



# Newsletter

13th May 2022

Dear Parents and Carers,

It has been another exciting week at school with lots of hard work and commitment shown by the children!

## Yr6 SATs week

We are extremely proud of the determination and commitment shown by our year 6 pupils this week during their SATs tests. They have completed 6 tests papers across English and Maths over a four day period. A big thank you to the staff team of teachers and LSAs who helped to support and administer the tests throughout the week. We hope to receive the results towards the end of July so that pupils can have the results with their end of year school report.

## 2 Johns E-safety day Monday 16<sup>th</sup> May 2022

As was mentioned last week, we have secured the booking of the 2 Johns to come and deliver a day long E-safety training for children, staff and parents. You have been sent a letter detailing the event and we warmly invite you to attend a parent training workshop at 8pm on Monday 16<sup>th</sup> May via zoom using the link: <https://us02web.zoom.us/j/83564965253>

If you would like to learn more about the work of the 2 Johns feel free to check out their web page: <https://esafetytraining.org/>

## Jubilee celebration Friday 27<sup>th</sup> May 2022

On the last Friday of this half term (27<sup>th</sup> May), as a school we will be marking the Queen's Platinum Jubilee. On the day, children can come to school in non-uniform wearing blue, red or white (or a combination). We ask for a voluntary contribution of up to a £1, or if you would like to donate more, in change (1p,2p,5p,10,20p etc). In conjunction with the PFA we will be raising money for a Sensory Trail to be installed in the playground to add to our outdoor learning experience for all children and especially those with SEND. Our plan is to use the change brought in to create a money trail in the shape of the Queen's crown. On the day, weather permitting, children will eat outside with their classes (mini, street-party style) and enjoy a creative activity in the classroom as well as learning all about the history of the Queen and her life. A cold option will be available if your child usually has a dinner so that all the children can sit together outside (more details on this to follow). We look forward to this celebration of her majesty's life. This will replace our 'biscuit' non-uniform day for this half-term.

We hope that you enjoy the weekend ahead,  
The leadership team

Do you know that **Minecraft, Roblox and Fortnite** are not as safe as you might think? Do you know by restricting the 'chat' in games, this does not stop your child talking to other people?

Do you know that Essex Police have worked on cases of **paedophiles grooming groups of children on these games?**

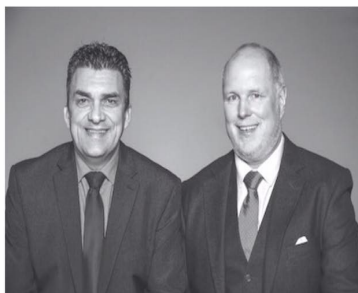
Do you know how **gang culture and radicalisation** online affects **your** child?

Do you know what affect **COVID-19** Lockdown has had on your child?

Do you know what **media sources** your child forms their opinions from?

Do you know that **self-generated images** is now common among children in Years 5 and 6 across the county?

Do you know how to keep your child safe **and** show them the ways of the digital world?



'The 2 Johns' will open your eyes to a world we, as adults, didn't grow up in. Your child is growing up within and into this digital age.

Please save the date to attend this crucial parent support event. No childcare required – it's after bedtime story time!

**8pm on 16<sup>th</sup> May 2022 on zoom**

<https://us02web.zoom.us/j/83564965253>

**\*This is a parent event and children should not be watching.\***

The parents workshops will look at the online world and how our young people are using it. How they are navigating around restrictions and using the internet without the parents knowledge.

Regards content, all of our sessions are very up to date and as such often change on a monthly basis if not sooner to reflect the changing risks face by children and parents faced in 2021 both pre and post COVID and take into consideration the increased online activity by our young people and how they have adapted to the online world something parents are still struggling with today.

This will also include their favourite apps and games. We will also look at the dangers they face not only from predatory bad people but also how they are being groomed in games which ranges from receiving gifts for the younger player and being groomed on servers for the older children.

We will look at how all our young people are being influenced on line and forming ideologies and views that might be diametric to they parents, which can also give them a skewed view of the world. We also look how influencers work, which can lead our children to conduct dangerous challenges

We also look at solutions that parents can adopt to help keep their children safe which again this ranges from settings on apps to safe use of games and how parents should approach the online arena. We also take the Stranger Danger message that parents are familiar with and make it ready for 2022.



