

School News

A MESSAGE FROM THE SENIOR LEADERSHIP TEAM

Dear Parents and Carers,

This week has been a fun-packed and creative learning experience for all – as is always the case here at East Tilbury Primary School!

Sporting Success

Over the last few weeks we have had lots to celebrate on the sports field! We are very lucky to have such a talented group of sporting children and staff to help and guide them. In the last few weeks we have achieved a 3rd place finish in a local netball rally and the older boys won the football cup! More stories about this will appear on our Facebook page. We are so proud of all the children who compete across the various teams in school and represent our school community with integrity and respect when competing in regional competitions.



Year 6 MOCKS

The year 6 children have been working exceptionally hard over the last week, completing their last round of MOCK tests before the real SATS on the week of the 11th May. All of the hard work in the classroom and extra revision at home is paying off and we are really proud of all the progress made so far. Keep going year 6 children and staff!

Road Safety

This week we welcomed the road safety team into school to work with our reception and year 5 children. The presentations were an informative way to help children understanding the dangers and precautions they need to take when travelling by a road.

We wish you all a relaxing weekend ahead,
The Leadership Team



Important Information

September 2026 Reception Intake

The closing date for Reception 2026 applications was **15 January 2026**. However, please don't let this discourage you from applying — we still have a limited number of places available.

A Reminder About Parking Around School

We kindly ask parents and carers to be mindful of how they park around the school gates and on local roads. Please help us maintain positive relationships with our local community and, most importantly, keep our pupils safe. Thank you for your cooperation and support.

Absence

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

Home Visits will be carried out for any child that is absent for 3 or more school days without reason.

If your child has an injury and has been given medical advice that we need to follow as a school, please bring them to the school office for 8.15am on their first day back at school following the injury so that we can complete a risk assessment.

Thank you for your cooperation



**CHANCE TO SHINE
STREET**



SOFT BALL CRICKET

**BE ACTIVE
MAKE FRIENDS
DEVELOP SKILLS
PAY NOTHING!**



WEEKLY INDOOR SESSIONS

FUN, FAST AND FREE

NO EXPERIENCE OR EQUIPMENT NEEDED

WEAR WHAT YOU WANT

QUALIFIED COACHES

**FUN INDOOR CRICKET ACTIVITIES AND GAMES
5.00-6.00PM EVERY TUESDAY DURING TERM TIME
FOR AGES 8-16
EVERYBODY IS WELCOME**

**TREETOPS SCHOOL SPORTS HALL
TREETOPS APPROACH, GRAYS
RM16 2WU**

RUN BY ESSEX CRICKET IN THE COMMUNITY, FUNDED BY CHANCE TO SHINE

**TO REGISTER YOUR CHILD SCAN THE QR CODE ABOVE OR CONTACT
IAN.GRAY@ESSEXCRICKET.ORG.UK**



EAST TILBURY PRIMARY SCHOOL PFA

Join us!



PFA Volunteers



What Do We Do?

The PFA (Parent Friends Association) supports the school community by organising fun events like the Summer Bounce, Christmas Fayre and school discos, while also working with local businesses to raise funds for projects that benefit students, teachers and families.

Money raised helps provide important school improvements such as playground equipment, electronics and other resources.

The PFA also supports the school through volunteering activities including reading with children, gardening projects, arts & crafts and assisting on school trips.

New members and volunteers are always welcome to join, without help these opportunities will not be possible!

GET IN TOUCH:

ETSCHOOLPFA@GMAIL.COM

WWW.FACEBOOK.COM/EASTTILBURYSCHOOLSPFA

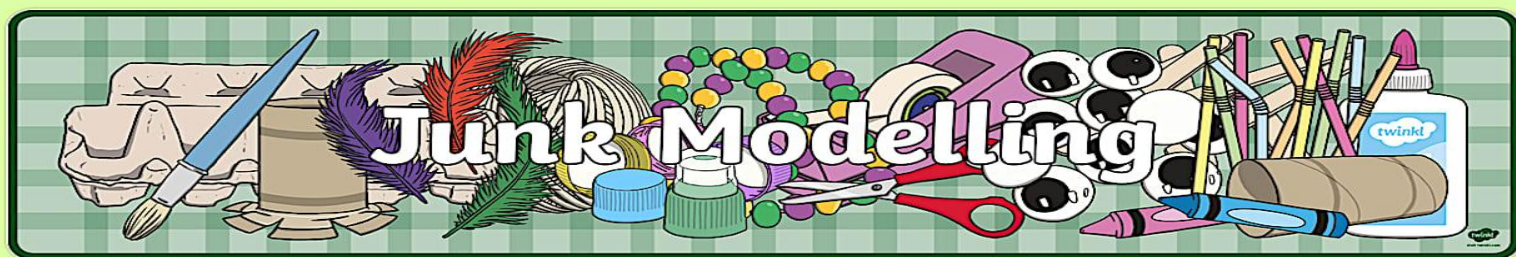
 **ETPS_PFA**



We need you...



