



Newsletter

9th December 2022

Dear Parents and Carers,

Harvest donations



This week we were contacted by the local foodbank to express their thanks for the donations received at the beginning of the half term. We are very grateful for all the food items donated to support the good work of the foodbank in helping local families.

Christmas Panto

Yesterday, we were delighted to welcome Chaplin's Panto to the school for a wonderful performance of Aladdin. The children and staff very much enjoyed the show!



Christmas Craft afternoon

It has been great to welcome parents into the classrooms for a Christmas craft activity this week. The children have loved making their Christmas tree decorations with you and I know the year 5 and 6 teams are looking forward to welcoming you next week.

Weather

This week has seen a fall in temperature and as such it is really important that the children are wearing warm coats, vests, hats, gloves and scarves to school. We don't want any children missing out on fresh-air time outside because they are too cold.

Christmas Holiday

As per our school calendar, the last day of term will be next **Friday (16th)** with the children returning to school on **Wednesday 4th January 2023**.

We wish you all a relaxing weekend.

The Leadership Team



Friday 16th of December—Non-Uniform

PARKING

Could you please be vigilant and courteous if you bring your vehicle onto the school grounds and refrain from parking on any zig zag lines or on the zebra crossing.

The children's safety is of paramount importance.

AFTER SCHOOL CLUBS

Please note that after school clubs will finish this Friday 9th December and restart the first Monday back - 9th January 2023.

SEND Coffee Morning



The next SEND coffee morning is scheduled for Thursday 15th December at 9am and will be attended by the school nurse, for if you have any queries about your child's health. We look forward to seeing you there.

PE KIT

Could all children please have a PE kit in school **everyday**. If you are unable to provide your child with a PE kit please use our uniform shop as we will donate them to any families that cannot provide a PE kit for their child. Please ensure the PE kit is labelled and is in a bag labelled with your child's name.

Thank you



Come and join us on **Monday**
12th December from 15:20-4pm in the
Dance Studio



Absence

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please Telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

Home Visits will be carried out for any child that is absent for 3 or more school days without reason.

OPAL (Outdoor Play and Learning)



Our OPAL programme has been very successful this year, providing our pupils with numerous things to do at playtimes and lunchtimes, including the sandpit, digging area, sit-on scooters, tyres, crates, foam bricks, water play, dressing up and toys to play with.

We now need your help: Firstly, there will be links to child and parent questionnaires to get your feedback on what we do so we can evaluate and improve. The links are below.

Parent: <https://www.surveymonkey.co.uk/r/CR5JCVP>

Child: <https://www.surveymonkey.co.uk/r/CRP5DF5>

We welcome your feedback and your child's. This will help us to make things even better.

Secondly, many of you may be having a clear out of old toys or other things that may be suitable for children to play with. These are always welcome if they are NOT sharp and won't shatter.

For example: action figures, dolls, building bricks, lego, duplo, toy cars, plastic crates, large cardboard boxes, toy dinosaurs, farm figures, plastic buckets, plastic cups and saucers, children's dressing up costumes, scooters and balance bikes.

We also need any old ratchet straps to improve on our forest school offer (obstacle course)

Last year we had so many donations. Many thanks.

The OPAL team.



Celebrate reading at our Book Fair!

Dear parents and carers,

The Book Fair arrived in school this Wednesday (7th December); the children had the opportunity on Thursday and Friday to browse the hundreds of new children's books with their classes during the school day.

Come and join us on **Monday 12th December from 15:20-4pm** in the Dance Studio (access via the silver gate-YR5/6 entrance) to browse and buy this year's selection of half price books. There are over 200 titles for you and your child to choose from, and with prices starting from only £2.99, there's sure to be a book for everyone.

If you can't make it to our Book Fair, try our Gift Vouchers available at: <https://bookfairs.scholastic.co.uk/travelling-books/parents>

They're a great way to ensure your child doesn't miss out.

Every book you buy will also help to get free books for our school library!

Payment can be taken either via cash or card.

Lost coats.

Last week these coats were left on our playground at the end of lunchtime.

As hard as we have tried we haven't been able to locate the owners. If you believe one of these belongs to your child please pop into the office to collect them. If they are not claimed by the end of the term then we will donate them to our uniform shop.

Please ensure you label your child's coats so that we can easily return them if they are left outside.



