



# Newsletter

25th November 2022

Dear Parents and Carers,

It has been another busy week in school, with lots of creative learning taking place across the year groups!

## Weather

This week has seen a fall in temperature and as such it is really important that the children are wearing warm coats, vests, hats, gloves and scarves to school. We don't want any children missing out on fresh air time outside because they are too cold.

## Parent Anxiety workshop

On Wednesday, we were delighted to be able to host a parenting workshop around supporting pupils and adults with anxiety. We are grateful to the wellbeing and mental health team from Thurrock who led the workshop, and we hope that it was beneficial to those in attendance. We recognise that not everyone was able to attend and as such have sent out the material to you via email. We hope that this is a helpful resource around such an important subject.

## Parking on the roads around the school

Please be respectful of the many families walking to school when parking your cars on roads adjacent to the school. Parking should be in marked bays or legal zones on the road. A number of parents have commented on near misses due to cars parking illegally on side roads. Thank you for your support in keeping the school community safe as they travel to and from school.

## Christmas craft

Earlier in the week, your child will have brought home a letter outlining a planned Christmas craft activity in the coming weeks. We hope that this will be an enjoyable way to encourage creativity as we enter the Christmas season. For further information on this event please look at our facebook page or ask your child's teacher for another copy of the letter.

We wish you all a pleasant weekend ahead

The Leadership Team



## Friday 16th of December—Non-Uniform

### PARKING

Could you please be vigilant and courteous if you bring your vehicle onto the school grounds and refrain from parking on any zig zag lines or on the zebra crossing.

The children's safety is of paramount importance.

#### Reception Intake Visit

Another date has been set for our new intake reception visit. It will be on Wednesday 7<sup>th</sup> December 2022 at 10AM. Please contact the school office if you would like to book a space.

#### SEND Coffee Morning



The next SEND coffee morning is scheduled for Thursday 15<sup>th</sup> December at 9am and will be attended by the school nurse, for if you have any queries about your child's health. We look forward

#### PE KIT

Could all children please have a PE kit in school **everyday**. If you are unable to provide your child with a PE kit please use our uniform shop as we will donate them to any families that cannot provide a PE kit for their child. Please ensure the PE kit is labelled and is in a bag labelled with your child's name.

Thank you

#### Pantomime Raffle

Tickets can be bought from the main school office. Just pop along and ask for a 'Beauty and the Beast' raffle ticket between 8AM and 4PM Monday to Friday and we will give you a raffle ticket for just £3 each. If you are unable to get to the office, send your raffle ticket money into class in a sealed, labelled envelope and we shall send you your ticket. Sales of raffle tickets can be made until 4PM on Thursday 1st December 2022

The winning ticket number will be announced on Friday 2nd December



#### **Absence**

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please Telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

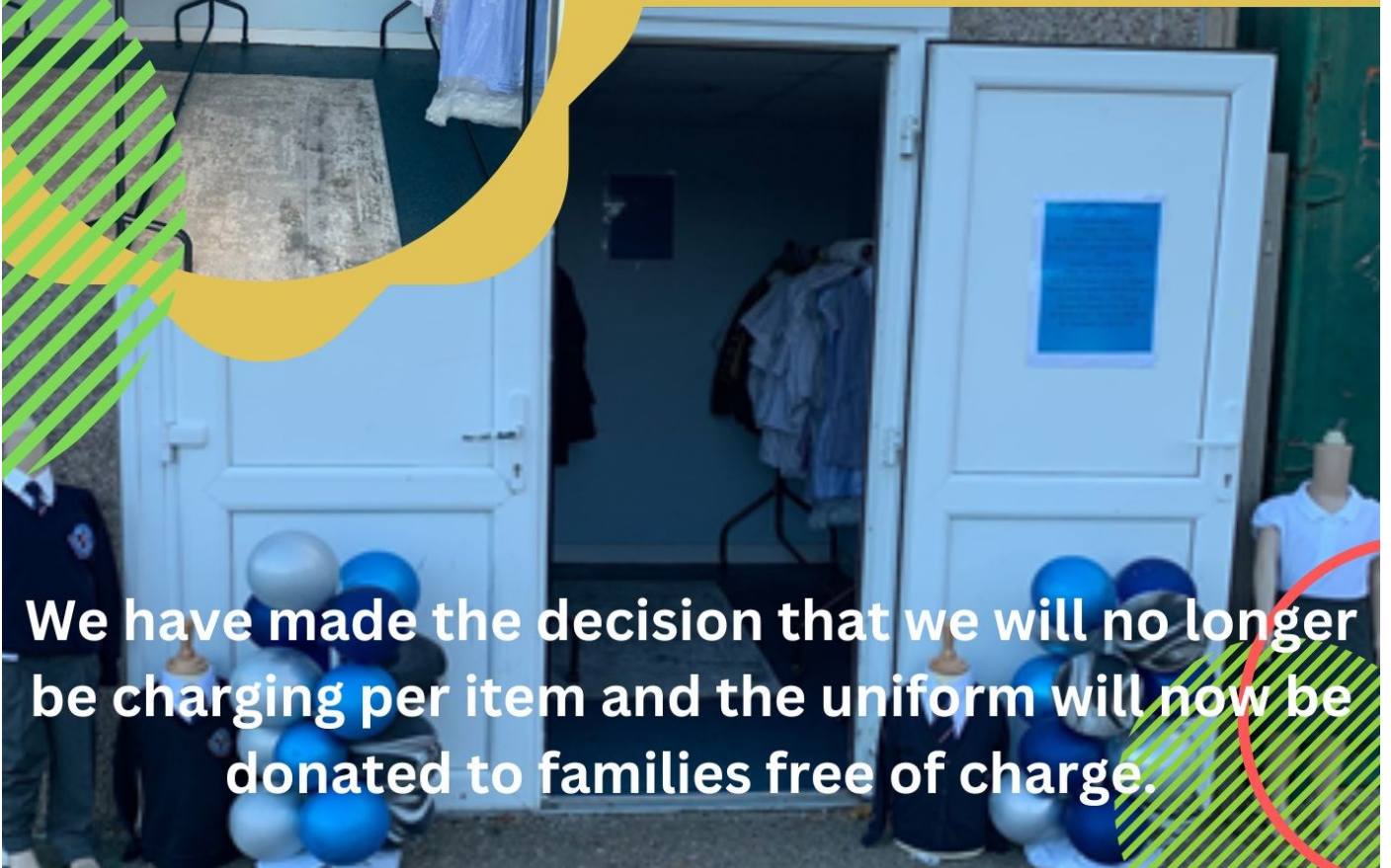
Home Visits will be carried out for any child that is absent for 3 or more school days without reason.