Please label all children's school uniform. This helps us return lost property to the correct child and prevents parents from having to replace missing uniform as often. This is particularly important as the weather is colder and children are wearing jumpers/cardigans to school.



Our Year 1 classes are getting creative and are in need of junk modelling materials. If you have any of the following items at home, we'd love to have them:

- Toilet roll tubes
- Cereal boxes
- Egg boxes
- Any other clean, recyclable craft materials

Please hand them in to the Year 1 teachers or drop them off at the school office.

Thank you for your support!

Please ensure your child has a PE kit in school each day. If you are struggling with this, please contact Mrs Jarvis or Mrs Allen.

Thank You

 **Mud Kitchen Donations Needed!** 🍰

We're on the lookout for any **old pots, pans, baking trays, and plastic or wooden utensils** to help stock our mud kitchen! If you have any kitchen items you no longer need, we'd love to give them a second life in our outdoor play area.



SEND in Focus

Speech and Language Drop-in Advice Sessions



Do you have any concerns about your child's speech? If your child is not already under the care of the Speech and Language Services, you are able to gain advice and support by self-referring through: drop-in@nelft.nhs.uk

Once you have made contact the service, they will send a link where you can 'choose and book' an appointment at a time and place that is convenient for you and, following the drop-in session you will be emailed with the outcome of the session and a link to the advice that has been provided.

If you require any further information, please contact Mrs Mylam

Specialist Health Visiting Team Advice Line

**Tuesdays
and
Thursdays**

**Between
09:30am
11:30am**

**0300 300
1816**

Who Can Call?

Parents, Carers and Professionals for Children with additional needs that require specialist health advice and support, who are currently/previously known to the Community Paediatricians.



For more information on the Specialist Health Visiting Team, please scan the QR code.

NELFT

NHS



Autism Post Diagnosis Support

19th January Occupational Therapy

16th February Communication, Speech and
Language

16th March Feeding and Eating

20th April Toileting



North East London
NHS Foundation Trust

Has your child received a diagnosis of Autism?
Do you have questions or concerns?

The Specialist Health Visiting team Nursery Nurse and colleagues will be available on the third Monday of each month at the Child Development Centre, Gifford House, Thurrock Community Hospital, Long Lane, RM16 2PX

9:30am -10:30am

Each month we will have a different topic.

Please see dates and the topic for each session.

For more information please call 0300 300 1816



North East London
NHS Foundation Trust

Children's Occupational Therapy Preschool Drop-in Clinic

What is Occupational Therapy

Occupational Therapists focus on the day-to-day activities that children want or need to do. This often includes developing independence skills such as **dressing, participation in mealtimes, self – care, play etc.** We look at the child's physical ability to do these activities, but we also look at whether there are any other factors such as developmental stage, attention or regulation which could be impacting on their ability to engage.

Preschool Drop-in Clinic

This service is for **children aged 2-5 years** old who are registered with a GP within either **Basildon, Brentwood, or Thurrock**. If appropriate, you and your child will be offered a face-to-face appointment with an Occupational Therapist. Please note we do not offer Sensory Integration or accept to solely support an application for an Educational Health Care Plan (EHCP).



Please contact us to arrange an appointment on
childrensotdropin@nelft.nhs.uk

OT advice line for further assistance: 0300 300 1670



Diary Dates

Monday 4th May 2026	Bank Holiday
Tuesday 5 th and Wednesday 6th May 2026	Reception balance bike training (parent paid run by Thurrock council.)
w/b Monday 11th May 2026	Yr6 SATs week Mon –Thurs (Yr6 breakfast for sats all week)
Saturday 16th May 2026	PFA colour run
Tuesday 19 th May and Thursday 21 st May 2026	Year 2 external trip: Essex Fire Museum- 9:30am-1pm
Thursday 21 st May 2026	Call of the Wild Trip Year 3
w/b Monday 25th May 2026	Half Term
w/b Monday 1st June 2026	Times table check opens for yr4
Tuesday 2nd June 2026	Year 6 swimming
Thursday 4 th June 2026	–Class photographs
Monday 8th June 2026	Year 1 Phonics check starts
Monday 8th June 2026	Year 4 Egyptian Pyramid Workshops
Tuesday 9th June 2026	Year 5 Viking Longboat Workshops
Wednesday 17 ^h (9.30-10.30) EYFS Wednesday 17 ^h (1.30-3.00) Yr 3-4	Sports Day
Monday 22 nd June 2026	Half of Year 1 at Hyde Hall
Tuesday 23 rd and Friday 26 th June 2026	Reception Barleylands trip
Tuesday 30 th June 2026,	Half of Year 1 at Hyde Hall
Wednesday 8th July 2026	Open Evening
Monday 20th and Tuesday 21st July 2026	INSET days

Do you need support?