**OWNER
FOUND**

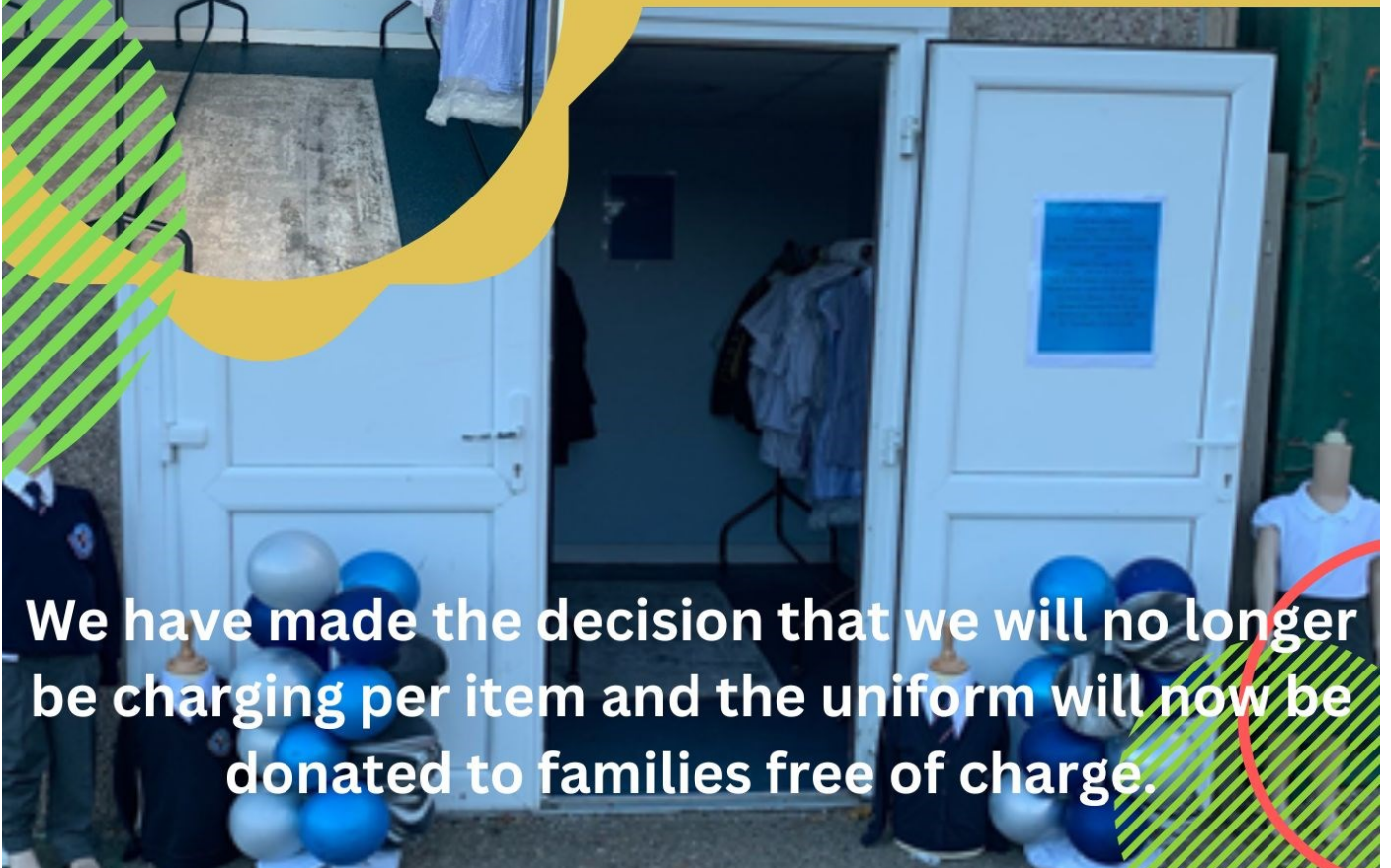




East Tilbury Primary School Uniform Shop

New Opening Times

Tuesdays - 8:40-9:00
Fridays - 15:00-15:30



We have made the decision that we will no longer be charging per item and the uniform will now be donated to families free of charge.

Important dates:

Monday 12th December 2022	Year 6 Christmas craft afternoon
Tuesday 13th December 2022	Year 5 Christmas craft afternoon
Tuesday 13th December 2022	PFA Carols on the memorial park 3.30-4.30pm
Wednesday 14th December 2022	Christmas dinner day—pupils can wear a Christmas Jumper
Friday 16th December 2022	Non-Uniform Day
Monday 19th December 2022— Tuesday 3rd January 2023	Christmas Holidays
Tuesday 3rd January 2023	INSET day—school closed to pupils
Wednesday 4th January 2023	Pupils return to school
Friday 10th February 2023	Non-Uniform Day
Monday 13th February 2023—Friday 17th February 2023	February Half Term
Thursday 30th March 2023	Non-Uniform Day
Friday 31st March 2023	Trust Conference Day—Non-Pupil Day
Monday 3rd April 2023— Friday 14th April 2023	Easter Holidays
Monday 17th April 2023	Pupils return to school
Monday 1st May 2023	May day—School Closed
Friday 26th may 2023	Non-Uniform Day
Monday 29th May 2023 —Friday 2nd June 2023	May Half Term
Monday 5th June 2023	Pupils return to school
Thursday 20th and Friday 21st July 2023	INSET days—school closed to pupils
Monday 24th July 2023	First day of summer holidays



CHRISTMAS DATES

Christmas events at ETP



- ❖ 27/11 – school choir singing from 2pm at the Village Hall Christmas Fete
- ❖ 5/12 – 2pm 'Craft and Carols' – Reception parents invited to join their children in class to make a Christmas craft and hear the children sing nativity carols – more information to follow
- ❖ 6/12 – 2.10pm 'Craft and Carols' – Year 1 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 7/12 – 2.10pm 'Craft and Carols' – Year 2 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 8/12 – National Christmas Jumper Day (normal uniform with a Christmas jumper) / Aladdin pantomime performance to the children / 'Craft and Carols' – 2.20pm Year 3 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 9/12 – Curriculum enrichment days across the school / 'Craft and Carols' – 2.20pm Year 4 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 12/12 - 'Craft and Carols' – 2.20pm Year 6 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 13/12 - 'Craft and Carols' – 2.20pm Year 5 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow / PFA Carols on the memorial park 3.30pm -5pm (reindeer/sleigh and a special guest – with the school choir) – more information to follow
- ❖ 14/12 – Christmas Dinner day – children can wear a Christmas jumper to school (normal uniform with a Christmas jumper)
- ❖ 16/12 – last day of term – children can wear non-uniform (Christmas themed if they like!) – £1 voluntary contribution towards biscuit time



How are you?