# East Tilbury Primary School Uniform Shop

**New Opening Times**

**Tuesdays - 8:40-9:00**  
**Fridays - 15:00-15:30**



**We have made the decision that we will no longer be charging per item and the uniform will now be donated to families free of charge.**

## Important dates:

Wednesday 30th November 2022	Year 6 Height and Weight checks
Wednesday 7th December 2022	Reception Intake Visit
Thursday 8th December 2022	Pantomime
Friday 16th December 2022	Non-Uniform Day
Monday 19th December 2022— Tuesday 3rd January 2023	Christmas Holidays
Tuesday 3rd January 2023	INSET day—school closed to pupils
Wednesday 4th January 2023	Pupils return to school
Friday 10th February 2023	Non-Uniform Day
Monday 13th February 2023—Friday 17th February 2023	February Half Term
Thursday 30th March 2023	Non-Uniform Day
Friday 31st March 2023	Trust Conference Day—Non-Pupil Day
Monday 3rd April 2023— Friday 14th April 2023	Easter Holidays
Monday 17th April 2023	Pupils return to school
Monday 1st May 2023	May day—School Closed
Friday 26th may 2023	Non-Uniform Day
Monday 29th May 2023 —Friday 2nd June 2023	May Half Term
Monday 5th June 2023	Pupils return to school
Thursday 20th and Friday 21st July 2023	INSET days—school closed to pupils
Monday 24th July 2023	First day of summer holidays



# CHRISTMAS DATES

## Christmas events at ETP



- ❖ 27/11 – school choir singing from 2pm at the Village Hall Christmas Fete
- ❖ 5/12 – 2pm 'Craft and Carols' – Reception parents invited to join their children in class to make a Christmas craft and hear the children sing nativity carols – more information to follow
- ❖ 6/12 – 2.10pm 'Craft and Carols' – Year 1 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 7/12 – 2.10pm 'Craft and Carols' – Year 2 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 8/12 – National Christmas Jumper Day (normal uniform with a Christmas jumper) / Aladdin pantomime performance to the children / 'Craft and Carols' – 2.20pm Year 3 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 9/12 – Curriculum enrichment days across the school / 'Craft and Carols' – 2.20pm Year 4 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 12/12 - 'Craft and Carols' – 2.20pm Year 6 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 13/12 - 'Craft and Carols' – 2.20pm Year 5 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow / PFA Carols on the memorial park 3.30pm -5pm (reindeer/sleigh and a special guest – with the school choir) – more information to follow
- ❖ 14/12 – Christmas Dinner day – children can wear a Christmas jumper to school (normal uniform with a Christmas jumper)
- ❖ 16/12 – last day of term – children can wear non-uniform (Christmas themed if they like!) – £1 voluntary contribution towards biscuit time





# East Tilbury Primary School

Headteacher Mrs. F. Bates

Address Princess Margaret Road, East Tilbury, Essex, RM18 8S0

Telephone 01375 846181 | Email office.etp@osborne.coop | Website easttilburyprimary.thurrock.sch.uk

Self-help  
Self-responsibility  
Equity  
Equality  
Democracy  
Solidarity

Christmas Craft

21<sup>st</sup> November 2022

Dear Parents and Carers,

As you would have seen from previous correspondence, we are hosting a range of exciting Christmas activities this year in the run up to the holiday season. We would like to draw your attention towards two events taking place. The first is an activity that teachers are putting on for the children in their class which will involve a Christmas craft activity and enjoying some Christmas music (modern, classical and tradition pieces). Although this event is aimed at the children making their Christmas craft, we would like to extend an invitation for you to join your child for this activity. The timings for each class can be seen below. Due to space restrictions each child can have one adult, and again due to space restrictions this adult must come alone. The activity is designed for the children so if on this occasion you are unable to join the class then your child will not miss out on the activity.

