

15th October 2021

Dear Parents/Carers,

#### **Aspirations Week**

All this week children have had the opportunity to meet members of the community and learn about their jobs and lives. From Paralympian Athletes to Paramedics, it has been great to see the children so engaged and excited by the inspirational work of the visitors. It has been such an exciting and brilliant way to end this half term! Please check out the rest of the newsletter and our Facebook page for more 'Aspirations Week' highlights.

#### **Parent Consultations**

Teachers are looking forward to speaking with you after half term about the successes your children have had so far this school year. Please remember that the teachers will call you at the allotted time using the booking information provided. If you don't answer first time, the teacher will wait for two minutes and then call back. Please do not call the office if you receive a missed-call, the teacher will call you. The booking system on the website is now closed.

#### Harvest

This year the school will be donating your food donations to Thurrock Food bank. On Thursday of the first week back (4<sup>th</sup> Nov), please bring any donations to the gate that you usually bring your children through in the morning. At each gate there will be a black container that you can leave your donation in, and this will then be collected by the food bank staff later that day. The Thurrock Food bank provide meal packs for vulnerable families across Thurrock and perform amazing practical support to the local communities of Thurrock. Please see the information poster later in the newsletter for information on the types of food that can be donated. Thank you in advance for your food donations.

#### Halloween

During the half-term break, Halloween will fall on Sunday 31<sup>st</sup> October. While this is a chance to have fun and enjoy the celebrations, please do be mindful of vulnerable members of the community who may not wish to engage in trick-or-treat. A good sign to look out for, is whether a resident has a carved pumpkin outside the front door – this usually indicates that they are happy to be involved.

As a school leadership team, we wish you and your families a relaxing and enjoyable half-term break and look forward to welcoming you back to school on Monday  $\mathbf{1}^{\text{st}}$  November.

Kind regards,

The Leadership Team

#### **Important dates:**

#### **Summer Term**

Autumn Half Term: Monday 18th—Friday 29th October 2021

Closing date for secondary school admissions: 31st October 2021

Children return: Monday 1st November 2021

Christmas Holiday: Monday 20th December—Tuesday 4th January 2022

Non-pupil day: Tuesday 4th January 2022 (INSET day)

Children return: Wednesday 5th January 2022

February Half Term: Monday 14th February—Friday 18th February

2022

Children return: 21st February 2022

Easter Holidays: Monday 4th April- Monday 18th April 2022

Children return: Tuesday 19th April 2022

May Half Term: Monday 30th May- Friday 3rd June 2022

Children return: Monday 6th June 2022

Non Pupil days: Thursday 21st and Friday 22nd July 2022

(INSET days)



Please be advised that due to COVID-19 there have been some changes to our school dates.

All given dates are subject to amendment.



Please label all of your child's school uniform. This will make reuniting your child with lost jumpers/cardigans much easier for staff. Thank

you

Please be aware that if you take holiday during this time, you will be subject to a penalty fine. This is school policy for all holiday applications during term time.

### Harvest Collection 2021

Thank you for collecting for Thurrock Foodbank. Here is a list of items you may be able to donate. Please make sure everything is in date. We are very grateful for your support

- Tinned fish
- Tinned meat
- Rice
- Sponge Puddings
- **Tinned Potatoes**
- **❖** Instant Mashed Potatoes
- **❖** Biscuits
- **❖** Tea/Coffee
- **❖** Long life fruit juice
- Pasta Sauce
- **❖** Tinned custard
- **❖** Tinned Spaghetti
- ❖ Toiletries eg.soap, shower gel, deodorant



#### Important Information regarding pupil absence

Any pupil that has 5 or more consecutive days illness will be required to provide the school with medical evidence. Medical evidence can be a GP appointment card, text, or prescription medication. Any illness for this length of time without medical evidence could be subjected to a penalty notice.

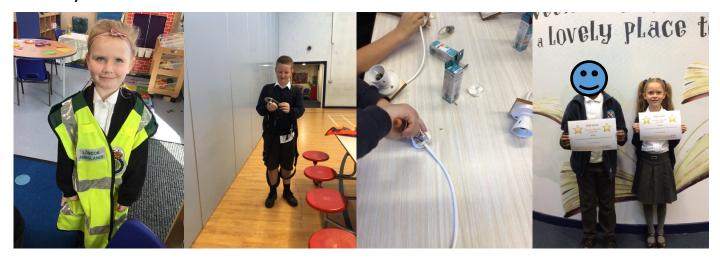


Thurrock Catering Services provide our school meals. Their contact email is <u>caterings</u>-

ervices@thurrock.gov.uk

# Aspirations Week

We would like to say a huge thank you to all the parents, carers and businesses represented in our local community who came in to speak to and run workshops for our pupils as part of our Aspirations Week. Feedback has been overwhelmingly positive and you have most certainly inspired a number of our pupils to consider careers they never otherwise would have, as well as to believe that they can do really well if they work hard and stay open-minded. Thank you!



Please see below details for an optional competition to show the importance of working hard and some of jobs that people do.