Sad? Stressed? Anxious?

Worried? Tearful? Overwhelmed?

Want help?



Your Mental Health First Aider is

Miss. Mills

Training provided by



There are plenty of different types of support out there, and a Mental Health First Aider can help you access the support you need to feel better.

Mental Health First Aiders are a point of contact if you, or someone you are concerned about, are experiencing a Mental Health issue or emotional distress. They are not therapists or psychiatrists but they can give you initial support and signpost you to appropriate help if required.

To arrange a meeting, please contact me via email: mhfa.etp@osborne.coop

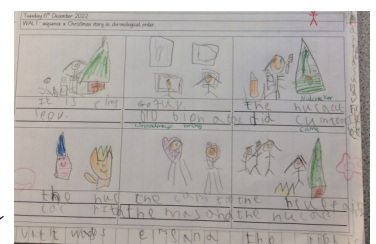
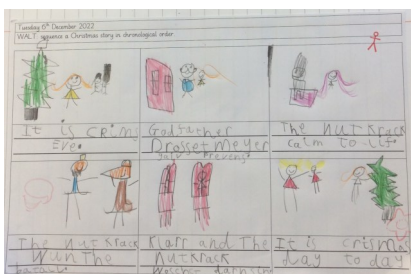
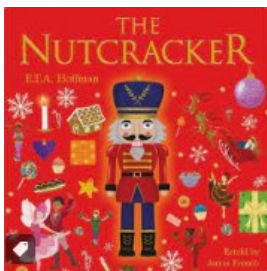
Reception

This week in Reception we have been looking at aliens and outer space. We have made space masks, rockets and pictures of aliens.

In literacy we have seen a video of a space ship landing in our playground. We have discussed where it came from and where we think it might have gone next. We have been looking at describing words and how we can describe the ship.

In maths we have been looking at squares and rectangles and have discussed that squares have four equal sides and rectangles have two long sides and two short sides.

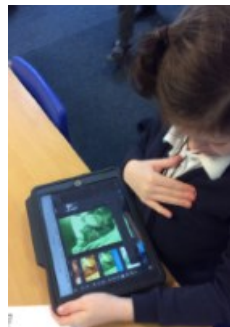
Year One



In English this week we have focussed on the story of The Nutcracker, written by E.T.A Hoffman. Once we had read the story and were familiar with the storyline, we worked in groups to role-play the story in chronological order. We then came up with actions, which helped us to decide on symbols that we could use to create a story map as class. After this, we created our own story maps, which helped us to retell the story to a peer, in chronological order.

Year 2

In Art, we have been printing. We sketched our design into our sketchbooks and then transferred it to a polystyrene tile. Here are some of our great creations!



Year 3

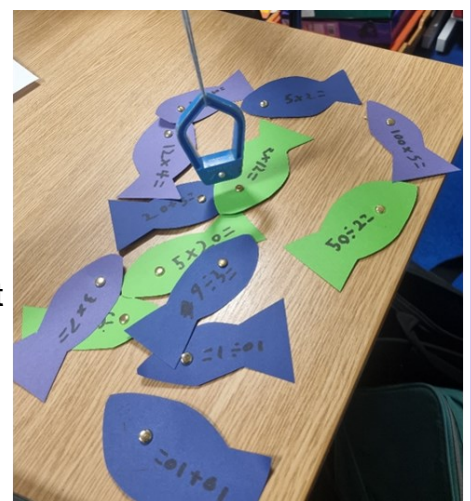
This week in year 3, we have researched facts about Sabre-tooth tigers using iPads. We used the information we researched to create a non-chronological report.

This week in Maths we have been learning about the connections between the 2,4 and 8 timetables.

In science this week, we worked in pairs to take part in a quiz to test our knowledge of forces which we have been learning about this half-term. We then worked in small groups to design and make games using magnetism. We enjoyed this activity and had a chance to play our games.

Also, this week we watched the pantomime Aladdin with the rest of the school. We enjoyed watching this wearing our Christmas jumpers. We have decorated our classroom with lots of Christmas decorations and had our Christmas craft afternoon with our adults making decorations to take home.

For our Design and Technology curriculum enrichment day we made Stone Age roundhouses, we used clay to build the house and we used our weaving skills for the roof.



Year 4

This week in year four, we have been focussing on descriptive writing in English lessons. This was based around an alternate 'three little pigs' cartoon, which took a hilarious turn at the end. With our curriculum day in mind, we began work on Anglo-Saxon brooches and explored the Battle of Stamford Bridge, where invading Vikings were slaughtered by Harold Godwinson's ruthless army. On our curriculum day, we decorated our own shields and investigated battle formations used by the Anglo-Saxons. Then in the afternoon, we enacted the battle, with the year five children taking on the role of the defeated Vikings.

TeamELF or Team POWELL, you decide in year 5!

