please reach out if you need anything, we are always here to offer you support.

To make the process simple we have created a QR Code (at the top of the poster) which you can just scan, and this will take you directly to the form.

WE CAN HELP WITH

• Food

Jar

- Wellbeing
- Trip Payments

FOR MORE INFORMATION VISIT:

www.easttilburyprimary.thurrock.sch.uk

Our school uniform shop is currently closed due to our stock room being affected by RAAC. If you need support with school uniform please visit the 180 project in Chadwell St Mary. <u>mycommunitychurch.org.uk/community/projects</u>

Please find more information about this on our school website or Facebook Page.

The next Non-Uniform day is on Friday 16th February 2024

n-Scho form D

To support our daily biscuit time, we will be holding a non-uniform day on the last day of each half term.

For this day we are asking for a small voluntary donation or a packet of plain digestive biscuits.

Dates for these events each half term can be found on the weekly newsletter.



Class News



Reception

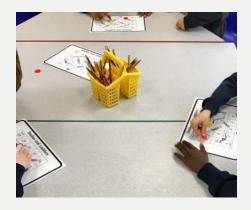
In Reception this week we have been enjoying reading the story, 'Lost and Found' by Oliver Jeffers. We have been using our sounds to write words and short sentences to describe parts of the story. We have enjoyed learning more about penguins and thinking about how the characters might have felt on their journey through the sea. We are trying our best to use all of our Phonics knowledge in our writing which is really starting to come along! In Maths we have been looking at finding and

representing 6,7,8 as well as finding one more and one less. We have enjoyed exploring our numbers within our play and spotting patterns.

Class News

Year One

In maths this week, we have been exploring additions by counting on from a given number within 20. We able to use tens frames and were counters to understand the process of counting on. We also used number lines to support and practice counting on. To develop a deeper understanding of the relationship between numbers and how quantities relate each to other. we worked with our partner and enjoyed playing snakes and ladders.











Year Jwo

In art, year 2 have been looking at textures. They began by going outside, collecting objects such as leaves, twigs, grass, and plants. They spoke to a partner and described how the object feels. After this, they drew the objects they found and labelled their properties in their sketch books.

Once they had done this, the children used a range of materials such as cotton buds, wooden forks, wooden knives, pompoms, and wooden sticks to create marks using paint which they thought mimicked the texture of the objects they found. For example, they scraped the wooden forks across the page to mimic the texture of a twig and dabbed the pom poms on the page to mimic the texture of a leaf.

Class News

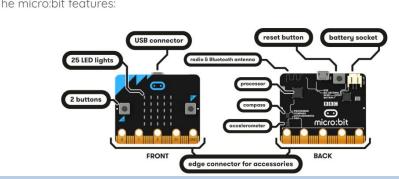
Year Three

Let's dive straight into the exciting adventures our Year 3 students had in Design and Technology.

This week, our talented little tech enthusiasts dived into the world of Microbits! What's a Microbit, you ask? Well, it's a pocket-sized computer that allows you to get creative and explore the endless possibilities of coding!

Our amazing Year 3 students discovered the basic functionality of an eCharm programme, and we have to say, they absolutely loved it! They were buzzing with excitement as they programmed their Microbits to display different light patterns and create simple games.

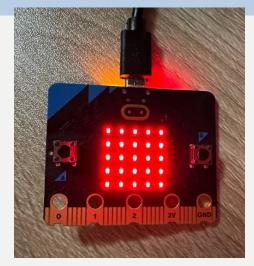
Watching our budding programmers collaborate and problem-solve together was truly inspiring! It's incredible to see how technology can unlock their creativity and pave the way for their future success.



This is called a Micro:bit

The micro:bit features:





Class News

Year Four

Around Year Four!

Another week coming to an end! As we are approaching the last couple of weeks of HT3, we are continuing to work exceptionally hard across the year group.

Maths:

We have started our preparatory work for area and perimeter this week; they are our new topics starting next week. In order to accurately be able to convert between CM & M, MM & CM, CM & M and M & KM, we have been exploring multiply and dividing by 10, 100 and 1000. By working on these, pupils are unlocking the door to the learning of conversion between units of measurement ergo, they will be able to convert between areas of shapes in different measure.

English:

Our bright sparks have started writing their biography on debatably one of the brightest sparks to impact us to date: the late, great Nikola Tesla. Following on from their hard work during our sentence stack lessons, pupils have been using those to aid their written work. Pupils have been cleverly using metaphoric puns for our master of light in order to write about his electrifying life.

Geography:

In our Geography lesson, we have been looking at the dangers of volcanoes, how they are formed, the impact on the land around them and how they can change the way places exist to date. As well as that – believe it or not – we have been looking at the benefits volcanic eruptions (irrespective of size) can have in areas of the world.

We even looked at a fictional scenario about what our life would be like if there were to be a volcano behind our school. Do not worry: the children were well informed that this was a made-up scenario.



Class News

Year Six

In science this week, Year 6 learned how water and nutrients are transported around the body. They learned lots of scientific vocabulary and even gained some advanced understanding that they would not usually delve into until secondary school! Learning about the process of diffusion, the children completed an experiment where they placed Skittles in a circle on a plate and then poured some water inside the circle. The children thoroughly enjoyed watching the colour from the skittles diffuse into the water. They then set up another experiment to observe the process of osmosis. The children placed two gummy bears in a bowl and filled it with water. They then predicted what would happen to the bears in the next 24 hours and were very excited to see the bears grow overnight!



Reach for the Stars

Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!

