



Newsletter

19th May 2023

Dear Parents/Carers,

It has been lovely to finally have some sunshine this week! Today was our curriculum enrichment day for many of the year groups and lots of creative learning took place. Yr 2 studied the great fire of London and y5 were involved in an exciting arts project!

Kinetika T100 – Sounds

You may recall that we have worked with a local Arts provider in previous years known as Kinetika. We are pleased to report that we are continuing our partnership with the organisation! This year our year 5 children will be involved in the 'T100 – Sounds' festival. We were delighted to welcome volunteers from the organisation to provide a workshop for our yr 5 classes this morning. Each class learnt about sounds from the past and present and how important places in East Tilbury may have sounded in the past. We look forward to continuing this collaboration and more information will come out to you as the project unfolds.

Our school Facebook page

Please do check out our school Facebook page! It has lots of interesting information for parents about the day-to-day life of our school and upcoming events. It is a great source of information and many of our families tell us how helpful it is.

Parent and Carer workshop- helping children deal with the emotion of anxiety

It was great to have our first workshop for parents this week, in partnership with Thurrock wellbeing services. There are two further sessions coming up: Wednesday 24th May 9-10am and Wednesday 7th June 9-10am (all held in the school Library). Please look out for information on our Facebook page and your emails from the school.

We hope that you enjoy the weekend ahead,

The leadership team



SEND Coffee Morning



The next SEND coffee morning is scheduled for Thursday 25th May at 9am and will be attended by someone from the PATT team (www.patt.org.uk) who will be able to discuss SEND provisions. We look forward to seeing you there.

PE KIT

For PE this term all lessons will be athletics and a Striking and fielding (cricket or rounders).

Could all children please have a PE kit in school

everyday. If you are unable to provide your child with a PE kit please use our uniform shop as we will donate them to any families that cannot provide a PE kit for their child. Please ensure the PE kit is labelled and is in a bag labelled with your child's name.

PE kit should include

- Plain white T-shirt
- Navy shorts
- Tracksuit (for outdoor sports in the winter)
- Trainers/plimsolls (children should not be wearing their school shoes for PE. This can be a health and safety issue and also brings mud from the school field into the classrooms).

Thank you



Absence

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please Telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

Home Visits will be carried out for any child that is absent for 3 or more school days without reason.



This week is Mental Health Awareness Week which focuses on the theme of anxiety.

It is normal for any child to feel a bit worried or anxious about events and situations in their lives but they may need some help if their anxiety starts to affect their wellbeing and gets in the way of their everyday lives.

The NHS identifies:

When young children feel anxious, they cannot always understand or express what they are feeling. You may notice that they:

- become irritable, tearful or clingy
- have difficulty sleeping
- wake in the night
- start wetting the bed
- have bad dreams

In older children you may notice that they:

- lack confidence to try new things or seem unable to face simple, everyday challenges
- find it hard to concentrate
- have problems with sleeping or eating
- have angry outbursts
- have a lot of negative thoughts, or keep thinking that bad things are going to happen

start avoiding everyday activities, such as seeing friends, going out in public or going to school

Take a look at these websites for further information on how to support your child if you are worried about their levels of anxiety:

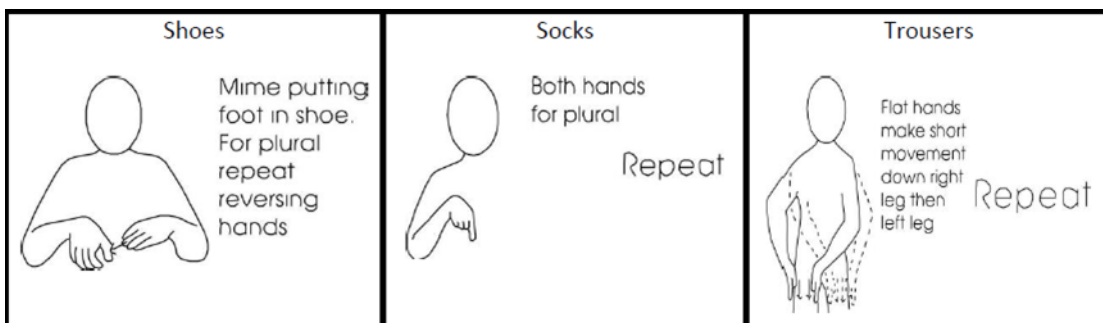
<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/anxiety-in-children/>

<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/anxiety-in-children/>

<https://www.mentalhealth.org.uk/explore-mental-health/publications/anxious-child>

Makaton Signs of the Week:

Next week, we will start to learn the signs for items of clothing, which your child can practise whilst getting ready for school or for PE lessons.