East Tilbury Primary Schools Online Pastoral Support.

We are very excited to launch our new Pastoral service to our school community. From today you can access support by completing a simple and quick online form.

We have been working hard over the last few months to set up extra support for our families which is very much needed at this challenging time. If you require support, then please do not hesitate to reach out. We are hoping this service will be a fantastic addition to the support we can provide for our school community. Please reach out if you need anything, we are always here to offer you support.

To make the process simple we have created a QR Code (at the top of the poster) which you can just scan, and this will take you directly to the form.

WE CAN HELP WITH

- Food
- School Uniform
- Hygiene Products
- Wellbeing

FOR MORE INFORMATION VISIT:

www.easttilburyprimary.thurrock.sch.uk



READERS OF THE WEEK

2RS
&
5SA

Congratulations

Each week, teachers keep track of how many pupils have read at home **at least five times**. The class with the highest number of regular readers is celebrated during our **Friday Celebration Assembly**. Let's keep up the great reading habits!

Class News

Reception

In reception this week we have been reading the story of Goldilocks and the three bears. We have drawn some lovely pictures and written some sentences about the characters and settings. In maths we have been looking at doubles and adding two numbers together.

We have designed and created some great salt dough Gingerbread men! We started last week by making our salt dough and cutting out our shape. The teachers then took these home to cook. We then designed the pattern we thought we could use to decorate them and used pens to improve and create our finished Gingerbread men. We have also had our road safety talks across this week.



Year One

This week, in PSHE, we have been talking about how to keep our bodies healthy and we designed a healthy packed lunch. In RE, we discussed different groups we are part of, like our families and our school. We thought about the happy feelings we get when we are with our friends and looked at how clothes and symbols show we part of a team. We all created a 'belonging badge' to show a group that we are a part of. In geography, we identified the four countries which make up the United Kingdom. We looked at the different Capital cities and some specific features of each country. We used Google Earth to locate the position of the United Kingdom in the world, before using an atlas to find each of the four countries of the UK. Our final task was to complete a puzzle to put all of the four countries together to build the UK, along with adding labels for the capital cities.

Class News

Year Two

Year 2 have been working hard to prepare for striking and fielding games by developing their catching skills in PE lessons. The children practised catching with increasing confidence, focusing on keeping their eyes on the ball and using safe, controlled movements.

They also learned how to use their non-throwing hand to help direct and co-ordinate their throws, improving both accuracy and control. It has been wonderful to see their teamwork, determination, and growing skill set as they build the foundations for future games. Well done, Year 2!

Year Three

In Maths the children have been continuing their hard work telling the time. They have been working hard on reading both analogue and digital clocks, focusing specifically on "past" and "to" the hour. Ask your child to tell you the time at home this weekend—it's the best way to keep those skills sharp!

In English, our young writers have stepped into the role of journalists and researchers. We have been crafting non-chronological reports on natural disasters. From the tectonic shifts of earthquakes to the fiery eruptions of volcanoes, the classroom has been filled with fascinating facts. The children have focused on using technical vocabulary, subheadings, and introductory hooks to keep their readers engaged.

Reminders for Parents:

- **PE Kits:** Please ensure full PE kits are back in school now we're back from half term.
- **Reading Records:** We love seeing those signatures! Aim for at least 10 minutes of reading every night.
- **Homework:** Please encourage your children to complete the paper homework we send home.

Class News

Year Four

Year 4 have had a fantastic week full of hands-on learning across the curriculum. In Science, the children explored electrical circuits using a range of resources. They investigated how circuits work and even used their own bodies as part of a circuit with an energy stick, which really brought the learning to life and sparked lots of curiosity and excitement.

In History, the focus was on Ancient Egypt. The children worked hard to create timelines of key events, carefully ensuring everything was placed in correct chronological order. This helped them develop a clearer understanding of how events fit together across time.

Our Art lessons were wonderfully creative. The children produced thoughtful still life drawings, paying close attention to composition and proportion. They collected items from the playground and field and combined these with objects from the classroom, creating an interesting mix of natural and man-made objects.