If your family doesn't celebrate Christmas there will be an alternative craft activity available for your child at this time (please speak to the class teacher about this). We are aware that not all parents will be able to attend this activity so have therefore put on an exciting event after school on Tuesday 13<sup>th</sup> December starting shortly after all classes are out of school (around 3.30pm). The event will be run by the PFA on the memorial park and include a drinks stall, songs from the school choir and a visit from Santa's reindeer/sleigh and a special guest appearance. There will be photo opportunities!

#### Craft activity times:

- Mon 5<sup>th</sup> Dec – Reception, 2pm – please arrive at the gate where you would normally drop off your child
- Tues 6<sup>th</sup> Dec – Year 1, 2.10pm – please arrive at the gate where you would normally drop off your child
- Wed 7<sup>th</sup> Dec – year 2, 2.10pm – please arrive at the gate where you would normally drop off your child
- Thurs 8<sup>th</sup> Dec – year 3, 2.20pm – please arrive at the gate where you would normally drop off your child
- Fri 9<sup>th</sup> Dec – year 4, 2.20pm – please arrive at the gate where you would normally drop off your child
- Mon 12<sup>th</sup> Dec – year 6, 2.20pm – please arrive at the gate where you would normally drop off your child
- Tues 13<sup>th</sup> Dec – year 5, 2.20pm – please arrive at the gate where you would normally drop off your child

Yours sincerely,  
School Leadership

Please return the below slip to your child's class teacher if you are able to join us for the Christmas craft activity:

.....

I can attend the Christmas craft activity for class ..... My child's name is .....

My name is .....



East Tilbury Primary School is a proud partner in the Osborne Co-operative Academy Trust  
Telephone 01375 648966 Email info@osborne.coop Website osborne.coop  
Registered office St Clare's School, Burn Lane Stanford le Hope, Essex. SS17 0NW Registered at Companies House, Cardiff. Company Number 7703665

# How are you?

Sad? Stressed? Anxious?

Worried? Tearful? Overwhelmed?

## Want help?



## Your Mental Health First Aider is

### Miss. Mills

Training provided by



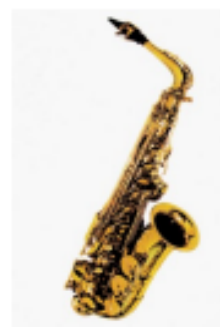
**There are plenty of different types of support out there, and a Mental Health First Aider can help you access the support you need to feel better.**

Mental Health First Aiders are a point of contact if you, or someone you are concerned about, are experiencing a Mental Health issue or emotional distress. They are not therapists or psychiatrists but they can give you initial support and signpost you to appropriate help if required.

To arrange a meeting, please contact me via email: [mhfa.etp@osborne.coop](mailto:mhfa.etp@osborne.coop)

# Music Lessons Available

**Calling all aspiring Guitarists, Pianists,  
Woodwind and Strings players & Vocalists  
from Beginner to Advanced standard**



**Lessons take place in school during the school day (once a week for  
10 weeks per term.)**

**Please ask your School Office for a sign-up letter. We are currently  
taking bookings for lessons to start in January.**

Supported using public funding by



ARTS COUNCIL  
ENGLAND



thurrock.gov.uk

Thurrock  
music  
Services



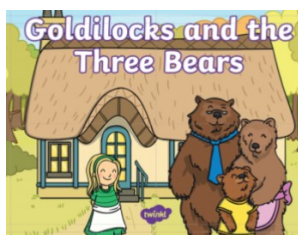
# Reception

This week, our focus has been aeroplanes. In literacy, we have been on an adventure. We packed our suitcases and flew to a hot country to go scuba diving! We saw lots of beautiful sea creatures and used our phonics skills to write down what we saw when we got back. After that, we went on a safari! During the journey, we listed the animals that we encountered.

In maths, we continued to look at numbers and focussed on 4 and 5. We looked at lots of different ways we can represent 4 and 5. Then, we explored the variety of ways to make 4 and 5 using cubes.

On Monday, had the opportunity to watch the England v Iran match and participated in football related activities including, decorating the English flag, and exploring different flags of the world.

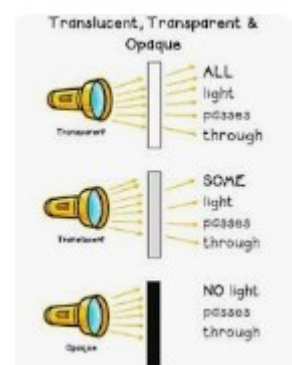
For topic, we made paper planes using different materials to find out which material enabled our planes to fly the furthest. Ask us which one it was the best!