Shoes: https://www.youtube.com/watch?v=VdbK0IME_2U

Socks: <https://www.youtube.com/watch?v=fZ1cmmI6kg0>

POLITE NOTICE

At East Tilbury Primary we motivate the children to take an active role in being eco-friendly and as part of this, we encourage pupils to choose to walk, scoot and bike to school, to help lower carbon emissions from cars.



We ask parents/carers to encourage pupils to be safe and responsible when riding bikes and scooters. Children should take care when passing or approaching other children and should dismount their bike or scooter on entering the school grounds.

This is particularly important outside the Year 1 gate near to Little Angles as younger children walk up and down that pathway. Please avoid riding scooters/bikes in this area to help us keep everyone safe.

Thank You

PARKING

Could you please be vigilant and courteous if you bring your vehicle onto the school grounds and refrain from parking on any zig zag lines or on the zebra crossing.

The children's safety is of paramount importance.

Thurrock Teacher Training | **Get into Teaching**

St Clare's School
Lead ITT provider in the TTSA and in partnership with the TES institute are pleased to announce that trainee places are available for the academic year 2022/2023.
'Our trainees success rate Securing QTS = 100% Employed = 100%'

Our partner schools for 2022/2023 include:

Primary
Chadwell St. Mary, Deneholm, East Tilbury, Thameside, Stifford Clays, Horndon-on-the-hill, Stanford-le-Hope, Doddinghurst, Little Thurrock, Arthur Bugler, Warren Primary, Bonneygate, Woodside.

Secondary
Grays Convent, Marshall's Park, Ormiston Park Academy, St. Clare's School, William Edwards, The Gateway Academy, Brentwood County High, Hathaway Academy, Thames Park.

'The Tes course was brilliant, and I would definitely recommend it to others who are thinking of entering a career in teaching.'
- 2022 Trainee

For all enquiries, please contact thurrockteachertraining@osborne.coop

Are you a graduate? Have you thought about a career in teaching? East Tilbury Primary School are part of the Thurrock Teacher Training Partnership and we are looking for potential trainee teachers. Please contact Mrs Jarvis if you are interested or would like to know more.

Risk Assessments

If your child has an injury and has been given medical advice that we need to follow as a school, please bring them to the school office for 8.15am on their first day back at school following the injury so that we can complete a risk assessment.

Thank you for your cooperation.



Do you need support?



East Tilbury Primary Schools Online Pastoral Support.

We are very excited to launch our new Pastoral service to our school community. From today you can access support by completing a simple and quick online form.

We have been working hard over the last few months to set up extra support for our families which is very much needed at this challenging time. If you require support, then please do not hesitate to reach out. We are hoping this service will be a fantastic addition to the support we can provide for our school community. Please reach out if you need anything, we are always here to offer you support.

To make the process simple we have created a QR Code (at the top of the poster) which you can just scan, and this will take you directly to the form.



WE CAN HELP WITH

- Food
- School Uniform
- Hygiene Products
- Wellbeing

FOR MORE INFORMATION VISIT:

www.easttilburyprimary.thurrock.sch.uk

Please find more information about this on our school website or Facebook Page.

Important dates:

Wednesday 24th May 2023	Parent/Carer Anxiety Gremlin workshop—session 2
Thursday 25th May 2023	SEND Coffee morning
Friday 26th May 2023	Non-Uniform Day
Monday 29th May 2023 —Friday 2nd June 2023	May Half Term
Monday 5th June 2023	Pupils return to school
Wednesday 7th June 2023	Parent/Carer Anxiety Gremlin workshop—session 3
Thursday 8th June 2023	School Photos (Class)
Friday 9th June 2023	Reception 2023 intake meeting—2pm
Wednesday 21st June 2023	Reception Sports Day
Friday 23rd June 2023	KS1 and KS2 Sports Day
Thursday 29th June 2023	Kinetica T100 walk (year 5)
5th, 6th and 7th July 2023	St Clare's Transition Days
Monday 10th July 2023	Class Open event 3.20pm-5pm
Thursday 13th July 2023	Year 6 camping on the field
Friday 14th July 2023	Curriculum enrichment day
Friday 14th July 2023	Reports go out to parents
Monday 17th July 2023	Year 6 Bata Awards
Wednesday 19th July 2023	Year 6 leavers performance
Thursday 20th and Friday 21st July 2023	INSET days—school closed to pupils
Monday 24th July 2023	First day of summer holidays



How are you?