The pupils in year 5 have been coming in every morning this week to find a new prank played on the teachers. The elves returned and wanted to get payback for last years antics. So far, we have had snow angels, tables drawn on, wanted posters, messages, elf poo and even a bad hair day! The pupils have had to gather information by exploring the scene where the prank took place and by carrying out interviews of the teachers and each other. Some pupils have changed where their loyalty lies many times throughout the week, but the truth was finally revealed when video footage was found of one sneaky teacher paying the elves to be naughty. The children have been able to write reports on their findings each day and have now collated this into one longer, final report. We will be using this information to



help us write a newspaper report next week.



For science the children have been looking at changing materials from raw to synthetic. We have looked at the changes that happen when making jelly and angel delight and have explored the different materials that are created by changing a raw material, such as sand to glass and clay to brick. Following this, the children have been using paper mache to make axes, ready for our curriculum day. They were able to see the changes that happen when combining the materials and have looked at the style of the different axes used by the Vikings.

Our curriculum enrichment day has been based on Vikings this term. We have spent time making our own longboats, learning a Viking song, writing messages to each other using Viking runes and Futhark (the Viking alphabet). We were even able to re-enact the Battle of Stamford Bridge with the year 4 classes as they were Anglo-Saxons for the day.

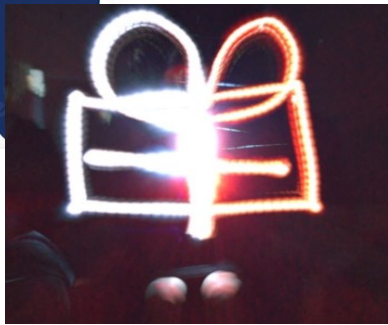
It has been a fun, exciting and busy week in year 5 and this is going to continue into our final week of term.



Year 6 News

NEWS ALERTS

Light Art—In Science, pupils were exploring ways in which we can use light to create art. They were using a slow-motion app on the iPad, which slowed down the shutter speed and then they were drawing shapes with their lights. We decided to go for a festive-themed piece of art. Check out some of these below!

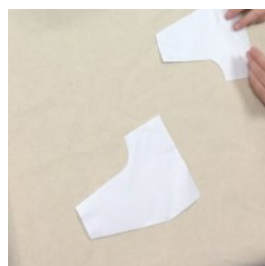


Waistcoat Wednesday... on a Tuesday and Friday—We have continued with our DT project for this last couple of weeks: creating waistcoats. Last week, pupils designed their garment and then this week they cut out their material on



Tuesday and began their work-in-progress (see below), in preparation for our Curriculum Day today. They added their unique patterns and designs to their material today and we will be sure to post some pictures in next week's newsletter—when

they are fully complete.



On Thursday, pupils were lucky enough to an external company come in to perform Aladdin; pupils seemed to thoroughly enjoy it. There was a large audience participation and— believe it or not—we had the whole school in the hall at once!

Have an amazing weekend!

Year 6 Team

Maths Marvels



5th December - 9th December 2022

2MR 16 2NL 14 2RS 0 2RM 0

5th December - 9th December 2022

6LC 1856 6JM 156 6CP 29 6VP 3

5th December - 9th December 2022

3NM 215 3EC 78 3LD 1

5th December - 9th December 2022

4SA 157 4BG 34 4TH 1

5th December - 9th December 2022

5NB 158 5JP 5 5AB 2



Well done to everyone who has accessed TTRS this week! Keep logging on and getting more points for your class.

Who will be our TT Rock Stars leaders next week?

All classes	Activity points	Skill Quests points	Points - Live	Total points
3NM	4250	0	1570	5820
1BA	2370	0	0	2370
RMB	2230	0	0	2230
5AB	2020	0	0	2020
5JP	1230	0	0	1230
4SA	1000	0	228	1228
RFC	880	0	0	880
1FK	670	0	0	670
4TH	580	0	429	1009
5NB	570	0	0	570
RES	460	0	60	520
1GC	360	0	0	360
4BG	340	0	2139	2479

REACH!! FOR THE STARS

Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!

RJG	Anas	For using makaton signing
RMB	Harper-Lu	For showing an increased engagement and joining in during carpet sessions.
RFC	Hassan	For his increased confidence in contributing to group discussions.
RES	Sophia H	For being resilient and staying to watch the whole pantomime.
1CH	Woody	For being an outstanding role model.
1GC	Grace	For being a kind and helpful member of 1GC.
1FK	Jenson	For working hard in DT and labelled his wheels and axels clearly.
1BA	Archie	For using a range of adjectives in a character description.
2MR	Bailee	For independently creating an imaginative art piece.
2RS	Mia	For trying her best and having a great attitude to learning.
2NL	Dilichi	For her mature attitude to learning.
2RM	Tommy W	For being so helpful around the classroom
3EC	Sonny	For his contributions during lessons
3LD	Tola	For working hard and always trying her best
3NM	Reice F	For his improved handwriting and beautiful carol singing
4TH	Rejus	For huge improvements with his effort in written tasks
4BG	Nathaniel L	For amazing effort in his writing this week
4SA	Ruby S	For generating great sentences in English
5AB	Lucas G	For amazing effort with his report writing
5JP	Lacey S	For making great progress with learning her times tables
5NB	Rebecca T-W	For being extremely supportive of her peers and adults in the year group.
6CP	Lily F	For resilience in DT
6LC	Scarlett F	For great sewing and helping others with sewing
6VP	Jaelan A	For demonstrating resilience during our curriculum day
6JM	Ollie R	For demonstrating perseverance during our curriculum day

What Parents & Carers Need to Know about

HiPAL

AGE RESTRICTION
12+

(with reduced functionality for under-12s)

WHAT ARE THE RISKS?