# Year One

In English this week, we have been focussing on the story 'Goldilocks and the Three Bears'. We had lots of fun working in groups, to retell the story through role play. As a class, we also sequenced the story in chronological order and created a story map of the main events. We have also begun to innovate parts of the story. Instead of Goldilocks and the Three Bears, we have changed the bear characters to a new animal.

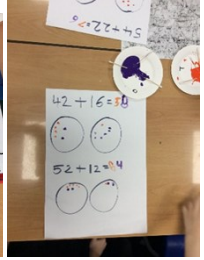
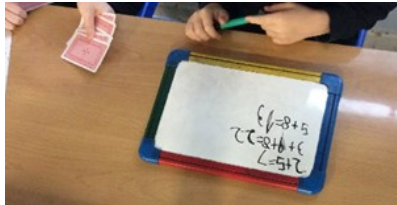
Well done Year One for being so imaginative and creative.



In Science, we investigated which materials are transparent, translucent and opaque. First, we discussed the meaning of each word, then we made a prediction as to which materials may be categorised under each section. Adhering to one of our core values of 'democracy', we recorded the majority vote for each prediction that we made. After making our predictions, we carried out our investigation.

# Year 2

In Maths, we have been learning how to add and subtract two numbers practically. We started by recapping the possible strategies we could use to answer addition and subtraction questions (column method, number line and partitioning). Once we felt confident with the methods, we completed a carousel of activities in pairs. We used playing cards, dominoes, dice, paint, and a colour by questions to apply our knowledge. We then used our whiteboards to answer the questions using our preferred strategy.



In Art, we looked at artists who were inspired by and created their own maps. We started by thinking about our route to school and other familiar journeys. We thought about what features we would pass such as parks, places of worship and train stations. After we were clear about our journey we used oil pastels to create our very own maps.

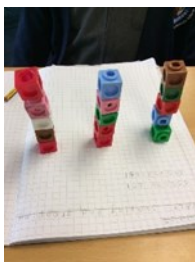


## YEAR 3

This week in Year 3 we have started to learn about multiplication and division. We explored sharing resources into different groups to see if numbers were multiples of each other. We really enjoyed getting hands on with the resources.

In art this week we have become cave painters. First, we painted our paper using coffee and tea to make it look old and we scrunched up the paper to give it some texture. Then, we stuck our paper under the table, so it was like we were actually in a cave. We used pastels to draw our cave paintings.

We also enjoyed learning about the different countries competing in the world cup, we all made flags for each countries and we made posters on the countries, while we got to cheer on England in their opening game!



# Year 4

This week has been an exciting and busy week in Year 4!

The pupils started the week with the buzz of the world cup, Monday morning we spent some time analysing the lyrics of Three Lions (Football's Coming Home) and looking at the facts around this year's World cup. That afternoon, pupils had the opportunity to enjoy the match and be reminded of the British values of tolerance and good sportsmanship.

In English, we have looked at features of a Newspaper and started writing a report around the missing Beanie Baby, Dave. Pupils were able to use quotes from teachers that they suspected had any involvement with the case and had fun generating various theories of where Dave may have ended up. The Hunt still continues!

Art has been especially creative this week, where pupils used crayons and paint to create a variety of designs, focusing on colour composition and precision.

As a special request, the Year 4 Team are asking the parents if they would donate any cardboard over the next 2 weeks in preparation for an activity on our Anglo-Saxon themed Enrichment Day. Delivery boxes of any size would be greatly appreciated as well as cereal boxes. Your contribution to this is greatly appreciated!



# Year 5

Through the last couple of weeks, Year 5 have enjoyed being creative. In our recent art work we learnt about the creations of artist Cai Guo-Qiang. He uses pyrotechnics to produce some outstanding immersive art experiences.



Inspired by his work, pupils have designed and made their own creations using up cycled cereal boxes. This involved designing stencils, liquid paint, powder paint and tea bags..

Pupils enthusiastically engaged with creating a myriad of different effects, including some very spectacular splattered paint-teabag drops giving some spectacular explosion effects.

Part of the role of artists is to consider how their work may be perceived by an audience. To enable pupils to consider this, they placed cut outs of lego figurines of their choice before taking photos of their work.

We are really impressed by the pupils expressive mini installations and look forward to extending their learning as they create other creative pieces this term.





# Year 6 News

In art this half term, we have been looking at paintings by different artists, reflecting on the subject and content of the painting and describing what this makes us think about. This week, we looked at 'Gassed' by John Singer Sargent, painted in 1919, after Sargent visited the front line in 1918, having been commissioned by the Government to produce a piece of war art. Having looked at and thought about the painting, we then recreated the painting.



How would you like to take a family trip to the theatre ?

The perfect start to the Christmas break!

East Tilbury Primary School  
are raffling 4 tickets to  
'Beauty and the Beast' at the  
Thameside Theatre, Grays  
For Sunday 18th December  
2023



Raffle tickets  
only £3 each!

Each raffle ticket is 1  
chance at winning all  
4 tickets worth £75!!