Sad? Stressed? Anxious?

Worried? Tearful? Overwhelmed?

Want help?



Your Mental Health First Aider is

Miss. Mills

Training provided by



There are plenty of different types of support out there, and a Mental Health First Aider can help you access the support you need to feel better.

Mental Health First Aiders are a point of contact if you, or someone you are concerned about, are experiencing a Mental Health issue or emotional distress. They are not therapists or psychiatrists but they can give you initial support and signpost you to appropriate help if required.

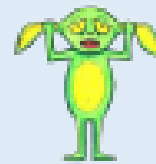
To arrange a meeting, please contact me via email: mhfa.etp@osborne.coop



School Wellbeing Service

Brighter Futures

Parent/Carer Anxiety Gremlin workshop



Session 1: Wednesday 17th May, 9am-10am

Session 2: Wednesday 24th May, 9am-10am

Session 3: Wednesday 7th June, 9am-10am

Starving the Anxiety Gremlin is a book by Kate Collins-Donnelly, a successful child therapist and psychologist. The book focuses on teaching children about the emotion called anxiety. It looks at what anxious thoughts they may have and how they might feel when they experience these. It also teaches them strategies to manage these anxious thoughts and feelings and hopefully, as a result, help them become more confident as they grow older. These parent/carers sessions are based on the theory from these books and will be referred to throughout.

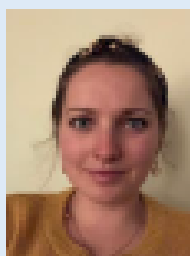
The sessions will give you a good understanding of anxiety through self-reflection, focussing on your own experiences, which will help you support your child at home with a wider understanding of their needs. The programme is split into three sessions:

Session 1: Understanding the theory of anxiety

Session 2: Parenting anxious behaviours

Session 3: Strategies to help manage anxiety

Meet the School Wellbeing Practitioners who will be attending:



Samantha Walsh
Senior Wellbeing Practitioner



School Wellbeing Service

Brighter Futures



Lisa Hyde
Wellbeing Practitioner

All sessions will be held in the school library. Please enter (9am) and exit via the Year 3 gate. We look forward to seeing you there.



Osborne
Co-operative Academy Trust

**SUPPORT, INSPIRE &
MAKE A DIFFERENCE!**

BECOME A SCHOOL GOVERNOR



We are always looking for people that want to make a real difference for children and young people in the community.


Is this you?


If it is then becoming a governor could be just the thing for you!

Scan the QR code below with your phone's camera to watch a short video about what it's like to be a school governor at an Osborne Trust School...



If you are interested and want to know more, please call or email us...

 **01375 648966**

 **info@osborne.coop**

Self-help / Self-responsibility / Democracy / Equality / Equity / Solidarity

Scholar's Graduation - An Afternoon on Campus.

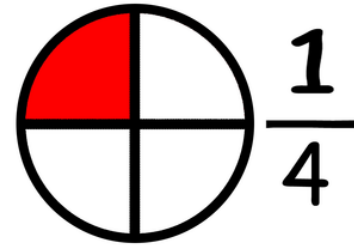
On Thursday afternoon, our Year 5 scholars attended their graduation at Magdalene College, Cambridge. They explored the peaceful, picturesque campus and were in awe at the university culture. The inspirational tour was issued by current Cambridge University students, who answered a plethora of insightful questions into University life including how they made the decision to enter further education.

The day was capped off by a Graduation Ceremony, where each pupil stood at the front of the lecture theatre and their achievements - the successful completion of a scholarship programme, requiring a 500-word essay - were celebrated.

Well done to all 12 pupils! You have made the Year 5 team, and East Tilbury Primary, extremely proud.

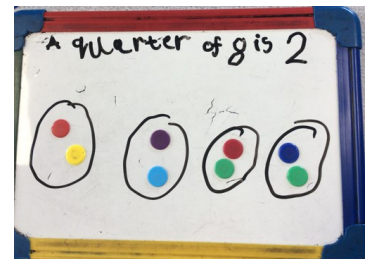


Year One



In English this week we have been learning about the life of Grace Darling, who was one of the Victorian era's most celebrated heroines. On 7 September 1838, she risked her life to rescue the stranded survivors of the wrecked steamship. Queen Victoria sent her a special letter and awarded her £50 for her bravery. We have enjoyed creating a story board to sequence the events of the famous rescue.