Design a poster or create a short video (less than 1 minute) to show the importance of working hard and some of the competitive, difficult, yet rewarding, jobs that people do.



## What's it going to be?



- You could include something about the different jobs our Aspirations Week visitors spoke to you about and the activities you did with them
- You could include something about the importance of aiming high and working hard
- You could include some information about what you would like to do as a job when you are older.



It's up to you – be creative and have fun!

Hand in your finished poster or video, via Google Classroom or directly to your teacher, by **Friday 5th November** 





Throughout the month of October, the United Kingdom comes together in celebrating Black History Month. In the UK, Black History Month was first celebrated in London in 1987, as part of African Jubilee Year. It was created to mark the contributions of African, Asian and Caribbean people to the economic, political and cultural life in the UK. As we do every year, East Tilbury Primary school joined in the national celebrations and events to honour the too-often unheralded accomplishments of Black Britons in every area of endeavour throughout our history. Reception and Key Stage One enjoyed listening to a range of music such as a reggae, 2 Tone and ska. Artists such as Bob Marley and Toots and the Maytals provided a great opportunity for the children to dance along to the music and describe how it made them feel. Years 3 and 4 learned about the lives and achievements of famous Black Britons such as Lewis Hamilton and Mary Seacole. In upper school, Years 5 and 6 discussed how Notting Hill Carnival began and the uniting impact this annual festival has had on both UK and global citizens. Below are some examples of influential figures who helped to bring about positive change in their fields of work and provide inspiration for others.





Hi Everyone, Mrs Mylam (SENCo) here.

I'd like to introduce a new section to the newsletter called 'SEND in Focus'. This dedicated section will allow me to share useful strategies, resources and local service provisions that might be of interest to you and your child. I will start this off with some advice and resources to support fine motor development. Please let me know if there is anything specific that you might like added in future newsletters.

Fine motor refers to development of the smaller muscles within a person's body, ie hands, fingers and toes. These muscles enable children to carry out everyday activities such as holding a pencil correctly, buttoning their shirt or tying their shoe laces, as they develop their eye-hand coordination, eye-finger coordination and their finger strength and control.

Children with fine motor difficulties are supported in school through fun and engaging activities. Why not check out these links and have some fun with these at home using everyday items:

https://www.youtube.com/watch?v=MD86MGSBd8w

https://www.youtube.com/watch?v=N6kPcQSSsEY

https://www.youtube.com/watch?v=gO4SaYq6cVI





The votes are in and have been counted ....

Abigail from 6JM and Tajus from 6LC have been selected to represent the school as Head of School Council.

A video message was shared across the School of the them expressing their thanks to everyone for participating in the vote and wishing everyone a lovely half term

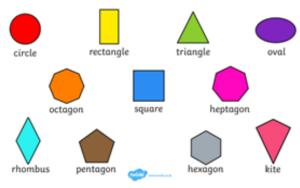


## Classoom catch up

### Reception

Wow, we have been in school for a whole half term already time flies when you are having fun! This week, we have been focussing on our local area. We have been talking about what makes up a community, what we have in our community as well as our roles and responsibilities within our community.





In maths, we have been looking at 2D shapes. We have been looking at

different shape names, selecting appropriate shapes for building different models, combing different shape to make new ones, manipulating shapes to develop spatial reasoning skills, and composing and decomposing shapes so we can recognise that a shape can have other shapes within it.

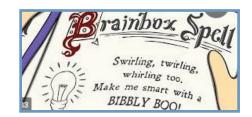
Also, this week, we were very lucky to have a paramedic, James, visit us to tell us all about his roles and responsibilities. We discussed the different types of ambulance vehicles that we might see, the equipment paramedics use and the number we need to call in an event of an emergency. He even brought in uniform for us to try on and let us have a go at bandaging 'wounds' – thank you so much for visiting!



We hope everyone has a lovely half term break ready for the busy term ahead of us!



#### Year One



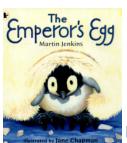


On Monday in English, we read the story 'A Magical Muddle'. The story is about a witch who casts a spell that goes a little wrong. We had lots of fun working in groups to retell the story through role play.

On Tuesday, we went outside to collect ingredients to make our own magic potions. We made a list of the ingredients that we found and then worked together as a class to make the potion.

On Wednesday, we discussed using imperative verbs and time conjunctions to write our instructions for making our magical potions.





Year 2

In English, we learnt about explanation

texts. We are now able to recognise the key features. Ask us to tell you what the features are?

We then wrote our own explanation text on the life cycle of a penguin. We read the story 'The emperor egg' to help us learn more about penguins.









Female returns

In Science this week, we have been learning about the rainforest habitat. We looked at the different layers within the rainforest and the animals we would find there.



To conclude our Geography unit, we have created a leaflet on the information they have learnt this half term. We chose to make our leaflet on either East Tilbury, Nairobi and Antarctica. We wrote about where it is, what animals live there, what it is like and what you can go and see.