Tickets can be bought from the main school office. Just pop along and ask for a 'Beauty and the Beast' raffle ticket between 8AM and 4PM Monday to Friday and we will give you a raffle ticket for just £3 each. If you are unable to get to the office, send your raffle ticket money into class in a sealed, labelled envelope and we shall send you your ticket. Sales of raffle tickets can be made until 4PM on Thursday 1st December 2022

The winning ticket number will be announced on Friday 2nd December

# Maths Marvels



21st November - 25th November 2022

6LC 1537 6JM 609 6CP 542 6VP 123

21st November - 25th November 2022

3EC 261 3NM 171 3LD 7

21st November - 25th November 2022

4SA 425 4BG 113 4TH 37

21st November - 25th November 2022

5NB 103 5AB 8 5JP 2



Well done to everyone who has accessed TTRS this week! Keep logging on and getting more points for your class.

Who will be our TT Rock Stars leaders next week?

All classes	Activity points	Skill Quests points	Points - Live	Total points
RMB	3000	0	0	3000
5NB	2010	0	0	2010
3NM	1810	0	292	2102
4SA	1140	0	137	1277
5JP	1050	0	0	1050
1BA	1040	0	0	1040
5AB	1040	0	0	1040
RES	1040	0	1	1041
2MR	1010	0	0	1010
RFC	690	0	0	690
1CH	560	0	0	560
4TH	560	0	34	594
4BG	520	20	428	968

# REACH!! FOR THE STARS

*Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!*

RJG	Austin	For showing self-responsibility when getting changed for P.E
RMB	Miley	For hearing and writing initial sounds independently.
RFC	Robyn	For being kind and helpful to her friends.
RES	David	For making positive choices.
1CH	Elsie	For confidently retelling a story through role play.
1GC	Ruth	For having a growth mindset.
1FK	Esme	Esme Brookman for using kind words and being a good friend
1BA	Luke	For following class rules and setting a good example for others.
2MR	Reggie	For improving all aspects of his work, especially his maths work.
2RS	Kiruthik	For successfully using a number line to add numbers.
2NL	Isaac	For trying his best and showing kindness to the other children.
2RM	Alex	For contributing more in maths this week.
3EC	Harvey C	For always engaging with every lesson
3LD	Anu	For engaging positively with every lesson and trying her best
3NM	Isla W	For engaging positively with her learning, particular in Maths
4TH	Stanley B	For amazing improvements in writing this week
4BG	Keanu M	For amazing improvements in writing this week
4SA	Marnie –Rose L	For showing Resilience when coming into school!
5AB	Erin C	For an all-round amazing attitude to learning.
5JP	Alfred R	For engaging positively with all learning experiences.
5NB	Ayaan R	For his effort within grammar sessions.
6CP	Kyle H	For always being respectful and hardworking
6LC	Daniel A	Improved attitude towards English
6VP	Eva N	For working extremely hard in maths lessons this week
6JM	Enzo W	For displaying resilience in Maths



# 10 Tips for Safe Shopping Online on BLACK FRIDAY

One of the many notable side-effects of the pandemic has been the surge in online shopping, as people stay home for longer periods. Those sales figures are set to experience a particularly pronounced spike on Black Friday, as eager shoppers take to the internet in search of a bargain (or ten). Delight at securing those must-have items can quickly be overshadowed, however, by falling foul of the retail risks that can await unwary buyers.

Here's National Online Safety's top ten tips for protecting yourself and your family while hunting for the deals this Black Friday weekend ...

## 1. TRUST YOUR INSTINCTS



It's safest to stick with well-known, reputable retailers. If a site doesn't look professional, or has weird pop-up ads, it's best to steer clear – no matter how tempting their prices. If something seems too good to be true, it probably is!



## 2. WATCH OUT FOR PHISHING ATTACKS



Email inboxes are flooded on Black Friday by retailers telling everyone about their deals. Hackers often try to use the traffic as camouflage; look out for emails with poor grammar, suspicious email addresses and pixelated images – these are all common signs you've been targeted.



## 3. MAKE SURE THE SITE'S SECURE



When you're buying online, look for a padlock icon near the address bar – or check if the URL includes "https" or "shhttp". The extra "s" or the padlock mean you can rest easy: you're sending your card details and personal info via a secure channel.



## 4. PLAN YOUR SHOPPING



Before you go online, make a list of what you're looking for – and stick to it. With enticing deals everywhere you look, it's so easy to get immersed in bargain hunting and end up with a massive overspend by the time you log off!



## 5. LOOK OUT FOR LOOT BOX SALES



Video gaming companies also offer Black Friday deals, with as much as 50% off loot boxes in some titles. Children can also buy reduced-price games through their consoles. So if your child can access the online store or make in-game purchases on their device, it'd be wise to talk to them in advance.



## 6. READ THE REVIEWS



We've all bought something which sounded amazing online, only for it to be far less impressive when it actually arrived. Take time to read other buyers' views on an item – and think twice about anything that only has a small number of comments about it.



## 7. CREATE SECURE PASSWORDS



On Black Friday, there's a higher likelihood of you setting up accounts on sites you've never bought from before. Choose a different password for each: the longer, the better. It's best practice to use a mix of upper- and lower-case letters, symbols and numbers.