### Absence

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please Telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

Home Visits will be carried out for any child that is absent for 3 or more school days without reason.



## Get into Teaching

### St Clere's School

Lead ITT provider in partnership with the TES institute are pleased to announce that trainee places are available for the academic year 2021/2022.

**'Our trainees success rate**  
Securing QTS = 100%  
Employed = 100%



We have limited places across our partner schools in both primary and secondary phases

Our partner schools for 2021/2022 include;  
**Primary**

Chadwell St. Mary, Deneholm, East Tilbury, Thameside, Stifford Clays, Horndon-on-the-hill, Stanford-le-Hope, Doddinghurst, Little Thurrock, Arthur Bugler, Warren Primary, Bonneygate.

**Secondary**

Grays Convent, Marshalls Park, Ormiston Park Academy, St. Clere's, William Edwards, The Gateway Academy, Thames Park, Brentwood County High, Hathaway Academy.



For all enquiries please contact [thurrockteachertraining@osborne.coop](mailto:thurrockteachertraining@osborne.coop)

## Important dates:

Monday 16th May 2022	2 'John's Parent Event
Friday 20th May 2022	Curriculum Enrichment Day
Friday 27th May 2022	Jubilee Day
Monday 30th May– Friday 3rd June 2022	May Half Term
Monday 6th June 2022	Children return
Monday 6th June 2022	Year 1 Phonics Screening Week
Wednesday 22nd June 2022 AM	EYFS Sports Day
Friday 24th June 2022 AM	Y1, Y2 and Y3 Sports Day
Friday 24th June 2022 PM	Y4, Y5 and Y6 Sports Day
Tuesday 19th July 2022	Biscuit Non-School Uniform Day
Wednesday 20th and Thursday 21st July 2022	Non Pupil days (INSET days)
Friday 22nd July— Wednesday 31st August 2022	Summer Holidays
Thursday 1st September and Friday 2nd September 2022	Non Pupil days (INSET days)
Monday 5th September 2022	Pupils return to school



Please be advised that due to COVID-19 there have been some changes to our school dates.

All given dates are subject to amendment.

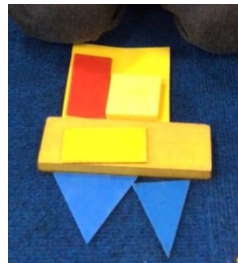
# Classroom catch up

## Reception

This week in Reception we have been learning about Little Red Riding Hood. We made cards from Grandma to make her feel better with the picnic. We spent lots of time thinking about what we would see and hear if we were little red riding hood walking through the woods.

We have done lots of craft around Little Red Riding hood. We have thought about the best material to make a cape out of and have tested them on our toys. We have also made wolf masks out of paper plates and have painted a picture of Little Red Riding Hood. We have made lots of different houses for Grandma, out of shapes and using our junk modelling.

In maths we have been learning shapes. We have had lots of fun doing puzzles and trying to make all the pieces fit together. We have also been doing tangrams and rotating the shapes to make new pictures, like a house or animals.



## Year 1

This term year 1 are looking at plants where they have been focusing on the life cycle of a bean plant. They planted their beans and have thoroughly enjoyed watching them grow! As you can see, they have been looking after them incredibly well, giving them plenty of water and sunlight. We think they may be big enough for Jack to climb soon!





In History, we continued to develop our knowledge of the Great Fire of London. We learned how to use different sources of information to help find answers to questions. Once we had explored the sources we played an interactive game show our knowledge. Lastly, we worked with a friend to create and design a poster all about the Great Fire of London! It gave us the perfect opportunity to showcase everything we have learned so far.

# Year 2

In maths we have been finding out about direction and position. We have been using key mathematical vocabulary such as anticlockwise, clockwise, half, full and quarter. and practised these in the classroom. We also went outside and drew our own mazes, in groups we described the directions and turns needed to get from the start to the end of our maze.