## Year 4

This week in Year 4, we have really thrown ourselves into ALL THINGS ANGLO SAXON! The children continued their Anglo Saxon activities by creating shields based on the skills this week of primary and secondary colours. In addition, they were given the opportunity to have a workshop with a lawyer and an Olympic Paralympian as part of our Aspirations week! They were fortunate to participate in some interactive activities that challenged the pupils and opened their minds to various possibilities in their futures.

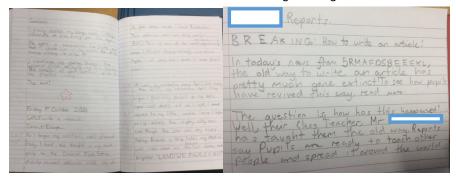


#### Year 5 - First Half-Term of Egg-cellence.

The end of this week marks the end of our first half-term as Year Five, what an outstanding half-term it has been! From exploring materials to our new digital computing books, the half-term has full of a variety of learning – all across the curriculum. To share with you what we have been up to, this week we have a subject-by-subject breakdown of the ongoing learning within the Year Group,

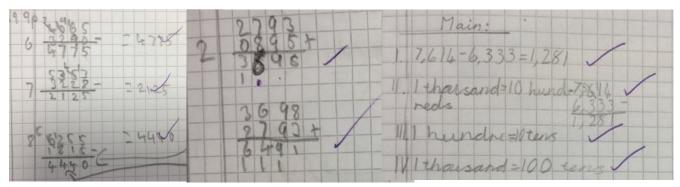
#### Extraordinary English:

This half-term has seen us explore a plethora of writing styles, namely narratives, recounts and newspapers. These writes have even linked to our other studies as you may be able to see below.



#### Marvellous Maths:

In maths, we have been investigating the importance of place value to help establish what goes into a number. This helps in calculations, as we have explored in addition and subtraction over the past weeks. In addition (no pun intended), we have seen how partitioning by place value can really help make calculations much easier.



#### Spectacular Science:

Glitter, eggs and ice... All things that have come up in our Scientific investigation this half-term! Why? Well, we have been exploring the properties of materials. Glitter was to find out which materials are soluble or insoluble in a liquid. Eggs were to find out which materials have protective properties as part of our egg-cellent egg drop. Finally, ice was to explore the thermal properties of materials, by observing the time taken to heat or cool a substance, allowing us to determine what a thermal conductor or insulator is.

#### Not-so-Horrible History:

Vikings are our topic for this term, hence there is still lots to come in this subject, but so far we have discovered lots. Culture, faith and why they migrated to Anglo-Saxon Britain have been our main points of learning this half-term, which have stretched into music lessons (about Viking Sagas) and reading sessions (class text being Viking Boy). We were even lucky enough to 'raid' for information too, like a Viking would for treasure and prized possessions. Furthermore, yet to come will be writing in Runes, creating majestic longships and much, much more... (Teachers will still be growing their Nordic-

Viking beards too).



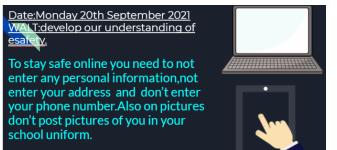
#### Perfect P.E:

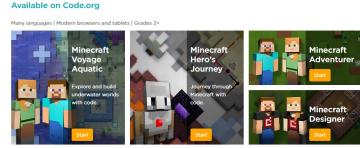
P.E. has seen a focus on developing our fitness and core skills. To do this, we have strived in a variety of obstacle courses and team building exercises which have been epic.



#### Captivating Computing:

With our brand-new digital computing books, we have been able to explore for longer with technology within our computing sessions this half-term. We have been learning essential skills such as email writing and copying and pasting images to make our work look more professional. Also, we discovered lots about coding in a trust-wide computing session, which was greatly enjoyed across the Year Group.





This is just a summary of all the incredible things we have learned this term, and this is without even discussing various other aspects such as our well-being sessions, PSHE lessons, R.E. lessons...

Have a relaxing, restful break over the two weeks, including a Happy (and safe) Halloween, and we look forward to seeing you all in November ready for another awesome term!

#### Year 6

This week Year 6 have participated in Aspirations week.

We joined in with a Trust coding workshop that was run by a St Cleres computing teacher via video link. The children really enjoyed learning about some famous programmers and completing a Minecraft coding challenge. We also enjoyed a engineering workshop provided by Zurich, in which the children learned about the role of an engineer and even learned how to wire a plug! Finally, Miss Moore's brother facilitated another coding workshop via video link in which the children learned all about his career as a software engineer, and even got to see photos of a younger Miss Moore and Miss Coldwells from when they attended East Tilbury Primary School as children. They really enjoyed seeing real code and completed challenges to debug the coding.







Also, in history this week, the children learned about the Blitz and got to experience what it would have been like to shelter from an air raid; closing the blinds, turning off the lights and hiding under tables.









Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!