## 8. CHECK THE SMALL PRINT



Make sure you check out details like a seller's returns policy. It's so easy to shop impulsively on Black Friday and then be stuck with things you don't want because of a very small window for returning goods.



## 9. IGNORE INFLUENCER PRESSURE



Influencers can be great for finding out where the best deals are, but don't forget that sometimes they're being paid by retailers, and they can often cause people to feel under pressure to buy something – anything – just because it's Black Friday.



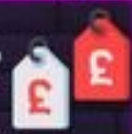
**NOS** National Online Safety®  
#WakeUpWednesday



## 10. CHECK IT'S A REAL "DEAL"



Some Black Friday "bargains" you'll find were actually on sale at the same price (or cheaper) in the previous six months. Look at other retailers or price comparison sites to see if an item really does have money off.



SOURCE: [www.4mat.usa/learn/2020/05/01-of-black-friday-products-were-the-cheapest-theyve-ever-been/](http://www.4mat.usa/learn/2020/05/01-of-black-friday-products-were-the-cheapest-theyve-ever-been/)

## What Parents & Carers Need to Know about

# TIKTOK

AGE RESTRICTION  
**13+**

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-18 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

### WHAT ARE THE RISKS?

#### AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18

CONTENT

#### DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "Blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

#### CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app, it also lets their videos be suggested to others and enables anyone to comment on them or download them.

#### IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

#### ADDICTIVE NATURE

Like all social networking platforms, TikTok can be addictive: figures show that young people are investing increasing amounts of time in it. In the UK, children with TikTok spend on average of 102 minutes per day on the app, versus 53 minutes on YouTube. This compulsive repeated use can interfere with their sleep patterns – leading to irritability – and distract them from other activities.

#### TIKTOK NOW

Introduced in late 2022, the "TikTok Now" feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

## Advice for Parents & Carers

#### ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

#### MAKE ACCOUNTS PRIVATE

Although under-18s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

#### LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

#### DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

#### READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

### Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



National  
Online  
Safety

#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



Although there are children accessing speech and language services within school, there are currently staffing issues within the NHS and therefore they are unable to receive new referrals. However, this organisation now offers a support network in relation to Speech, Language and Communication Needs.

Are you worried that child is not talking or not saying as much as other children of their age? Would you like some advice? Then please contact the Afasic Helpline. They also offer a 'listening ear' if you just want to talk to someone who understands.

Take a look at their website to see what is on offer:

<https://www.afasic.org.uk/the-afasic-helpline/>

Call: 0300 666 9410

Hotline opening hours: Monday and Wednesday, 10:30am to 4pm.



# Surgery Schedule 2022

where and when to find us

Surgeries run term time only

To book an appointment: [www.patt.org.uk/surgeries](http://www.patt.org.uk/surgeries)  
scan the QR code or call 07702 127 252



**First Wednesday of Every Month 10am - 1pm**

Ockendon Children's Centre, 2a Afton Drive, RM15 5AP

4th May, 6th July, 7th Sept 5th Oct, 2nd Nov, 7th Dec



**First Thursday of Every Month - 9.30am - 12.30pm**

Tilbury Children's Centre, London Road, Tilbury RM18 8EY

5th May, 9th June, 7th July, 8th Sept, 6th Oct, 3rd Nov, 1st Dec



**Second Tuesday of Every Month 10am - 1pm**

PATT Offices, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ

10th May, 14th June, 12th July, 13th Sept, 11th Oct, 8th Nov, 13th Dec.



**Second Wednesday of Every Month 6pm - 8.30pm**

Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

**Including PATT ADHD Support group**

15th June, 13th July, 14th Sept, 12th Oct 9th Nov, 14th Dec.



**Fourth Tuesday of Every Month 2pm - 7pm**

PATT Offices, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ

24th May, 28th June, 27th Sept, 25th Oct, 22th Nov



**Fourth Wednesday of Every Month 10am - 1pm**

Purfleet Children's Centre, Centurion Way, RM19 1QA

25th May, 29th June, 28th Sept, 23rd Nov



# ADHD Support Group

For families with children and young people with  
ADHD and neurodiversity

For information on guest speakers, and to let us know you are coming,  
[www.patt.org.uk/adhdsupport](http://www.patt.org.uk/adhdsupport) or scan the QR Code below

**SECOND Wednesday of each month 6.30–8.30pm**

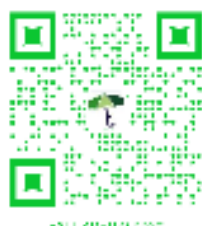
Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

15th June, 13th July,

14th September, 12th October, 9th November, 14th December

**THIRD Monday of each month 10am–12pm**

16th May	Chadwell Children's Centre, Claudian Way RM16 4QE
20th June	Ockendon Children's Centre, Afton Drive RM15 5PA
18th July	Tilbury Children's Centre, London Road RM18 8EY
19th September	Purfleet Children's Centre, Centurion Way RM19 1QA
17th October	Thameside Children's Centre, Manor Road RM17 6EF
21st November	Chadwell Children's Centre, Claudian Way, RM16 4QE
19th December	Ockendon Children's Centre, Afton Drive RM15 5PA