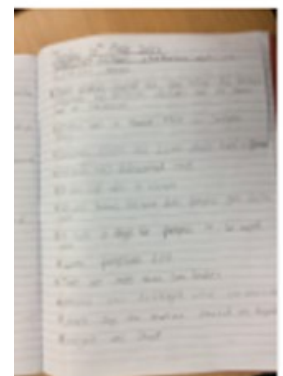
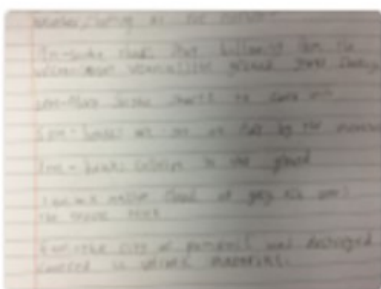


In English we have been learning about letters. We have started to look at the features of a letter and have started to plan our very own letter! We are going to be writing our letters from the perspective of someone who witnessed the Great Fire of London. We been using our senses (touch, smell, sight and hearing) to imagine what it would have been like. Our teachers were very impressed

This week in Year 3, we became journalists. Continuing to be inspired by Christina Balit's book *Escape from Pompeii* we are working towards a newspaper report. In order to write a factual report about this historical event we conducted research, created timelines and interviewed (pretend) survivors. As this disaster happened thousands of years ago, we asked ourselves, how do we know about the eruption? How can we know? Fortunately for us, the events of Pompeii's devastating end comes from the letters of the seventeen-year-old Pliny the Younger. Discovered in the 16th century, Pliny's letters reveal that he was staying with his uncle, Pliny the Elder, who was an official member of the Royal Court and in charge of the fleet within the Bay of Naples.



Today the city of Pompeii is a tourist site, but is also protected and preserved as a UNESCO Heritage Site. Much of what we know about Roman life comes from the discovery of Pompeii. Mount Vesuvius is still an active volcano today and will erupt again at some point, although scientists have ways of predicting when this might be, so no need to be concerned. Our reports will be hot of the press, just in time for next week's Newsletter!



# Year 4 - All about Ancient Egypt

We are all having a 'Pharaoh' time in year 4 studying Ancient Egypt. This week we have sketched canopic jars; which were used to keep organs in after mummification, and written a non-chronological report about Cleopatra. Did you know she used to have a bath of asp's milk? Yuck!



Cleopatra's Early Life

Introduction  
 Cleopatra is one of the most famous women of all time in Ancient Egypt. Amazingly, Cleopatra was a Hellenistic co-ruler of Egypt with her brothers.

Sub-heading 1:  
 How did Cleopatra die?  
 Queen Cleopatra died by suicide on August 12, 30 B.C., possibly by means of an asp, a poisonous Egyptian serpent and symbol of divine royalty. She died on the age of 39!

Sub-heading 2:  
 What did she have?  
 Cleopatra had an asp smuggled into her room and allowed it to bite her. Also some of her favourite fragrances were cypress, frankincense, rose, myrrh, and the Neroli.

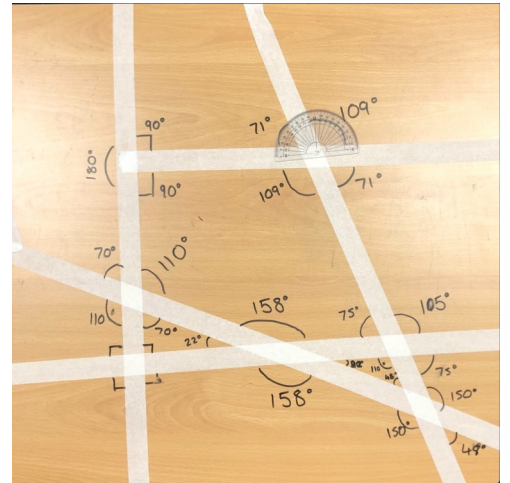
<p><u>Fun Facts:</u>                  She was a virgin and remained so.                  She was supposedly a parricide.</p>	<p><u>Did you know?</u>                  Cleopatra was born in Egypt but was actually a Macedonian Greek. Cleopatra had her hair cut.</p>
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Cleopatra's Death



## "Year 5 are lovin' angles instead": Our Week in Year 5.

'And through it all this week we've offered lessons,  
A lot of fun and learning,  
Whether we were right or wrong,  
And in the classrooms,  
Wherever the lessons may take us,  
I know learning won't break us...'  
A quote from our fictional pupil, R. Williams.