RJG	Anton T	For writing cvc words independently.			
RMB	Roman S	For great efforts and improvement with his name writing			
RFC	Archie C	For making positive choices in school this week			
REC	Tommy D	For his amazing effort in PE.			
1CH	Chloe WF	or always trying her best.			
1GC	Muhammad	For always trying his best and working hard.			
1FK	Hallie Q	For working exceptionally hard to improve her work in English			
1BA	Magor A	For positive attitude towards his learning.			
2VC	Georgia D	For creating a lovely leaflet about Nairobi.			
2RS	Kaitlyn D	For writing a lovely leaflet about East Tilbury			
2NL	Shaila M	For her fantastic effort and positive attitude towards her learning.			
3RM	Emily M	For a brilliant attitude for learning			
3SH	Nathaniel L	For his continued hard work in Mathematics, which is always beautifully presented.			
3NM	Tom DW	For great problem solving and explaining his mathematical thinking.			
4JP	Chloe M	For a great effort with writing in the role of a character.			
4MR	Ruth A	For incredibly independent writing and always being a positive role model.			
4SA	Lacey S	For demonstrating an enthusiastic and positive attitude to learning, tyring to push herself in her learning.			
5CP	Bradley S	For working exceptionally hard in English this week.			
5BG	Mia B	For working exceptionally hard in Maths this week.			
5NB	Matt A	For outstanding work ethic across the half-term; inspiration to the whole year group.			
5TH	Lucas R	For showing improved commitment to his learning across all subject areas.			
6LC	Kaysan H	For always working hard and having a good attitude to learning			
6VP	Adam C	For effectively using the features of diary entry			
6JM	China L	For effectively using the features of a diary entry.			





#### FOCUS GROUP2 Covid-19 and its impact

#### Let's share ......

We know that the COVID-19 pandemic has changed the lives all of us but non more so than the lives of children and young people with SEND and their families.

From previous engagement opportunities the SEND service recognises that:

- · There was a sense of fear and insecurity
- · Social isolation and loneliness was felt
- Support for parents and carers and children with SEND was unavoidably reduced.
- . Mental health and wellbeing was impacted
- · Education, employment and personal development was imapacted

#### Let's discuss ......

The purpose of this focus group is to:

- Ask you about your experiences during the Covid-19 lockdown periods
- Ask you about your child's return to school
- Explore the potential impacts of the global pandemic going forward
- Answer any questions you may have

Let's talk ......

Date: Thursday 21st October 2021

Time: 5-6.30pm

Place: Microsoft Teams

To book your place and receive information on how to log in to the focus group, contact

us: QASEND@thurrock.gov.uk



SENSIBLE

# IT'S EASY TO TAKE PART

- giving us a call, email or requesting online at Use the enclosed entry forms, photocopy them or request as many as you need by www.youngwriters.co.uk/comp/me
- Ask your pupils to write their poem, ensuring their name, surname and age are included on the entry form
- Send your entries, along with your school entry form (found on the reverse of the letter), to:

# FREEPOST RSLY-AUJA-RAHY

Young Writers PS

Remus House

Peterborough PE2 9BF

# Why not GO PAPERLESS?

www.youngwriters.co.uk/competitions/enter Upload your entries at our website

OR email them to us at

competitions@youngwriters.co.uk

OR use the Online Writing Portal that your pupils can type directly in to. Log in or create your teacher account at

www.youngwriters.co.uk/teachers

OR use the Word Doc version of the entry form available to download at our website no printing needed!

# 22ND OCTOBER 2021

# YOUNG WRITERS

# FOR 7-11 YEAR-OLDS POETRY COMPETITIE

This Is Me lets your pupils explore who they are and who they powerful, exciting poetry that lets them express themselves. individuality and resilience. Motivate your pupils to write want to be, empowering them and celebrating their

they feel, be inspired by a word that describes them, share their hopes and dreams, write about something they're passionate This Is Me encourages your pupils to use this opportunity to write about themselves; they could write about an emotion about or celebrate someone they aspire to be.

Every pupil has the chance to shine, to feel confident in writing a poem and have the chance to be published in a real book.

# FREE RESO

- Exciting Video to introduce your pupils to This Is Me!'
- Ready-Made Lesson fun activity to help your pupils write a poem
  - PowerPoint Presentation complements the lesson plan and includes examples
    - Engaging Examples inspire your pupils to write original poetry
      - Idea Generator classroom fun to help fire up imaginations

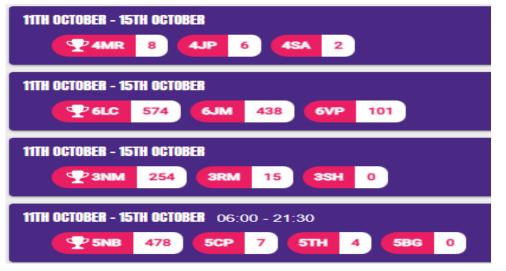


www.youngwriters.co.uk/comp/me All available today at

ONED A

#### Maths Marvels

Well done 6LC for yet another amazing effort this week! They are the true Rockstars this week!! Who will be our TT Rockstars leaders next week?