HiPal is a trending social media app which turns phones into walkie-talkies, allowing people to have voice conversations with friends or strangers. There are two account options: one for users aged under 12 and one for those aged 12 or above. The former has fewer features and limits interaction with strangers, enabling use of the walkie-talkie feature or photo sharing with friends and family only. The 12+ accounts offer more options, including adding strangers as friends, sharing photos and videos publicly, sending private messages and holding voice chats with strangers as well as friends.

CONNECTING WITH STRANGERS

HiPal's under-12 accounts don't allow direct connections with strangers (although children seeking more friends can share their 'Friend Code' on other platforms), but for older users, chatting with strangers seems to be the app's main appeal. The 'Public Square' shows nine online users (hitting 'refresh' replaces these with another nine), and clicking on someone's profile starts a conversation.

SEXTING AND SUGGESTIVE PICS

Almost immediately after our expert downloaded the app, strangers began to message privately – asking for provocative images or sharing explicit photos of themselves. Likewise, in the 'Explore' feed, many of the pictures and videos are innocent – but some are for more salacious. There is always the risk of other users secretly saving a revealing photo and re-sharing it elsewhere.

NEED FOR VALIDATION

Some users – particularly girls – post photos on apps of this type hoping for positive reactions and comments to boost their self-esteem. Suggestive images tend to attract more flattering feedback, encouraging the user to post more frequently and with more explicit content. Conversely, receiving unkind comments about their picture can impact a young user's confidence and sense of self-worth.

NO AGE GATES OR MODERATION

Although users are given an initial choice of the under- or over-12 profile, there is no verification method to confirm someone's age. It is quite clear that the 'older' option offers a more complete experience on the app, but there seems to be no content moderation in place. Likewise, there is a reporting button for users to make a complaint but these reports do not appear to be followed up.

INTRUSIVE FEATURES

HiPal's walkie-talkie gimmick is no different from a normal phone call and seems rarely used; although it allows conversations to still be heard while a phone is locked, which could have awkward results. HiPal also offers 'boom' messages: unmissable large-text notifications which are highly distracting and briefly take over the phone users can't access other apps until the message fades.

LARGE GROUP CHATS

The app offers group chats with up to 100 people – both friends and unknown users. This not only means excessive 'boom' messages taking over your child's device, but near-constant notification alerts and – most worryingly – the potential for walkie-talkie chatting and sharing photos with strangers outside parental supervision and apparently with no moderation from the platform itself.

Advice for Parents & Carers

EMPHASISE CAUTION

Remind your child of the dangers of connecting with strangers online. Some may be using the app innocently; others may have more sinister intentions. Encourage your child to consider what information they disclose in private messages and emphasise that they should inform a trusted adult if someone on the internet ever attempts to persuade them to meet in person.

TALK ABOUT SEXTING

It can be an awkward conversation (which young people are often reluctant to have), but it's vital to talk openly and non-judgementally about sexting. Discuss the legal implications of sharing explicit images, as well as the emotional impact. Make it clear your child should never feel pressured into sexting – and that they should tell a trusted adult if they receive any unwanted explicit images.

BUILD RESILIENCE

With HiPal's lack of moderation, it's imperative that children are prepared for comments they might receive after uploading an image. You can build their resilience and equip them to manage these situations by having them show you any comments they've received. Together, discuss how the nice ones made them feel – and what they could do if someone posted a comment that upset them.

AVOID OVER-SHARING

Young people should think carefully about what they share in their profile, bio and posts. Talk to your child about not disclosing personal details such as phone numbers, other social media accounts or images which could reveal where they live or go to school. It's essential for children to recognise that strangers can assemble a detailed profile of someone based on things they can find online.

CONSIDER MENTAL WELLBEING

Many users on HiPal publicly share photos that are intended to be alluring in the hope of gaining more likes, friends and positive feedback – boosting their self-esteem and making them feel more self-assured. When young people regularly engage with social media platforms, it's important that parents and carers keep in mind the potential impact such platforms can have on mental wellbeing.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



<https://www.hipal.com/about/privacy.html>

NOS National Online Safety®
#WakeUpWednesday



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

The 12 Online Safety Tips of Christmas

FOR CHILDREN WITH NEW DEVICES

Christmas is almost upon us once again, and soon some lucky children will be excitedly tearing the wrapping off a new mobile phone, tablet or games console. For some of them, it will be the first time they've owned a device that connects them to the online world. Even for older children, a new device means new corners of the digital landscape to explore – and, unfortunately, new risks to be aware of.

We've put together our top tips so that you can guide your young ones in enjoying their new digital gifts safely and responsibly throughout the year to come. Merry Christmas!



1. ALWAYS SET A PASSWORD



If your child's new device has a password protection feature, use it! It'll help to keep their private information safe and will deny others access to their device without permission. Your children's passwords should be something memorable to them – but something which other people can't guess (it's also a good idea for parents to write it down in case it gets forgotten!).