This week in Year Five, as you may have inferred from the pun above, we have been investigating the properties of angles. We found out that some angles are really small and cute - acute by name, some are alright when they are 90 degrees (more formally known as right-angles) and others obtuse. Furthermore, we learnt to accurately measure them and calculate their size round a point and on a straight line. We have even made cross-curricula links, applying our angle knowledge in coding.

Elsewhere, and away from mathematics, pupils have started writing their autobiographies. Some have included funny anecdotes and some even embarrassing (turns out Mr Beven wasn't the only one to eat cat food as a baby...). The writing has enabled us to self-reflect on our memories and the moments that have helped shape the person we are today, as well as reflect on our aspiration and where we wish to be one day. In science, our living things and animals topic has continued with a critical study into the differences between mammal and bird life cycles - but also our plants we seeded back during week 1 have started to grow. Below are plants from TH and CP which are making some rapid growth - well done to the gardeners in these classes especially.



# Congratulations Year 6 for completing your SATs this week!

All of the children have worked incredibly hard and should be extremely proud of themselves. Despite all of the tests, the children seemed to have a great week, and particularly enjoyed the daily breakfast - and it being served to them by the teachers!

As a reward for all of their hard work, the children enjoyed free time on Friday, which involved playing their favourite 'Pirate Game', outdoor fun on the field, and films.



**WELL DONE  
YEAR 6  
SATS  
ARE OVER!**

KeepCalmAndPosters.com



**WHO'S AWESOME?  
YOU'RE AWESOME**



# REACH!!

## FOR THE STARS

*Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!*

RJG	Seren	For using her sounds in her writing
RMB	Callum	For his independent writing
RFC	Elijah	For making good choices in all areas of his learning
REC	Troy	For becoming more independent in the classroom
1CH	Alice C	For showing great sportsmanship in PE and completing a running race in the fastest time out of the girls!
1GC	Nasiib Phoebe	For making the right choices and staying focussed on all tasks. For creating a fantastic piece of work in Music.
1FK	Matthew	For great effort in all subjects, especially Maths.
1BA	Chidera	For settling in well into her new class.
2VC	Aronas	For consistently making good choices and completing work independently.
2RS	George	For his hard work in maths this week.
2NL	Antoinette O	For being enthusiastic and trying her best to improve her pace.
3RM	Indra	For working hard with her reading
3SH	Keira S	For a focused and successful attitude to Maths this week.
3NM	Deborah O-D	For her perseverance and determination to earn the Athletics badge
4JP	Lily-Anne	for making a sustained effort, throughout this year, to successfully learn her times tables
4MR	Ryan H	Being helpful all week and drastically improving his x table score
4SA	Tia W	For contributing an amazing title and introduction paragraph to her non-chronological report.
5CP	Henry J	Having an amazing week and an improved attitude to learning.
5BG	Lily F	Outstanding work in English.
5NB	Jakub J	Excellent progress in Maths.
5TH	Summer S	Excelling across the curriculum.
6LC	All of 6LC	For being awesome during SATs week!
6VP	All of 6VP	For being awesome during SATs week!
6JM	All of 6JM	For being awesome during SATs week!

# Maths Marvels



Well done 3NM with an amazing 770 points this week!

Who will be our TT Rock Stars leaders next week?



A huge well done to 3NM who currently have the most points this week.

Well done to everyone who has accessed Mathletics this week!

All classes	Activity points	Skill Quests points	Live points	Total points
3NM	11200	0	202	11402
4JP	3480	0	0	3480
RJG	1090	0	0	1090
2VC	1020	0	0	1020
RFC	960	0	0	960
4SA	790	0	0	790
3RM	600	0	2413	3013
2NL	510	0	0	510
1FK	280	0	61	341
REC	170	0	0	170
1CH	90	0	0	90



Does your child struggle with spelling? Some children struggle with their phonological processing and memory which means that they have difficulty hearing the individual sounds (phonemes) within words. They may struggle to break down words into smaller parts or choose the correct letter to correspond to the sound they are intending to write.