A huge well done to 4JP who have achieved 7820 Mathletics points!

Well done to everyone who has been on Mathletics this week.

All classes	\$		LIVE POINTS \$	
4JP	>	7820	355	8175
3NM	>	6550	0	6550
2VC	>	2220	118	2338
4MR	>	1850	0	1850
RJG	>	1850	0	1850
REC	>	1700	0	1700
RFC	>	1090	0	1090
6JM	>	1040	57	1097
5CP	>	1020	0	1020
4SA	>	600	19	619
2NL	>	570	50	620



#### Do you receive any of the following?

- Income support
- Employment Support Allowance (Income Related)
- Income based Job Seekers Allowance
- Guaranteed Pension Credit
- Child Tax Credit and your income (as calculated by the Inland Revenue) is less than £16.190
- Universal Credit
- Receiving support under Part VI of the Immigration and Asylum Act of 1999
- In the Armed Forces

# If you can answer yes to any of the above you may qualify for free school meals/Pupil Premium

The school office will help with your application. If your application is successful not only will your child receive free school meals, but our school will receive £1,300 additional funding (per child). This is called Pupil Premium.

All applications are confidential.



#### What Parents and Carers Need to Know about

iPhones and iPads don't offer separate user accounts. So when you hand your Apple device to a child to play a game or watch a video, you're also handing them access to your email, the web, messaging and numerous other apps through which they could accidentally do something regrettable.

Apple Guided Access solves this potential problem by letting you restrict the iPhone or iPad to one particular app whenever your child uses the device. If they try and leave that app, they will be asked for a password or Face ID, meaning they can't access anything they shouldn't elsewhere on the device. Here, we show you how to find and set up the Guided Access feature, so you can confidently let your child borrow your iPhone or iPad.

#### Step3

Enable Guided
Access by tapping
the toggle at the
top. It should turn
green, and a new
series of options will
appear appear.

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Sico 4

Guided Access. Under Passcode Settings, for example, you can set a six-digit passcode that must be entered to turn Guided Access back off. You'll also find an option to quit Guided Access using Face ID if your device has that feature.

There are audio options, such as scheduling an alert if you decide to set a time limit on Guided Access – to restrict gaming sessions to an hour, say. You can also set an alarm or spoken warning for when the time is almost up, so your child isn't suddenly kicked out of the app. It's a good way to avoid tantrums!

#### Step 6

ADULTS ONLY

Finally, you can alter the length of time before the device auto-locks. If your child is reading on the device's kindle app, for example, you might want to stop the screen locking after only two minutes of nobody touching it—so they can read happily without interruption. You can select from pre-set time periods or disable the lock function altogether.

HIE

Step2



Step 1

Step 6

#### Step2

#### Step 3

#### Step 5

Step 4

#### Meet Our Expert





SOURCES: https://support.apple.com/en-gb/HT20



www.nationalonlinesafety.com





#### What parents need to know about





Launched in 1997, Netflix is now one of the world's leading online streaming services, providing users with unlimited access to a huge selection of TV shows and films. It's available on any internet-connected device that supports the Netflix app, from smart TVs and games consoles to tablets and smartphones, and is becoming increasingly popular with a younger audience. This is unsurprising given consumer attitudes are changing more towards video-on-demand (VoD) services. That's why we've created this guide to help parents and carers understand exactly what Netflix is about.

#### Inappropriate content

Netflix hosts and produces content for all ages. It has a wide variety of films and TV programmes for young children, teens and adults and its extensive catalogue can provide hours of entertainment. Children can search for almost can also open them up to viewing material that is adult themed or inappropriate. Netflix

doesn't check who's watching so children could access films or tv shows that contain violence, nudity or foul language.



#### Risk of hacking

With millions of users in over 190 countries, Netflix is try to illicit usernames and passwords to gain access to accounts. If successful, hackers can steal payment details or try to sell your data on the dark web, providing others with the opportunity to profit. Given Netflix doesn't

#### Binge-watching

device, it can be easy to fall into 'binge-watching' TV series, with users finding it difficult to turn it off without knowing what happens next. The autoplay function also means that the next episode usually plays within seconds of the last ending and the Netflix algorithms mean that recommended programmes are very often similar to those you've just watched. This can easily lead to spending hours in front of the TV through the day or staying up through the night, potentially affecting sleep, mood and the ability to concentrate



#### Screen addiction

almost any device with an internet connection means that parents may find it difficult to prize children away from a screen. With a huge collection of children's TV programmes and the latest film titles, children could start watching on the TV, continue on the tablet and finish on their games console. Increased screen time means that they may spend less time learning, playing outside, find

#### Netflix party

Netflix Party is a free extension on Google Chrome that give: users the ability to watch a film or TV show online users the ability to watch a him or IV show online simultaneously with friends or famility in different locations. It also provides the ability to chat to each other during the stream. Users can create a party and send a link to people they want to invite however the link can be copied and distributed further, meaning children could potentially be open to a group chat with people they don't know, it should be noted that Netflix Party isn't an official Netflix product and needs to be downloaded separately to the app.