RJG	Anne-Marie	For always sharing with her friends.
REC	Arlie	For independently writing his name.
RES	Rory	For working hard on his phonics and reading.
1GC	lvy	For an amazing piece of independent writing!
1FK	Christian	For being an amazing role model and a caring friend.
	Jack-Junior	For his excellent piece of independent English work.
1BA	Chukwukanyima	For improved focus and great effort across all his class work.
2BG	Imaani	For writing a detailed narrative using all the correct features.
2RS	Alfie	For his excellent effort in maths this week.
2CH	Fareeda	For her increased confidence amongst her peers.
2RM	Ayub	For working independently when using a number line.
3VP	Amber G	For her increased independence and self-help in maths.
3ML	Bailee	For always being a positive role model and caring about others.
3SG	Nasiib	For increased independence when writing sentences and being confident to share her written work aloud.
3SA	Victoria L	For building her confidence in class and trying her best across all areas of the curriculum.
4CP	Marko D	For an amazing biographical narrative.
4NM	Frankie	For increased confidence when writing sentences as well as reading aloud to the class.
4JP	Alexander	For a dependable positive attitude to every part of his learning in school.
5AB	Nadia	Improvement in her spellings
5TH	Alfie	Pushing himself to excel in his written work.
5MR	Keira	For being caring towards her class mates and improving her narrative writing.
6LC	Alessia C	For effort and attention to detail in her writing.
6NB	Dodi L	For striving for his best across his learning.
6JM	Stanley W	For outstanding effort across the curriculum.





All pupils at East Tilbury Primary have logins for Times Tables Rockstars and are able to log on at home to practice their times tables.



Keep in Jouch

Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181 Email:office.etp@osborn e.coop

East Tilbury Primary School Princess Margaret Road East Tilbury, Essex, RM18



We are also regularly updating our Facebook page and Twitter feed. Log on and have a look!



Twitter: @EastTPrimary



At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

- Mrs Bates
- Mrs Dawson

Due to the size of the school, we have the following designated staff who can deputise in the Headteacher's absence:

- Mr Gowland
- Mrs Jarvis
- Mrs Mylam
- Mrs Allen
- Mrs Sheridan

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone immediately if you believe it is urgent.

Thurrock MASH (Multi Agency Safeguarding hub), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802.
Emergency Duty Team (for out of hours) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 www.childline.org.uk · NSPCC 0808 800 5000 www.nspcc.org.uk; www.facebook.com/nspcc



Tues 14:00-16:00: St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.
Tues 11:00-13:00: St. John the Baptist Church, Tilbury, Dock Road, Tilbury, RM18 7PP
Weds 11:00-13:00: Gateway People's Centre, High Street, Stanford Le Hope, Essex, SS17 0EY
Weds 13:00-14:30: Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB
Thurs 11:00-13:00: St. Francis Centre, Somerset Rd, Linford, SS17 0QA
Thurs 11:00-13:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF
Fri 10:12:00: St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD
Sat 09:30-11:30: Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP
Sat 10:00-12:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

What Parents & Carers Need to Know about VE ERSUAS

WHAT ARE THE RISKS?

Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

SCROL

POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their access to their device of their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life other people in real life.

MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease. create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate

SENSORY OVERLOAD

Repetitively scrolling, clicking create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted

COSTLY ADDITIONS

2

Video games sometimes display offers for downloadable content or offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.



Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

Advice for Parents & Carers

ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings on how long they can be perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.

.... 6



ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see there encoded things more clearly



INI

Stop knee-jerk responses at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.

Meet Our Expert

NIX NOTIFICATIONS

Rebecca Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE). As well as delivering workshops and training for young people, parents and schools, she is also a subject matter expert on RSHE for the Department of Education

f /NationalOnlineSafety

O @nationalonlinesafety

@national_online_safety



2023-24 term dates, agreed by Trust Board on 20th September 2022

	S	ept	em	ber	202	23		October 2023						November 2023						3	December 2023							
Μ	Т	W	Т	F	S	S	Μ	TWTFSSMTWTFS						S	S	Μ	Т	W	Т	F	S	S						
				1	2	3							1			1	2	3	4	5					1	2	3	
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	
							30	31																				
		Jan	uai	ry 2	024				Feb	rua	iry 2	202	4			Ма	rch	n 20	24				A	pril	202	24		
Μ	Т	w	Т	F	S	S	М	Т	W	Т	F	S	S	Μ	Т	W	Т	F	S	S	М	Т	W	т	F	S	S	
1	2	3	4	5	6	7				1	2	3	4					1	2	3	1	2	3	4	5	6	7	
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10	8	9	10	11	12	13	14	
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17	15	16	17	18	19	20	21	
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24	22	23	24	25	26	27	28	
29	30	31					26	27	28	29				25	26	27	28	29	30	31	29	30						
		M	ay 2	202	4				Jı	ine	202	24		July 2024				August 2024										
Μ	Т	w	Т	F	S	S	М	Т	W	Т	F	S	S	Μ	Т	W	Т	F	S	S	Μ	Т	W	т	F	S	S	
		1	2	3	4	5						1	2	1	2	3	4	5	6	7				1	2	3	4	
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31		

Autumn Term:	Monday 4 September 2023 – Wednesday 20 December 2023 Half Term 23 October – 3 November	73 days
Spring Term:	Thursday 4 January 2024 – Thursday 28 March 2024 Half Term 19 February - 23 February	56 days
Summer Term:	Monday 15 April 2024 – Tuesday 23 July 2024 (22-23 July twilight inset payback) Half Term 27 May – 31 May, and May Bank Holiday - 6 May	66 days
		195 days

School Holiday
Additional autumn half term
Inset days, schools closed to students
Trust conference, schools closed to students