The British Dyslexia Association offers advice to help your child strengthen their spelling:

- Help your child to understand words are made up of syllables and each syllable has a vowel sound. Say a word and ask how many syllables there are. Help your child to spell each syllable at a time
- Write words in different coloured pens to make a rainbow or in shaving foam, flour or sand over and over again to help your child remember them
- Look with your child at the bits in the words which they find difficult - use colours to highlight just the tricky bit
- Look for the prefixes and suffixes in words, e.g. -tion, -ness and learn these chunks. Explore with your child how many words have the same chunks at the beginning or the end of words
- Use flashcards or play matching games to let your child see the words lots of times - the more times they see the word, the better they will be able to read and spell it
- Use cut out or magnetic letters to build words together, then mix up the letters and rebuild the word together
- Use mnemonics - silly sentences where the first letter of each word makes up the word to be spelled
- Find smaller words in the bigger word, for example 'there is a hen in when'

Go over the rules of spelling together, e.g. a 'q' is always followed by a 'u'. Ask your child's teacher for the rules they teach in class

Further advice and strategies can be found in the Soundcheck booklet within the link below:

[https://cdn.bdadyslexia.org.uk/uploads/documents/Advice/Help-Child/Parents\\_BookletLandscapev2\\_2.pdf?v=1554738568](https://cdn.bdadyslexia.org.uk/uploads/documents/Advice/Help-Child/Parents_BookletLandscapev2_2.pdf?v=1554738568)

The poster for 'The Queen's Jubilee Competition' features a dark blue background. On the right, there is a portrait of a woman wearing a large, ornate gold crown with red velvet and white ermine trim. A small circular logo with a Union Jack and the text 'THE QUEEN'S JUBILEE 70 YEARS OF SERVICE' is positioned above the crown. The main title 'The Queen's Jubilee Competition' is in white. Below it, text describes the Queen's Platinum Jubilee. A white scroll contains questions for the competition. A white box at the bottom left says 'THE WINNING CROWN MAY COME TO LIFE!'. A white circle at the bottom right contains contact information and a 'Good luck!!' message.

**The Queen's Jubilee Competition**

This year, Her Majesty The Queen will become the first British Monarch to celebrate a Platinum Jubilee, 70 years of service!

We want you to get involved with Thurrock's very own celebrations by designing a crown!

What does your crown say about you?  
What's important to you?  
What are your aspirations for the future?

Opens 16<sup>th</sup> May  
Closes 17<sup>th</sup> June

THE WINNING CROWN MAY COME TO LIFE!

Age 2-16 with SEND

Send your entry, along with your name, age and school to:  
[OASEND@thurrock.gov.uk](mailto:OASEND@thurrock.gov.uk)

Good luck!!

# COMMIT TO BE FIT!

## PE Days

Monday - Y1, 3NM, 4MR and Y4

Tuesday - 2NL, Y6, 4JP, 5NB and 5CP

Wednesday - RFC, REC, 1CH, 1GC, 1BA, 5BG and 5TH

Thursday - 3SH, 3RM, 2VC, 2RS, 1FK and 4SA

Friday - RMB, RJG, Y2, Y5, 6JM, 6LC, 6VP and Y3

## Sports Day



This year Sports Day will take place on the following dates ...

EYFS Sports Day Wednesday 22nd June 2022 9.15 am—10.30am

Y1,Y2 and Y3 Sports Day Friday 24th June 9.15am-11am

Y4, Y5 and Y6 Sports Day Friday 24th June 1.30pm—3pm

This year, we will be welcoming parents and carers to join us for these events. More information about these events will be coming out soon!

Congratulations to the team who played in the first cup game of the season. They won against the other school 247 runs to 223.

Well done!!





# Surgery Schedule 2022

where and when to find us

Surgeries run term time only

To book an appointment: [www.patt.org.uk/surgeries](http://www.patt.org.uk/surgeries)  
scan the QR code or call 07702 127 252



**First Wednesday of Every Month 10am - 1pm**

Ockendon Children's Centre, 2a Afton Drive, RM15 5AP

4th May, 6th July, 7th Sept 5th Oct, 2nd Nov, 7th Dec



**First Thursday of Every Month - 9.30am - 12.30pm**

Tilbury Children's Centre, London Road, Tilbury RM18 8EY

5th May, 9th June, 7th July, 8th Sept, 6th Oct, 3rd Nov, 1st Dec



**Second Tuesday of Every Month 10am - 1pm**

PATT Offices, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ

10th May, 14th June, 12th July, 13th Sept, 11th Oct, 8th Nov, 13th Dec.