#### Safety tips for parents & carers

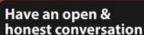
#### Create a Netflix Kids experience profile

One of the biggest advantages of Netflix is the ability to control what content your children can watch. Setting up a Netflix Kids experience profile means that children only have access to TV shows and movies which have been carefully selected for kids. The look and feel of the app is simpler and children can't access any account settings.



#### Set maturity ratings & block content

If your child is a little older, parents can create a separate profile to their own and set a maturity rating that means children will see only TV shows and movies that fit that rating. The three categories of rating for the UK are kids (all, U, PG), teens (12, Guidance, Teen) and adult (15, 18, mature, adult). You can also block process. specific TV shows and movies from individual profiles which means they don't show up in the browse or search results.



Parents can review the TV shows and films that have been watched on each profile under their account. If your child seems upset or shocked by something they have seen or if you are concerned about anything they've viewed, try to talk to them about it and have an open and honest conversation to help understand any

#### Switch off autoplay

Netflix has two autoplay features that can be switched on and off across different accounts and takes effect across all devices. Parents can disable the ability for consecutive episodes to play automatically and for previews to play when browsing. Both can help to limit the amount of time children spend on the app.

#### Lock your profile

It's important to keep your own account secure so that children can't freely switch between profiles and potentially access more adult-themed content or change access levels. Parents can set-up a Profile Lock PIN which means only they can access their own Netflix account.

#### Set screen time limits

Although switching off autoplay will help to stem programmes playing continuously, children can just as programmes playing continuously, climater can just as easily choose to play the next episode themselves. Whilst Netflix has no options to help limit viewing time, many devices now allow parents to set screen time restrictions, so you can switch off the app automatically when you think they've had enough.

#### Meet our expert



#### Create a strong password & always log out.

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Given that Netflix doesn't use 2-factor authentication, the need for a unique username and strong password is even more important. Ty to use a different passwort to ones you've used before and use a mixture of numbers, letters (uppercase and lowercase) and symbols, with a minimum of 8 characters. Always log out when not using your account so that if your device is lost or stolen, your account remains inaccessible.



SOURCES: https://www.netflix.com | https://help.netflix.com/en/node/264 | https://www.ofcom.org.uk/\_data/assets/pdf. file/0023/190616/children-media-use-attitudes-2019-report.pdf



Thanks to the internet, there are now many ways for your children to watch TV, both the old fashioned way on a big screen and via the internet with on-demand programming. Restricting and controlling what your kids can watch is harder than ever, but with our help you can make TV safer for your kids and limit the amount that they can watch.

How to manage what your children

#### WATCH ON TV



Traditional TV covers programmes broadcast directly to your TV without having to use the internet.

This is the standard way that most of us watch television programmes.



#### **BROADCAST TV**

Free-to-air broadcast television is delivered via an aerial or satellite to your TV directly or through a PVR that also handles recordings. Most modern TVs and PVRs sold in the last few years will have parental controls, which restrict the content available, requiring a PIN for unsuitable programmes. The exact settings vary by manufacturer, so check your TV or PVRs manual for full details. Parental locks work by checking the rating of a programme as it's broadcast. If a show is unrated or has an incorrect rating, some content may not be blocked.

#### SKY TV

The version of Sky that you have defines the options available to you. If you have a Sky+ HD box, you'll need to press the Services button and select Parental Control & PIN. From here, you can turn on the Family Setting, which gives you the option to remove Adult Channels and content, and requires a PIN to be entered to buy anything or for pre-watershed playback. More granular control allows you to block specific channels, either completely or only after 8pm, requiring a PIN to watch. You can also block programmes based on ratings, although this feature only works for programmes with correct ratings, so some shows may slip through. Sky Q owners have the more powerful Kids Safe Mode, which locks the system to show only kid-safe material. This includes locking the list of viewable channels and filtering recordings to only those suitable for children. Kids Safe Mode can be enabled either on the main box or on the Sky Q Mini boxes that you might have elsewhere in your home.





There are plenty of ways to watch TV online, whether that's via the likes of iPlayer or with streaming video services, such as Netflix and Amazon Prime Instant video. Here, we'll show you how to control each.





#### AMAZON PRIME

Amazon Prime Video has Parental Controls available in the Settings section of the Prime Video website. The settings let you set the age range of content that can be watched without entering a PIN: U, PG, 12, 15 and 18. Settings apply to all devices (bar the Xbox 360, Wii U and Fire TV, which have their own settings), but you can opt-out devices of your choosing in the settings. For example, you may not want to have any restrictions on your iPad, which only you use. PINs can also be used to block purchases.

#### **NETFLIX**

Netflix lets you create profiles for everyone in your house. On the Netflix home screen, if you select Manage Profiles, you can change each one to show different content, defined by age group. Children should be encouraged to use their profiles only, particularly as there's no way to PIN protect adult profiles. However, you can PIN-protect content globally, so if a child does use your profile, they're blocked from watching inappropriate content. Go to Netflix, select Account from the drop-down menu by your name and select Parental Controls. You'll be prompted to enter a PIN, but then can select which content is PIN protected by age range: Toddlers, Older Children, Teens and Adults. You can also PIN protect specific programmes by typing their name in, which could be handy if you feel a programme is unsuitable or a child has been watching it too much.