2. SET UP 'PARENTAL CONTROLS'



This really is an essential when your child gets a new device, so they're protected from the outset. Most phones, tablets and consoles allow you to customise their settings to determine which games your child can play, how they can communicate (and who with), what content they can access and so on. It will give you peace of mind that they can't inadvertently do something they shouldn't.

3. PAY ATTENTION TO AGE RATINGS



One of the first things children want to do with any new device is play games and explore apps. Before they download anything or install a new console game, check its age rating. Many popular games and apps have content that's not suitable for younger ages. The safest long-term solution is to adjust the device's settings so they can only download and use games and apps appropriate for their age.

4. KEEP NUMBERS AND DEVICES PRIVATE



Make sure your child understands that they should never share their phone number with someone they don't know or accept a friend request from them. They should also appreciate that it's a good idea to mainly keep their device out of sight, never lend it to a stranger, and never put it down somewhere that other people could steal it or take it to use without asking.

5. HAVE 'THE MONEY CONVERSATION'



Before your children start using their new device in earnest, talk to them about in-app purchases and other ways that money might be spent through their device. Once they understand, you might want to agree on a spending limit and reassure them that they can come to you if they're uncertain, or if they have made a purchase by accident.

6. DISCOURAGE DEVICE DEPENDENCY



Of course, children who've just got a new device will naturally want to spend as much time on it as possible. But whether they're zapping bad guys, watching videos or connecting with friends, it's easy for them to get attached very quickly. Gently remind them that having family time, going outdoors and getting some exercise are still fun, too. And the device will be there when they get back.

7. EXPLAIN SECURE WIFI NETWORKS



Your home WiFi is protected by a password that only your family knows, whereas public networks (like those found in coffee shops, for example) can be accessed by anyone. It's important that your child grasps this difference because, if they're using a portable device on an unsecured network, then a hacker could access their personal information without them even knowing.

8. LIMIT SCREEN TIME



Using a device for too long, especially just before bed, can interfere with a child's sleep quality and reduce their concentration and overall enthusiasm. It might be helpful to agree on certain times of day when they don't use their device. Most devices' settings let you specify a screen-time limit, helping your child to stay fresh and focused in order to perform well at school.

9. ONLY PAIR WITH KNOWN BLUETOOTH DEVICES



Your child may want to connect to another device via Bluetooth, so they can listen to music wirelessly or share pictures and videos with nearby friends. But if they use Bluetooth to link with a device that they don't know, they're at risk of a stranger being able to see their personal information or having someone transmit a virus onto their device.

10. TURN LOCATION SETTINGS OFF



It's safest to disable the device's location services (if it's a portable device) so your child doesn't inadvertently make other people aware of where they are. You can usually do this via the device's privacy control settings. Turning location settings off not only means your child's whereabouts can't be tracked by others, it also significantly extends battery life.

11. STAY AWARE OF THE SURROUNDINGS



It's quite common to see adults not looking where they're going while engrossed in their phone. Children are even more easily distracted. In some cases, children have been hit by cars or cyclists because they were staring at their device and lost track of where they were. Remind your child that screens and walking don't mix. If they need to use their device, they should stop in a safe place first.

12. BE THERE IF THEY NEED TO TALK



Even when you've made a device as secure as you can, there's still a possibility of your child seeing something that bothers them, or someone they don't know attempting to contact them. If this happens, listen to their concerns, empathise and reassure them. Once they've explained what happened, you can decide if you should take further action like blocking or reporting another user.



National Online Safety®

#WakeUpWednesday





Although there are children accessing speech and language services within school, there are currently staffing issues within the NHS and therefore they are unable to receive new referrals. However, this organisation now offers a support network in relation to Speech, Language and Communication Needs.

Are you worried that child is not talking or not saying as much as other children of their age? Would you like some advice? Then please contact the Afasic Helpline. They also offer a 'listening ear' if you just want to talk to someone who understands.

Take a look at their website to see what is on offer:

<https://www.afasic.org.uk/the-afasic-helpline/>

Call: 0300 666 9410

Hotline opening hours: Monday and Wednesday, 10:30am to 4pm.



Surgery Schedule 2022

where and when to find us

Surgeries run term time only

To book an appointment: www.patt.org.uk/surgeries
scan the QR code or call 07702 127 252



First Wednesday of Every Month 10am - 1pm

Ockendon Children's Centre, 2a Afton Drive, RM15 5AP

4th May, 6th July, 7th Sept 5th Oct, 2nd Nov, 7th Dec



First Thursday of Every Month - 9.30am - 12.30pm

Tilbury Children's Centre, London Road, Tilbury RM18 8EY

5th May, 9th June, 7th July, 8th Sept, 6th Oct, 3rd Nov, 1st Dec



Second Tuesday of Every Month 10am - 1pm

PATT Offices, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ

10th May, 14th June, 12th July, 13th Sept, 11th Oct, 8th Nov, 13th Dec.



Second Wednesday of Every Month 6pm - 8.30pm

Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

Including PATT ADHD Support group

15th June, 13th July, 14th Sept, 12th Oct 9th Nov, 14th Dec.