**Second Wednesday of Every Month 6pm - 8.30pm**

Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

**Including PATT ADHD Support group**

15th June, 13th July, 14th Sept, 12th Oct 9th Nov, 14th Dec.



**Fourth Tuesday of Every Month 2pm - 7pm**

PATT Offices, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ

24th May, 28th June, 27th Sept, 25th Oct, 22th Nov



**Fourth Wednesday of Every Month 10am - 1pm**

Purfleet Children's Centre, Centurion Way, RM19 1QA

25th May, 29th June, 28th Sept, 23rd Nov



# ADHD Support Group

For families with children and young people with  
ADHD and neurodiversity

For information on guest speakers, and to let us know you are coming,  
[www.patt.org.uk/adhdsupport](http://www.patt.org.uk/adhdsupport) or scan the QR Code below

**SECOND Wednesday of each month 6.30–8.30pm**

Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

15th June, 13th July,

14th September, 12th October, 9th November, 14th December

**THIRD Monday of each month 10am–12pm**

16th May Chadwell Children's Centre, Claudian Way RM16 4QE

20th June Ockendon Children's Centre, Afton Drive RM15 5PA

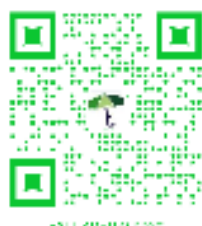
18th July Tilbury Children's Centre, London Road RM18 8EY

19th September Purfleet Children's Centre, Centurion Way RM19 1QA

17th October Thameside Children's Centre, Manor Road RM17 6EF

21st November Chadwell Children's Centre, Claudian Way, RM16 4QE

19th December Ockendon Children's Centre, Afton Drive RM15 5PA



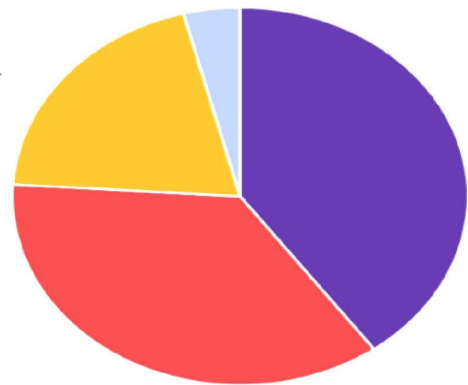
[www.patt.org.uk](http://www.patt.org.uk)



# ETPS PFA Update



## Splitting the £1.00



- **40p** goes to our school
- **36p** goes to cash prizes
- **20p** goes to admin costs
- **4p** goes to VAT

## How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to East Tilbury Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at [YourSchoolLottery.co.uk](http://YourSchoolLottery.co.uk) by direct debit or debit card.

**It's so easy to join and will make a real difference to East Tilbury Primary School**

**The Maths... 100 tickets sold a week means**  
**= £30 weekly cash prize**  
**= £2,080 a year for our school**



To start supporting, visit:  
**[yourschoollottery.co.uk](http://yourschoollottery.co.uk)**  
and search for: **East Tilbury Primary**

Supporters must be 16 years of age or older



# ETPS PFA Update

# JUMBLE SALE

This sunday 15th May

East Tilbury Village Hall



**2-4**  
**15th May**



***Kids come and craft with the PFA we  
have 100 sand art activities to do.***

***Plus***

***plants, cakes, toys, books for sale  
and all profits on our stalls will go  
into the playground funding pot.***





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## What Parents & Carers Need to Know about

# GROUP CHATS

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### WHAT ARE THE RISKS?

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

#### BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

#### EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

#### INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

#### SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

#### UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

#### NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert; potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

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## Advice for Parents & Carers

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#### CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

#### PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

#### GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

#### AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

#### BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

#### SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS  
National Online Safety®  
#WakeUpWednesday



## Do you receive any of the following?

- Income support
- Employment Support Allowance (Income Related)
- Income based Job Seekers Allowance
- Guaranteed Pension Credit
- Child Tax Credit and your income (as calculated by the Inland Revenue) is less than £16,190
- Universal Credit
- Receiving support under Part VI of the Immigration and Asylum Act of 1999
- In the Armed Forces

**If you can answer yes to any of the above you may qualify for free school meals/Pupil Premium**

The school office will help with your application. If your application is successful not only will your child receive free school meals, but our school will receive £1,300 additional funding (per child). This is called Pupil Premium.