In Maths this week, we continued our learning on fractions. We explored finding a quarter of an object or shape. We understood that a quarter is one of 4 equal parts. After this we explored finding a quarter of a quantity.



Year 2

This week we have had a Great Fire of London enrichment day.

In groups we acted out the events of the fire and thought about what our characters would do and say.

Then we discussed what London looked like in 1666. Using chalk, we drew Tudor houses and flames on the playground. In teams, we had to put out the fire draw with water. We had lots of fun!



We also created Great Fire of London collages. We used different media such as Paint, tissue paper, and card to create the background and then added black silhouettes for the houses.

This week in Year 3...

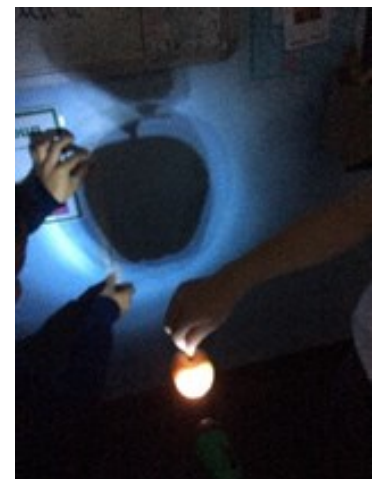
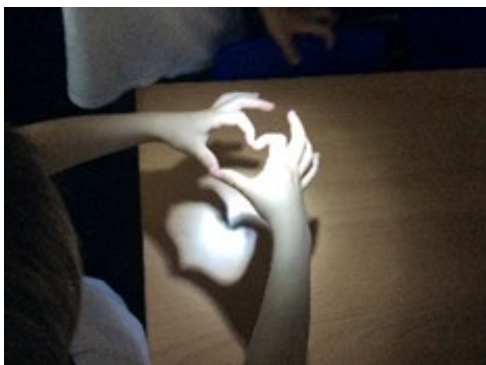
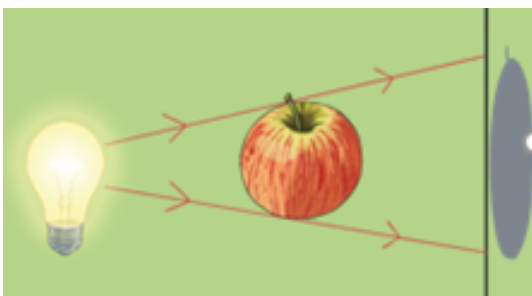
Luckily, the sun has finally decided to show its self!

The sun, a natural light source helped us with our Science lesson this week. As part of our unit on 'Light', we have been looking at shadows. Shadows are created when an opaque object blocks light. The light cannot go through or around the object, so a darker patch of less light is created behind the object.

In 3NM, we went outside (in the morning) and tried to capture our shadows by drawing around them with chalk. A few hours later (after lunch), we noticed that our shadows were now being created from a different direction. B.C. was quick to explain that the suns (natural light source) position had changed and that this decides the direction of our shadows.

We have also been investigating how shadows change when the distance between the light sources and object changes.

Our investigation let to this: "the smaller the distance between the light source and the object, the bigger the object's shadow is." Explained by TMC.



Year 4

This week in English, the children have been looking at a variety of Myths, where we have been looking at descriptive writing and using a range of figurative devices. By the end of the week, we have planned and begun to create our own myth. In maths, there has been a range of activities including, looking at fractions, multiplication and missing numbers. In PE, we have continued with athletics by practicing long jump and throwing events. Within Science, we have continued with States of Matter, but concentrating on liquids. Finally, on Friday, it is an enrichment day, we will be designing and creating our own Canopic jars.

Year 5

This week, Year 5 have focused on the propaganda used during World War 1. We have analysed the different types of posters employed and examined why certain words and phrases were used to inspire individuals to contribute to the war effort. Our investigations have encompassed various perspectives, including those, specifically of the British and the Germans. We analysed the various types of propaganda employed during the war and identified both similarities and differences between the British and the Germans. Recognising how, each side attempted to embellish their narratives in order to vilify their enemies. Subsequently, we were given time to design our own propaganda posters. The posters aimed to encourage men to enlist in the army, women to work in factories, and families to avoid wastage.





Year 6 News

NEWS ALERTS



Welcome to the jungle!