Fourth Tuesday of Every Month 2pm - 7pm

PATT Offices, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ

24th May, 28th June, 27th Sept, 25th Oct, 22th Nov



Fourth Wednesday of Every Month 10am - 1pm

Purfleet Children's Centre, Centurion Way, RM19 1QA

25th May, 29th June, 28th Sept, 23rd Nov



ADHD Support Group

For families with children and young people with
ADHD and neurodiversity

For information on guest speakers, and to let us know you are coming,
www.patt.org.uk/adhdsupport or scan the QR Code below

SECOND Wednesday of each month 6.30–8.30pm

Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

15th June, 13th July,

14th September, 12th October, 9th November, 14th December

THIRD Monday of each month 10am–12pm

16th May Chadwell Children's Centre, Claudian Way RM16 4QE

20th June Ockendon Children's Centre, Afton Drive RM15 5PA

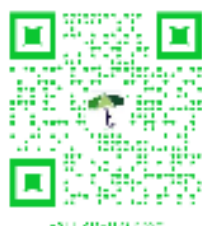
18th July Tilbury Children's Centre, London Road RM18 8EY

19th September Purfleet Children's Centre, Centurion Way RM19 1QA

17th October Thameside Children's Centre, Manor Road RM17 6EF

21st November Chadwell Children's Centre, Claudian Way, RM16 4QE

19th December Ockendon Children's Centre, Afton Drive RM15 5PA



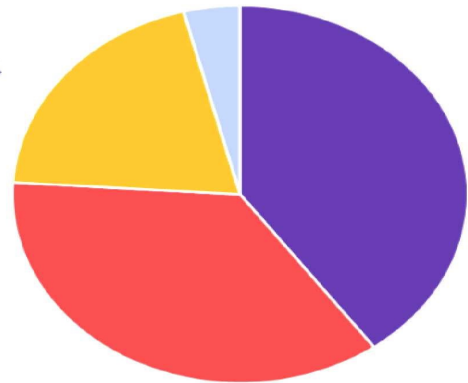
www.patt.org.uk



ETPS PFA Update



Splitting the £1.00



- **40p** goes to our school
- **36p** goes to cash prizes
- **20p** goes to admin costs
- **4p** goes to VAT

How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to East Tilbury Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to East Tilbury Primary School

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school



To start supporting, visit:
yourschoollottery.co.uk
and search for: **East Tilbury Primary**

Supporters must be 16 years of age or older

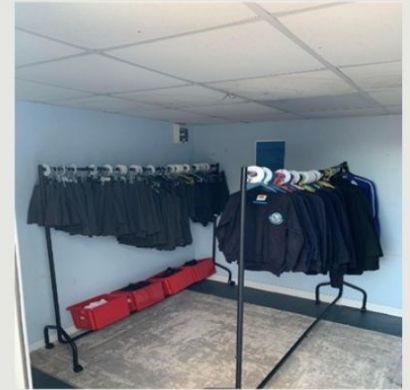




EAST TILBURY PRIMARY SCHOOLS PRE-LOVED UNIFORM SHOP



OPENING TIMES:
TUESDAY 8.40-9.00
FRIDAY 15.00-15.30



This week we are relaunching our school uniform shop. Considering the current cost of living crisis and how moving forward we want to support our families and school community, we have made the decision that we will no longer be charging per item and the uniform will now be donated to you free of charge.

All that we ask is that at the end of each year, if any of your child's old uniform that no longer fits is still in good condition, then you donate back to us so that we can recycle them to another family.

The condition of our stock is monitored very closely so please be assured that all items of clothing are in good or excellent condition.

We are extremely pleased to announce that we have received sponsorship from UNISON.

Peter Sansom, Branch Secretary for Thurrock UNISON says, "We are delighted to be able to collaborate with East Tilbury Primary School on this exciting pre-loved clothing project by providing funding for essential equipment for the new shop. The aims behind it align with the UNISON values perfectly – it provides a cost-effective solution for low-income families and vulnerable pupils as well as recycling perfectly good clothing which would otherwise end up in landfill. In this climate we commend the school and volunteers who implemented such a successful and important project, and this is why we are so happy to be associated with this. We are always looking to support schools with valuable projects such as these and would welcome enquiries for future collaborations to expand this fantastic concept across Thurrock."

UNISON have made a donation which will cover the upkeep and running of the shop for the next two years. With their donation we have been able to purchase washing powder, lighting, and clothes rails. We also now have a permanent base on the KS2 playground by years 5 & 6.

Please pop by and visit us. Any donations will be very gratefully received and can be taken to the school office or dropped off to a member of staff on the gate.





Do you receive any of the following?

- Income support
- Employment Support Allowance (Income Related)
- Income based Job Seekers Allowance
- Guaranteed Pension Credit
- Child Tax Credit and your income (as calculated by the Inland Revenue) is less than £16,190
- Universal Credit
- Receiving support under Part VI of the Immigration and Asylum Act of 1999
- In the Armed Forces

If you can answer yes to any of the above you may qualify for free school meals/Pupil Premium

The school office will help with your application. If your application is successful not only will your child receive free school meals, but our school will receive £1,300 additional funding (per child). This is called Pupil Premium.

All applications are confidential.