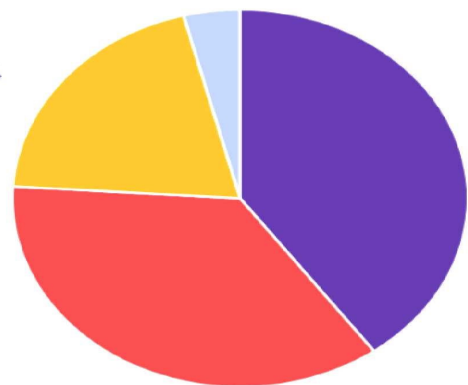
[www.patt.org.uk](http://www.patt.org.uk)



# ETPS PFA Update



## Splitting the £1.00



- 40p** goes to our school
- 36p** goes to cash prizes
- 20p** goes to admin costs
- 4p** goes to VAT

## How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to East Tilbury Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at [YourSchoolLottery.co.uk](http://YourSchoolLottery.co.uk) by direct debit or debit card.

**It's so easy to join and will make a real difference to East Tilbury Primary School**

**The Maths...** 100 tickets sold a week means  
= **£30** weekly cash prize  
= **£2,080** a year for our school



To start supporting, visit:  
**[yourschoollottery.co.uk](http://yourschoollottery.co.uk)**  
and search for: **East Tilbury Primary**

Supporters must be 16 years of age or older

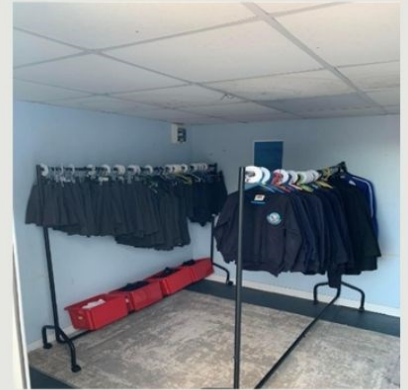




# EAST TILBURY PRIMARY SCHOOLS PRE-LOVED UNIFORM SHOP



OPENING TIMES:  
TUESDAY 8.40-9.00  
FRIDAY 15.00-15.30



**This week we are relaunching our school uniform shop. Considering the current cost of living crisis and how moving forward we want to support our families and school community, we have made the decision that we will no longer be charging per item and the uniform will now be donated to you free of charge.**

**All that we ask is that at the end of each year, if any of your child's old uniform that no longer fits is still in good condition, then you donate back to us so that we can recycle them to another family.**

**The condition of our stock is monitored very closely so please be assured that all items of clothing are in good or excellent condition.**

**We are extremely pleased to announce that we have received sponsorship from UNISON.**

**Peter Sansom, Branch Secretary for Thurrock UNISON says, "We are delighted to be able to collaborate with East Tilbury Primary School on this exciting pre-loved clothing project by providing funding for essential equipment for the new shop. The aims behind it align with the UNISON values perfectly – it provides a cost-effective solution for low-income families and vulnerable pupils as well as recycling perfectly good clothing which would otherwise end up in landfill. In this climate we commend the school and volunteers who implemented such a successful and important project, and this is why we are so happy to be associated with this. We are always looking to support schools with valuable projects such as these and would welcome enquiries for future collaborations to expand this fantastic concept across Thurrock."**

**UNISON have made a donation which will cover the upkeep and running of the shop for the next two years. With their donation we have been able to purchase washing powder, lighting, and clothes rails. We also now have a permanent base on the KS2 playground by years 5 & 6.**

**Please pop by and visit us. Any donations will be very gratefully received and can be taken to the school office or dropped off to a member of staff on the gate.**





## Do you receive any of the following?

- Income support
- Employment Support Allowance (Income Related)
- Income based Job Seekers Allowance
- Guaranteed Pension Credit
- Child Tax Credit and your income (as calculated by the Inland Revenue) is less than £16,190
- Universal Credit
- Receiving support under Part VI of the Immigration and Asylum Act of 1999
- In the Armed Forces

**If you can answer yes to any of the above you may qualify for free school meals/Pupil Premium**

The school office will help with your application. If your application is successful not only will your child receive free school meals, but our school will receive £1,300 additional funding (per child). This is called Pupil Premium.

All applications are confidential.





# New Winter Menu—Please follow after October Half Term

## Week 1

Week commencing - 31st Oct - 21st Nov - 12th Dec - 2nd Jan - 23rd Jan - 13th Feb - 6th Mar - 27th Mar

Please note that the menu may change subject to local needs

<b>Monday</b>	Chicken meatballs in a Tomato sauce with spaghetti pasta	Meat Free Sausage Roll with Diced potato	Jacket Potato with a Choice of Filling	Ham sandwich	Mixed Vegetables or Fresh Cauliflower	Peaches & Ice Cream
<b>Tuesday</b>	Shepherds Pie	Bubble salmon with mash potato	Jacket Potato with a Choice of Filling	cheese sandwich	Fresh Broccoli or Sweetcorn	Cocoa Sponge with Cocoa Sauce
<b>Wednesday</b>	Roast Chicken with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cabbage or Fresh Carrots	Fruit Jelly
<b>Thursday</b>	Cheese & Tomato Pizza with Potato Wedges	Sweet potato & Butternut Squash Bake	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Ice pole
<b>Friday</b>	Fish Fingers with Chips	Quorn Sausage with Chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or Peas	Coconut Sponge