In Geography, we explored The River Thames, learning about its journey and discovering that it flows all the way to East Tilbury near Coalhouse Fort. The children were particularly interested in how this important river links different places across the country, including our local area.

Please remember as the weather heats up that hats and sun cream are a good idea. Also, keep on practising those times tables, our Multiplication Table Check will be in early June!



Class News

Year Five

This week has been an interesting and engaging one in Year 5. Pupils thoroughly enjoyed their final lesson on the Maya civilization, where they explored the reasons behind its decline. This sparked thoughtful discussions about global migration, the importance of preserving ancient cultures, and what modern Maya life looks like today. On Wednesday, we marked Earth Day with a 30-minute live lesson. Pupils learned about the effects of carbon emissions on our planet and discussed practical steps we can all take to help protect the environment. It was fantastic to see their enthusiasm and awareness around such an important global issue. We are continuing our focus on road safety, with an enthusiastic workshop and an opportunity to practice outside. They explored key rules such as using designated crossings, staying alert, and making sensible decisions near traffic to help keep themselves and others safe. In Maths, we began our new unit on Transformations. Pupils started by describing and representing the position of shapes following translation. They also learned how to describe positions on a 2D grid using coordinates, building a strong foundation for further work in this area.

It has been a productive and enjoyable week. We hope you all have a wonderful and restful weekend!

Year Six

What an incredible week it's been for Year Six! They tackled their mock SATs with impressive resilience and confidence, showing just how much they've grown as learners. We're so proud of the determination they brought to every challenge.

In science, we explored the fascinating world of evolution, discovering how animals adapt over long periods of time to survive and thrive. Our English lessons have been buzzing with creativity as we wrapped up our poems inspired by *Thinkers Rap* and *Pets' Day*, letting our lyrical talents shine.

History took us on a journey to the world of Bata, where we learned about the unique community of East Tilbury. The children then designed their own imaginative Bata-style settlements, blending history with creativity in brilliant ways.

Year Six have truly shown what they're capable of this week, and we can't wait to see what they achieve next.



Reach for the Stars



Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!

RJG	Caillen	For making great choices and for being a caring friend.
RMB	Nora	For her hard work with doubling in Maths this week
RES	Cameron	For his excellent work in maths.
1SL		For applying his number bond knowledge in maths this week
1CD	Avery	Working so hard to improve his reading
1EC	Miah	For always engaging well with her learning
2BG	Joseph	For his improvement in his handwriting
2NB	Melua and Holly	For their amazing attitude to learning across the week.
2RS	Louis T	For his hard work across all subjects this week.
3TG	Ekamjit	For settling in well and having a great first week.
3CS	Austin	For setting a fantastic example for the whole class. Your dedication to your work and your positive attitude are inspirational.
3MR	Ivy P	For always showing a positive working attitude and resilience in school.
4ML	Daisy	For helping others and being a positive role model
4CP	Ruth A	For an amazing week and improved attitude to learning
4BA	Grace C	For her amazing effort in Art this week.
4KC	Feya R	For consistently contributing in lessons and showing great effort.
5SG	Aleksey	For always being a fantastic role model to all his peers.
5SA	Tomas S	For always making great choices, working hard, and being a brilliant role model.
5LC	Penelope	For always working hard, making good choices and being a super role model.
6AB	All of 6AB	For showing commitment and resilience with their mock sats.
6NM	All of 6NM	For showing commitment and resilience with their mock sats.
6TH	All of 6TH	For showing commitment and resilience with their mock sats.



Thurrock
Teacher Training

Get into Teaching

St Clare's School

Lead ITT provider in partnership with Tes institute are pleased to announce that trainee places are available for the academic year 2025/2026.

*'Our trainees success rate
Securing QTS = 100%
Employed = 100%'*



Our partner schools for
2025/2026 include:

Primary

Chadwell St. Mary, Deneholm, East Tilbury, Thameside, Stifford Clays, Horndon-on-the-hill, Stanford-le-Hope, Doddinghurst, Little Thurrock, Arthur Bugler, Warren Primary, Bonnygate Primary, Woodside Academy

Secondary

Grays Convent, Marshalls Park, Ormiston Park Academy, St. Clare's School, William Edwards The Gateway Academy, Brentwood County High, Hathaway Academy, Orsett Heath Academy

"The Tes Institute course was brilliant, and I would recommend it to others who are thinking of entering a career in teaching"
- 2024 Trainee

For all enquiries please contact:
thurrockteachertraining@osborne.coop

What Parents & Educators Need to Know about IMAGE-ALTERING FILTERS

From playful puppy ears on Snapchat to 'beauty mode' on TikTok, image-altering filters are now a routine part of how young people communicate online. While many are harmless, others subtly reshape people's faces and bodies. This can blur the line between reality and edited content, potentially influencing how children and young people see themselves and others.