New Winter Menu—Please follow after October Half Term

Week 1

Week commencing - 31st Oct - 21st Nov - 12th Dec - 2nd Jan - 23rd Jan - 13th Feb - 6th Mar - 27th Mar

Please note that the menu may change subject to local needs

Monday	Chicken meatballs in a Tomato sauce with spaghetti pasta	Meat Free Sausage Roll with Diced potato	Jacket Potato with a Choice of Filling	Ham sandwich	Mixed Vegetables or Fresh Cauliflower	Peaches & Ice Cream
Tuesday	Shepherds Pie	Bubble salmon with mash potato	Jacket Potato with a Choice of Filling	cheese sandwich	Fresh Broccoli or Sweetcorn	Cocoa Sponge with Cocoa Sauce
Wednesday	Roast Chicken with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cabbage or Fresh Carrots	Fruit Jelly
Thursday	Cheese & Tomato Pizza with Potato Wedges	Sweet potato & Butternut Squash Bake	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Ice pole
Friday	Fish Fingers with Chips	Quorn Sausage with Chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or Peas	Coconut Sponge

Week 2

Week commencing - 7th Nov - 28th Nov - 19th Dec - 9th Jan - 30th Jan - 20th Feb - 13th Mar

Monday	Vegetable Bolognese with Spaghetti	Quorn Nuggets with Herby Diced Potatoes	Jacket Potato with a Choice of Filling	Ham sandwich	Sweetcorn or Baked Beans	Fruit Smoothie
Tuesday	Chicken Enchiladas	Macaroni Cheese	Jacket Potato with a Choice of Filling	cheese sandwich	Mixed Vegetables or Fresh Broccoli	Marble Sponge & Custard
Wednesday	Roast Gammon with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cauliflower or Fresh Carrots	Fruit Jelly
Thursday	Cheese & Tomato Pizza with Potato Wedges	Vegetable Chilli & Rice	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Apple Flapjack
Friday	Fish Finger with Chips	Vegetable Fingers with Chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or peas	Toffee cake & Custard

Week 3

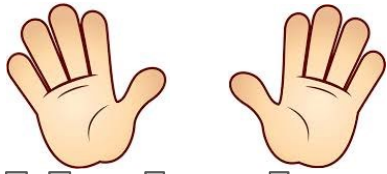
Week commencing - 14th Nov - 5th Dec - 26th Dec - 16th Jan - 6th Feb - 27th Feb - 20th Mar

Monday	Pork Sausage casserole with Diced Potato	Cheesy Wrap Stack with Diced potato	Jacket Potato with a Choice of Filling	Ham sandwich	Fresh Broccoli Sweetcorn or	Frozen Yoghurt
Tuesday	Creamy Chicken Curry with Rice	Cheesy Tomato Pasta	Jacket Potato with a Choice of Filling	cheese sandwich	Fresh Cauliflower or Mixed Vegetables	Spiced Orange Cake with Custard
Wednesday	Roast Chicken with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cabbage or Fresh Carrots	Fruit Jelly
Thursday	Cheese & Tomato Pizza with Potato Wedges	Vegetable pasta Bake	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Vanilla Shortbread
Friday	Fish Fingers with Chips	Quorn Nuggets with chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or peas	Apple sponge

Additional daily foods available: Seasonal salad bar
Wholemeal bread • Alternative desserts (yoghurt or fruit)

Our **Roast Dinners** are also served with a Yorkshire Pudding!





Help is at hand

Keep in touch!

We are missing being in contact but do not forget we are still here to help where we can.



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email: office.etp@osborne.coop



East Tilbury Primary School
Princess Margaret Road
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed.

Log on and have a look!



Twitter: [@EastTPPrimary](https://twitter.com/EastTPPrimary)

At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

◇ Mrs Bates

Due to the size of the school, we have the following designated staff who can deputise in the Head of School's absence:

◇ Mr Gowland

◇ Dr. Emmanuel

◇ Mr Bennett

◇ Mrs Jarvis

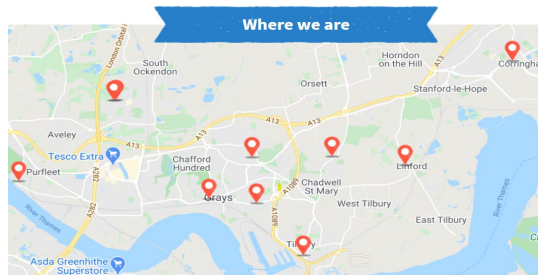
◇ Mrs Mylam

◇ Mrs Allen

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone **immediately** if you believe it is urgent.

[Thurrock MASH \(Multi Agency Safeguarding hub\), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team \(for out of hours\) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 \[www.childline.org.uk\]\(http://www.childline.org.uk\) · NSPCC 0808 800 5000 \[www.nspcc.org.uk\]\(http://www.nspcc.org.uk\); \[www.facebook.com/nspcc\]\(https://www.facebook.com/nspcc\)](#)



LOCATIONS

Here are the opening times and locations for our foodbank centres. Everyone who comes to the foodbank for emergency food needs to have a valid foodbank voucher.

Tues 14:00-16:00: St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

Weds 09:30-12:00: Thurrock Christian Fellowship, 2-4 Chase Rd, Corringham, S17 7QH

Weds 13:30-15:00: Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

Thurs 11:00-13:00: St. Francis Centre, Somerset Rd, Linford, SS17 0QA

Thurs 11:00-13:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Fri 10:12:00: St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD

Sat 09:30-11:30: Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

Sat 10:00-12:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Sat 10:00-12:00: Christian Gates of Praise International Christian Centre, 79-83 London Rd, Grays, RM 17 5YF