All applications are confidential.





## East Tilbury Primary School Pre-Loved Uniform Shop.



The shop will be open every Tuesday & Friday morning between 8.30 & 9.15am.

We have the following items in stock at affordable prices:

School logo jumpers & cardigans £2.50 each

Plain navy jumpers & cardigans £1.00 each

Grey School Trousers £1.50 each

Grey skirts & pinafore dresses £1.50 each

Summer Dresses £1.50

Polo T-Shirts £1.00 each

Boys & Girls smart shirts £1.00 each

Warm winter coats £3.50-£5.00 each

St Clere's Blazers £5.00 each

Shoes & Plimsolls from £1.00

PE Shorts and T-shirts £1.00 each

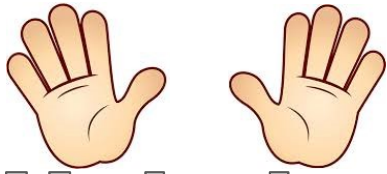
PE Tracksuits £1.50-£3.00

For those parents that cannot get into the shop but are in need of uniform you can also drop us a message on [office.etp@osborne.coop](mailto:office.etp@osborne.coop) and we can source the uniform you require and get it delivered locally to you or arrange collection at the school office.

All the money raised from the uniform shop is put back into supporting families in our local community or into buying resources for the children to use within our Well-being hubs or on the playground.

Please keep us in mind if you have any good quality uniform that your child no longer needs that you would be happy to donate. We would be so grateful for any donations so that we can keep offering this service to our school community.

All donations can be dropped into the school reception or handed to a member of staff at the gate.



# Help is at hand

## Keep in touch!

We are missing being in contact but do not forget we are still here to help where we can.



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email: [office.etp@osborne.coop](mailto:office.etp@osborne.coop)



East Tilbury Primary School  
Princess Margaret Road  
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed.

Log on and have a look!



Twitter: @EastTPprimary

At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

◇ Mrs Bates

Due to the size of the school, we have the following designated staff who can deputise in the Head of School's absence:

◇ Mr Gowland

◇ Dr. Emmanuel

◇ Mr Bennett

◇ Mrs Jarvis

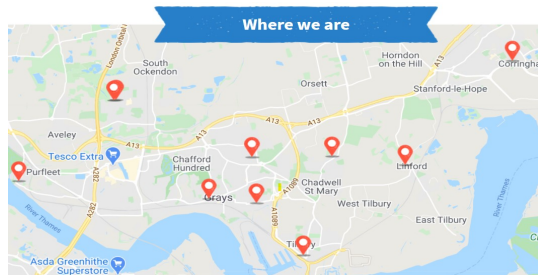
◇ Mrs Mylam

◇ Mrs Stevens is the EYFS Designated Lead.

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone **immediately** if you believe it is urgent.

[Thurrock MASH \(Multi Agency Safeguarding hub\), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team \(for out of hours\) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 \[www.childline.org.uk\]\(http://www.childline.org.uk\) · NSPCC 0808 800 5000 \[www.nspcc.org.uk\]\(http://www.nspcc.org.uk\); \[www.facebook.com/nspcc\]\(http://www.facebook.com/nspcc\)](#)



## LOCATIONS

*Here are the opening times and locations for our foodbank centres. Everyone who comes to the foodbank for*

**Tues 14:00-16:00:** St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

**Weds 09:30-12:00:** Thurrock Christian Fellowship, 2-4 Chase Rd, Corringham, S17 7QH

**Weds 13:30-15:00:** Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

**Thurs 11:00-13:00:** St. Francis Centre, Somerset Rd, Linford, SS17 0QA

**Thurs 11:00-13:00:** All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

**Fri 10:12:00:** St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD

**Sat 09:30-11:30:** Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

**Sat 10:00-12:00:** All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

**Sat 10:00-12:00:** Christian Gates of Praise International Christian Centre, 79-83 London Rd, Grays, RM 17 5YF