#### **ON-DEMAND PLAYERS**

If your children are watching content from on-demand services, such as BBC iPlayer or All 4, you can turn on parental controls for each via the main websites. Controls work across all devices signed into your account. Controls wary by platform. With BBC iPlayer, the parental lock requires a PIN for anything marked as requiring Guidance by the BBC. ITV Hub parental controls let you PIN protect for content with a G-rating (a guidance ratin). For All 4, you can choose to protect programmes rated 16+ or 18+. If you use My5, you can act up a PIN to protect against anyone watching G-rated content. For UKTV Play, you can add a PIN to restrict content selecting one of two levels: all content that's rated 15+ or all content that's rated 18+.



#### HOW CAN PARENTS MANAGE THEIR CHILDREN'S TV TIME?

Particularly with on-demand content, it can be hard to restrict how much viewing time a child has. However, you can restrict internet time with parental control software, restricting how much time a child can spend online, whether they're using the internet or watching TV shows. Parental control software will generally only work on laptops, computer, tablets and phones. However, if you have parental control software that runs on the router, you can manage other devices, such as a child's smart TV and games console, and restrict time usage on these, too.





#### Meet our expert

This guide has been written by David Ludlow. David has been a technology journalist for more than 20 years, covering everything from internet security to the latest computing trends and the smart home. A father of two (a nine-year-old and a six-year-old), he's had to control and manage how his children access online services and use apps.





You may also be interested in our smart home devices guide!

### COMMIT TOBEFIT!

Junior Road Safety Officers (JRSO)

After an assembly run by Lisa Clissold from Active Travel year 5 applied for the roles of Junior Road Safety Officer (JRSO). U nately, we could only select 4 pupils as the applications were numerous and very strong. The pupils chosen were:



Daisy 5CP, Sutthida 5TH, Stanley 5BG, Jaelan 5NB

The JRSO's will work with Mr. Bennett to promote active and safer travel to and from school. There first project will be "Be Seen" in the second half of the Autumn term. The JRSO's are pictured wearing their new JRSO badges.

#### Clubs

It is wonderful to see so many children participating in after-school sports clubs. Many clubs will give the children the opportunity to play in local school leagues. We have A and B teams entered in both Football and Netball leagues for the Autumn and Spring terms.

#### PE Kit

Half term is coming, and many children will have had growth spurts this half term. Can parents/carers please take this opportunity to check that PE kit still fits and replace it if necessary. Children will need to bring their PE kit back in the first day back after half term.

#### PE days

Monday— 2VC, 2RS, 4MR and 4SA Tuesday—1FK, 1BA, 4JP, 5NB and 5CP Wednesday—RT, RG, 1GC, 1CH, 5Bg and 5TH Thursday— year 3 and 2NL Friday— RC and RB and year 6

#### **OPAL Outdoor Play and Learning Launch 2021**

#### Outdoor Play and Learning (OPAL)

We are about to launch an exciting new project to make our playtimes even better in conjunction with OPAL (outdoor play and learning.org). OPAL has won the Best Active Schools Programme in Europe Award and has been cited in 2 Parliamentary Reports as outstanding practice. OPAL is working closely with Sport England to promote more active childhoods.

All children have had an assembly with Mrs. Smith and Mr. Bennett to introduce them to the project and to all the exciting things we hope to offer them to play with.

To support us we would kindly accept donations of small world toys; these include dolls, dinosaurs, action figures, cars, Lego or building toys. If you are having a clear out of toy boxes over half term, then please consider us as a place to donate the items listed. Donations can be given to the class teacher who will pass them on.

Thank you for your continued support.



#### WHY NOT BOOK A SLOT TO TAKE ADVANTAGE OF OUR EXPERT FITTING ADVICE?



From their very first crawling shoes to robust and stylish school shoes or shoes for those big weekend adventures, our kids in-store fitting experts will help you find the perfect fit for their growing feet. Plus, we have a personal shopping and fitting service for adults too.

With hundreds of Clarks stores to choose from, skip the queues and book a 15 minute measure and fit appointment at a time that suits you.





Clarks combine almost 200 years of expert shoemaking with everything they know about earing for growing feet to provide unbeatable a -day comfort. Their shoes pass up to 60 tough tests, from flexing eather 500,000 times to pulling aces to destruction. The results?

The best shoes ever, keeping ittle feet happy all day long.

To book your in-store fitting appointment visit www.clarks.co.uk or contact your local store

#### IN-STORE FITTING

Avoid the queues and book your in-store measure and fit appointment on ine now at **www.clarks.co.uk** 

Choose Clarks LAKESIDE and a time slot that suits you.

Plus, take along your child's most recent pair of Clarks shoes, and they'll check if they're still a good fit.