We are thrilled to present 'I'm an 11 Year Old, Get Me Out of Here!' This year's end of year production will be a wild adventure as our talented students take on the challenges of the jungle and discover what it means to truly be a survivor.

We have also just introduced this to the children So will be busy rehearsing over the next couple of months – auditions have taken place this week.

Maths Art:

This week has been a blast! Our budding artists have been unleashing their creativity by creating tessellations in class. We are extremely impressed by their imaginative approach to mathematics as they design alluring patterns that repeat seamlessly.

PE — athletics:

Year Six have worked as a whole year group during their PE lessons. Pupils have been given the responsibility of creating and running their own sports day-style stations on the field. There were various activities, including: long jump, hurdles, football dribbling, javelin, relays and many, many more.

Collaboration in action; Solidarity!

As a sign of solidarity, Year 6 Pupils have been working collaboratively with different pupils from across the school. Each Y6 class has paired up with a KS1 and a KS2 class. Here is a picture of some shared-reading; there's even a little cameo from Mr Beven (who was partaking in the collaboration).

Have an amazing weekend!

Year 6 Team




Looking After Your **WELLBEING ONLINE**


We all know that taking care of our minds and bodies is essential to keep us feeling happy and healthy. The thing is, we spend so much of our time online these days that it's also important that we remember to look after ourselves in the digital world, too. Our poster has got some simple but useful tips for supporting your wellbeing while you're gaming, on social media or just using the Internet.



 @natonlinesafety

 /NationalOnlineSafety

 @nationalonlinesafety

 @national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 17.05.2023

REACH!! FOR THE STARS

Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!

RJG	Abdulai	For participating in a class game.
RMB	Harry	For working hard to follow the class expectations and participate during carpet time.
RFC	Araoluwa	For writing simple sentences independently.
RES	David	For being kind and caring about his friends and teachers.
1CH	Feya	For working extremely hard in maths this week.
1GC	Callum	For his excellent contributions to class discussions this week.
1FK	Ella	For making a great effort with her writing in English this week.
1BA	Jacob	For being an excellent role model for his peers.
2MR	Reggie	For having a positive learning attitude, especially with his reading. And having a snazzy new hair cut!
2RS	Sajon	Making a great start at East Tilbury Primary School.
2NL	Ryan	For supporting others to try their best in the classroom.
2RM	Charlie M	For his exceptional effort both in school and at home this week.
3EC	Finley T	For always being ready to learn.
3LD	Evie T	For her excellent explanations and always trying her best.
3NM	Martin W	For an excellent week of independent and cooperative working.
4TH	Indra O	Her creative and well-made sketches.
4BG	Rosie M	For writing a detailed story, using all the correct features.
4SA	Jaden S	For trying his hardest in English this week.
5AB	Anastasia S	For her creativity, when creating her own mammal.
5JP	Joshua D	for developing a growth mindset to lessons and being aspirational with his learning.
5NB	Zak C	For his keen interest and engagement in history.
6CP	Alfie G	For encouraging his peers during PE.
6LC	Renat V	For being a supportive mentor to Y1 pupils.
6VP	Scarlett	For demonstrating solidarity and considering the learning environment of our classroom.
6JM	Lexi L	For being a supportive mentor to younger pupils.

Maths Marvels



15th May - 19th May 2023

🏆 5NB

39

5AB

15

5JP

8

15th May - 19th May 2023

🏆 4SA

112

4BG

5

4TH

3

15th May - 19th May 2023

🏆 3NM

411

3EC

153

3LD

24



Well done to everyone who has accessed TTRS this week! Keep logging on and getting more points for your class.

Who will be our TT Rock Stars leaders next week?

All classes		Activity points	Skill Quests points	Points - Live	Total points
3NM	>	7280	100	0	7380
RMB	>	2980	0	0	2980
4BG	>	300	100	74	474
1BA	>	100	0	0	100
3LD	>	100	0	0	100
5JP	>	100	0	0	100
RJG	>	100	0	0	100

ETPS PFA Update

**SUPPORT
OUR LOTTERY
TODAY**

£1 per week

Weekly cash prizes

£25,000 jackpot



Splitting the £1.00

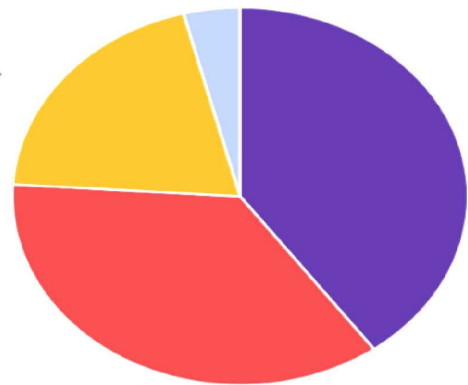
How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to East Tilbury Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to East Tilbury Primary School



- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school



To start supporting, visit:
yourschoollottery.co.uk
and search for: **East Tilbury Primary**

Supporters must be 16 years of age or older





Do you receive any of the following?