## Week 2

Week commencing - 7th Nov - 28th Nov - 19th Dec - 9th Jan - 30th Jan - 20th Feb - 13th Mar

<b>Monday</b>	Vegetable Bolognese with Spaghetti	Quorn Nuggets with Herby Diced Potatoes	Jacket Potato with a Choice of Filling	Ham sandwich	Sweetcorn or Baked Beans	Fruit Smoothie
<b>Tuesday</b>	Chicken Enchiladas	Macaroni Cheese	Jacket Potato with a Choice of Filling	cheese sandwich	Mixed Vegetables or Fresh Broccoli	Marble Sponge & Custard
<b>Wednesday</b>	Roast Gammmon with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cauliflower or Fresh Carrots	Fruit Jelly
<b>Thursday</b>	Cheese & Tomato Pizza with Potato Wedges	Vegetable Chilli & Rice	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Apple Flapjack
<b>Friday</b>	Fish Finger with Chips	Vegetable Fingers with Chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or peas	Toffee cake & Custard

## Week 3

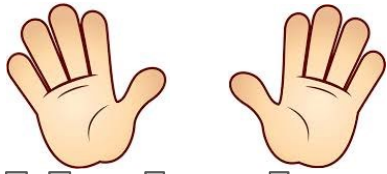
Week commencing - 14th Nov - 5th Dec - 26th Dec - 16th Jan - 6th Feb - 27th Feb - 20th Mar

<b>Monday</b>	Pork Sausage casserole with Diced Potato	Cheesy Wrap Stack with Diced potato	Jacket Potato with a Choice of Filling	Ham sandwich	Fresh Broccoli Sweetcorn or	Frozen Yoghurt
<b>Tuesday</b>	Creamy Chicken Curry with Rice	Cheesy Tomato Pasta	Jacket Potato with a Choice of Filling	cheese sandwich	Fresh Cauliflower or Mixed Vegetables	Spiced Orange Cake with Custard
<b>Wednesday</b>	Roast Chicken with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cabbage or Fresh Carrots	Fruit Jelly
<b>Thursday</b>	Cheese & Tomato Pizza with Potato Wedges	Vegetable pasta Bake	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Vanilla Shortbread
<b>Friday</b>	Fish Fingers with Chips	Quorn Nuggets with chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or peas	Apple sponge

**Additional daily foods available:** Seasonal salad bar  
Wholemeal bread • Alternative desserts (yoghurt or fruit)

Our **Roast Dinners** are also served with a Yorkshire Pudding!





# Help is at hand

## Keep in touch!

We are missing being in contact but do not forget we are still here to help where we can.



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email: [office.etp@osborne.coop](mailto:office.etp@osborne.coop)



East Tilbury Primary School  
Princess Margaret Road  
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed.

Log on and have a look!



Twitter: @EastTPrimary

At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

◇ Mrs Bates

Due to the size of the school, we have the following designated staff who can deputise in the Head of School's absence:

◇ Mr Gowland

◇ Dr. Emmanuel

◇ Mr Bennett

◇ Mrs Jarvis

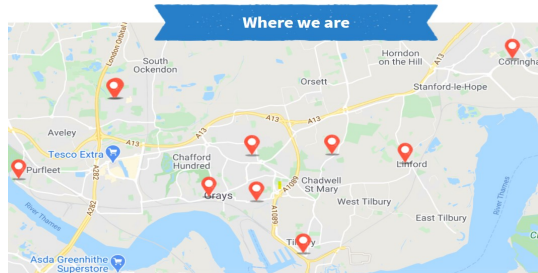
◇ Mrs Mylam

◇ Mrs Allen

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone **immediately** if you believe it is urgent.

[Thurrock MASH \(Multi Agency Safeguarding hub\), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team \(for out of hours\) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 \[www.childline.org.uk\]\(http://www.childline.org.uk\) · NSPCC 0808 800 5000 \[www.nspcc.org.uk\]\(http://www.nspcc.org.uk\); \[www.facebook.com/nspcc\]\(http://www.facebook.com/nspcc\)](#)



## LOCATIONS

*Here are the opening times and locations for our foodbank centres. Everyone who comes to the foodbank for emergency food needs to have a valid foodbank voucher.*

**Tues 14:00-16:00:** St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

**Weds 09:30-12:00:** Thurrock Christian Fellowship, 2-4 Chase Rd, Corringham, S17 7QH

**Weds 13:30-15:00:** Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

**Thurs 11:00-13:00:** St. Francis Centre, Somerset Rd, Linford, SS17 0QA

**Thurs 11:00-13:00:** All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

**Fri 10:12:00:** St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD

**Sat 09:30-11:30:** Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

**Sat 10:00-12:00:** All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

**Sat 10:00-12:00:** Christian Gates of Praise International Christian Centre, 79-83 London Rd, Grays, RM 17 5YF