#### QUIET IN STORE FITTING?

Shoe shopping can be overwhelming for some children. If you think a shopping experience without crowds, noise and bright lights would be better, then book a Quiet Time appointment.

To do this, contact Clarks Lakeside on 01708 868 422

Opening hours, Mon to Sat 9.00am-9.00pm Sunday 11.00am-5.00pm

































#### Thurrock Council secondary school admissions

If your child has just started the last year of primary education, you must now apply for a secondary school place.

#### Important information – applying for a secondary school place for September 2022

If your child was born between 1 September 2010 and 31 August 2011, you must apply for a primary school place for September 2022.

#### Apply online from 1 September at thurrock.gov.uk/admissions

Go to thurrock.gov.uk/admissions and select 'Secondary school admissions'. You will be able to open an online copy of our prospectus for Thurrock primary schools, booklet called **Secondary Admission Information September 2022**, which you should read carefully before applying.

You must have an email account to apply online.

You should also try to join us online at one of the briefing sessions before you complete an application.

Three briefing sessions for parents will be held on Thursday 16 September 2021 via webinar on the council website.

First Session: 1pm - 2pm; Second session: 4pm - 5pm; Third session: 6:30pm - 7:30pm

Go to thurrock.gov.uk/admissions and select 'Secondary school admissions' to access the webinar.

Offers will be available for applicants via your online account from 12:30am on 1 March 2022.

#### Apply for a secondary school place

When making an application you can list up to six schools that you wish to apply for, in your order of preference. You can list schools outside of Thurrock – including grammar schools – if you wish.

If you are applying to any school that is religious by character, make sure you also complete their supplementary form and return it direct to the school by the closing date for applications.

If you have more than one child transferring to secondary school, you must apply separately for each child needing a place.

If you do not complete the application and return it by the closing date of **31 October 2021** you may be given a place at the nearest school with a space available, after all on-time applications have been dealt with.

If you have read all our information online and still have questions, please contact our Admissions Team by emailing school.admissions@thurrock.gov.uk or phoning on 01375 652 883.



# **Schools Direct Salaried**

- One year school based training
- In partnership with TES Institute (accrediting provider for QTS)
- Paid as an Unqualified Teacher
- Learn to teach with a qualified teacher present to observe at least weekly your lessons
- School pay your fees
- 50% of teaching timetable for the first term
- One 'TES day' weekly for the on line content
- Gain Qualified Teacher Status (QTS) and an optional postgraduate certificate in education (PGCE)

# Schools Direct Fee funded (unsalaried) for Primary and Secondary

- One year school-based training
- In partnership with TES Institute (accrediting provider for QTS
- Learn to teach with a qualified teacher present in every lesson
- Pay TES fees of £8,625 incl VAT leading to QTS only  $\overline{\textbf{OR}}$  £9,250 incl VAT leading to QTS and a PGCE.
- Gain Qualified Teacher Status (QTS) and an optional postgraduate certificate in education (PGCE)

# I∏ bursaries;

- Depending on the subject you wish to teach and whether you meet the eligibility criteria, you may be eligible to receive a tax-free ITT training bursary from the DfE.
- For more information on funding please visit the following website
- https://getintoteaching.education.govuk/funding-your-training

# You will need;

- A standard equivalent to a grade 4 in the GCSE examinations in English and mathematics (and Science if you are training to teach at primary level).
- A first degree\* of a UK higher education institution or equivalent qualification



Full programme overview can be found here https://www.tes.com/institute/school-direct-itt-







#### Keep in touch!

We are missing being in contact but do not forget we are still here to help where we can.



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email:office.etp@osborne.coop



Princess Margaret Road
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed.

Log on and have a look!



Twitter: @EastTPrimary

At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

Mrs Bates & Mrs Dawson

Due to the size of the school, we have the following designated staff who can deputise in the Head of School's absence:

- Mr Gowland
- ♦ Dr. Emmanuel
- Mr Bennett
- Mrs Jarvis
- ♦ Mrs Mylam
- Mrs Stevens is the EYFS Designated Lead.

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone immediately if you believe it is urgent.

Thurrock MASH (Multi Agency Safeguarding hub), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team (for out of hours) 01375 372468. Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. Childline 0800 11 11 www.childline.org.uk NSPCC 0808 800 5000 www.nspcc.org.uk; www.facebook.com/nspcc





#### **LOCATIONS**

Here are the opening times and locations for our foodbank centres. Everyone who comes to the foodbank for

Tues 14:00-16:00: St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

Weds 09:30-12:00: Thurrock Christian Fellowship, 2-4 Chase Rd, Corringham, S17 7QH

Weds 13:30-15:00: Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

Thurs 11:00-13:00: St. Francis Centre, Somerset Rd, Linford, SS17 OQA

Thurs 11:00-13:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Fri 10:12:00: St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD

Sat 09:30-11:30: Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

Sat 10:00-12:00:All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

**Sat 10:00-12:00:** Christian Gates of Praise International Christian Centre, 79-83 London Rd, Grays, RM 17 5YF