- Income support
- Employment Support Allowance (Income Related)
- Income based Job Seekers Allowance
- Guaranteed Pension Credit
- Child Tax Credit and your income (as calculated by the Inland Revenue) is less than £16,190
- Universal Credit
- Receiving support under Part VI of the Immigration and Asylum Act of 1999
- In the Armed Forces

If you can answer yes to any of the above you may qualify for free school meals/Pupil Premium

The school office will help with your application. If your application is successful not only will your child receive free school meals, but our school will receive £1,300 additional funding (per child). This is called Pupil Premium.

All applications are confidential.





Thurrock
Teacher Training

Get into Teaching

St Clare's School

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Arthur Bugler, Warren Primary, Bonneygate,
Woodside.

Secondary

Grays Convent, Marshalls Park, Ormiston Park
Academy, St. Clare's School, William
Edwards, The Gateway Academy, Brentwood
County High, Hathaway Academy, Thames Park

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- 2022 Trainee



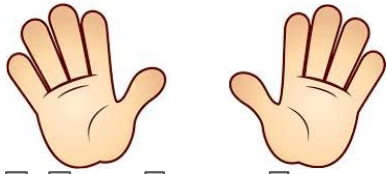
For all enquiries, please contact
thurrockteachertraining@osborne.coop



2022-2023 SCHOOL TERM DATES

September 2022							October 2022							November 2022							December 2022							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
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January 2023							February 2023							March 2023							April 2023							
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	School Holiday
	Bank Holiday
	Additional Autumn Half Term (currently Thurrock schools only)
	Inset days, schools closed to students (20 th /21 st July payback for Twilight sessions)
	Trust Conference, schools closed to students



Help is at hand

Keep in touch!

We are missing being in contact but do not forget we are still here to help where we can.



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email: office.etp@osborne.coop



East Tilbury Primary School
Princess Margaret Road
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed.

Log on and have a look!



Twitter: [@EastTPPrimary](https://twitter.com/EastTPPrimary)

At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

- ◇ Mrs Bates
- ◇ Mrs Dawson

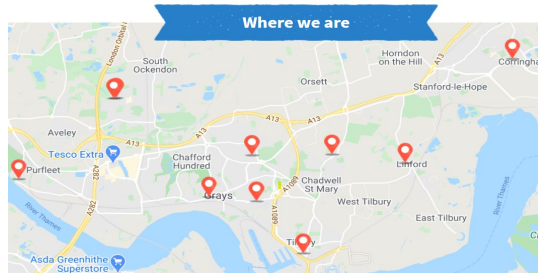
Due to the size of the school, we have the following designated staff who can deputise in the Head of School's absence:

- ◇ Mr Gowland
- ◇ Mr Bennett
- ◇ Mrs Jarvis
- ◇ Mrs Mylam
- ◇ Mrs Allen

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone **immediately** if you believe it is urgent.

[Thurrock MASH \(Multi Agency Safeguarding hub\), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team \(for out of hours\) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 \[www.childline.org.uk\]\(http://www.childline.org.uk\) · NSPCC 0808 800 5000 \[www.nspcc.org.uk\]\(http://www.nspcc.org.uk\); \[www.facebook.com/nspcc\]\(https://www.facebook.com/nspcc\)](#)



LOCATIONS

Here are the opening times and locations for our foodbank centres. Everyone who comes to the foodbank for emergency food needs to have a valid foodbank voucher.

Tues 14:00-16:00: St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

Weds 09:30-12:00: Thurrock Christian Fellowship, 2-4 Chase Rd, Corringham, S17 7QH

Weds 13:30-15:00: Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

Thurs 11:00-13:00: St. Francis Centre, Somerset Rd, Linford, SS17 0QA

Thurs 11:00-13:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Fri 10:12:00: St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD

Sat 09:30-11:30: Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

Sat 10:00-12:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Sat 10:00-12:00: Christian Gates of Praise International Christian Centre, 79-83 London Rd, Grays, RM 17 5YF