WHAT ARE THE RISKS?

ALTERED BEAUTY STANDARDS

Many 'beauty' filters smooth skin, reshape facial features, or adjust body proportions. Over time, repeated exposure to these filters can shift a child's idea of what is 'normal' or attractive, creating unrealistic expectations about their own and others' appearances.

PRESSURE TO LOOK PERFECT

Filtered images can often attract more 'likes' and positive comments. This can encourage children and young people to rely on editing tools to gain others' approval, rather than feeling confident in their natural appearance.

LOW SELF-ESTEEM

Regularly viewing heavily filtered content can lead to comparisons with unrealistic images. This is linked to body dissatisfaction and reduced self-esteem, particularly among children and teenagers.

HIDDEN ADVERTISING

Some filters are linked to beauty products or trends, subtly promoting third-party brands. Children and young people may not recognise this as advertising, while also sharing personal data – such as facial images and usage habits – with apps and third parties.

BLURRED REALITY

As filters become more advanced and natural-looking, it can be difficult for children and young people to distinguish edited content from real life, especially when filters are used in everyday photos and videos.

SEXUALISED EDITS

Certain tools can make users appear older or more sexualised. This may attract unwanted attention, increase the risk of images being shared without consent, and expose young people to unsafe interactions.

Advice for Parents & Educators

START OPEN CONVERSATIONS

Talk regularly about filters, such as how they work and why people use them. Ask the children and young people in your care how filtered images make them feel and encourage honest discussion without judgement.

REINFORCE WHAT'S REAL

Help children and young people understand that filtered images are digitally altered and are not an accurate reflection of real life. Emphasise that they don't need to meet these artificial standards.

CHALLENGE 'PERFECT' POSTS

When viewing content together, gently point out the signs of editing, filters, or posing techniques. This builds critical thinking and helps children and young people question unrealistic images.

PROMOTE OFFLINE CONFIDENCE

Encourage activities that build self-worth beyond appearance, such as sports, hobbies, friendships, and creative interests, so that confidence isn't tied solely to online validation.

Meet Our Expert

Parven Kaur is a digital parenting expert and founder of Kids N Clicks, a platform dedicated to helping parents navigate the online world alongside their children. She is an expert contributor for Internet Matters, offering practical guidance on emerging online safety issues. Her insights have been featured by the BBC, The Telegraph, TalkTV, and other major media outlets, supporting families across the UK.



The National College

See full reference list on our website

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.04.2026

Keep in Touch



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email: office.etp@osborne.coop

East Tilbury Primary School

Princess Margaret Road
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed. Log on and have a look!



Twitter:
[@EastTPrimary](https://twitter.com/EastTPrimary)



At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

- Mrs Dawson

Due to the size of the school, we have the following designated staff who can deputise in the Headteacher's absence:

- Mr Gowland
- Mrs Jarvis
- Mrs Mylam
- Mrs Allen
- Mrs Sheridan

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone immediately if you believe it is urgent.

Thurrock MASH (Multi Agency Safeguarding hub), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team (for out of hours) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 www.childline.org.uk · NSPCC 0808 800 5000 www.nspcc.org.uk; www.facebook.com/nspcc



Tues 14:00-16:00: St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

Tues 11:00-13:00: St. John the Baptist Church, Tilbury, Dock Road, Tilbury, RM18 7PP

Weds 11:00-13:00: Gateway People's Centre, High Street, Stanford Le Hope, Essex, SS17 0EY

Weds 13:00 -14:30: Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

Thurs 11:00-13:00: St. Francis Centre, Somerset Rd, Linford, SS17 0QA

Thurs 11:00-13:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Fri 10:12:00: St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD


Sat 09:30-11:30: Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

Sat 10:00-12:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Sat 10:00-12:00: Christian Gates of Praise International Christian Centre, 79-83 London Rd, RM175YF


Osborne Term Dates for 2025-26 (Approved by Trust Board 24/09/24)


September 2025							October 2025							November 2025							December 2025						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
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22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				
January 2026							February 2026							March 2026							April 2026						
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May 2026							June 2026							July 2026							August 2026						
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25	26	27	28	29	30	31	29	30						27	28	29	30	31			24	25	26	27	28	29	30
																					31						

 = School Days

 = School Holidays

 = Bank Holidays

 = Weekends

 = additional autumn half term

 = Trust training day