



Newsletter

18th November 2022

Dear Parents and Carers,

Children in Need

It was great to see the children and staff dressed up in their Pugsy clothes today. The money raised from this non-uniform event will go straight to the 'Children in Need' appeal and be used to support vulnerable children and families across the UK and abroad. Thank you for your support in raising money for this worthy cause.

Parking on the roads around the school

Please be respectful of the many families walking to school when parking your cars on roads adjacent to the school. Parking should be in marked bays or legal zones on the road. A number of parents have commented on near misses due to cars parking illegally on side roads. Thank you for your support in keeping the school community safe as they travel to and from school.

Men's Football World Cup

The men's football world cup kicks off this weekend with England due to play their first game on Monday afternoon. In school on Monday, we will be learning about the history, geography and sport of football. Following this there will be an opportunity for children to watch the England game in school. Creative activities for those who do not wish to watch the game will be available.

Parent Workshop

On Wednesday morning at 9am, we are hosting a parenting workshop at the school around wellbeing and anxiety. Please see the communication sent out earlier in the week on facebook and via your emails for more details.

We wish you a relaxing weekend ahead,

The Leadership Team



Friday 16th of December—Non-Uniform

PARKING

Could you please be vigilant and courteous if you bring your vehicle onto the school grounds and refrain from parking on any zig zag lines or on the zebra crossing.

The children's safety is of paramount importance.

PE KIT

Could all children please have a PE kit in school **everyday.** If you are unable to provide your child with a PE kit please use our uniform shop as we will donate them to any families that cannot provide a PE kit for their child. Please ensure the PE kit is labelled and is in a bag labelled with your child's name.

Thank you



SEND Coffee Morning

The next SEND coffee morning is scheduled for Thursday 15th December at 9am and will be attended by the school nurse, for if you have any queries about your child's health. We look forward to seeing you there.

Pantomime Raffle

Tickets can be bought from the main school office. Just pop along and ask for a 'Beauty and the Beast' raffle ticket between 8AM and 4PM Monday to Friday and we will give you a raffle ticket for just £3 each. If you are unable to get to the office, send your raffle ticket money into class in a sealed, labelled envelope and we shall send you your ticket. Sales of raffle tickets can be made until 4PM on Thursday 1st December 2022

The winning ticket number will be announced on Friday 2nd December

It was wonderful to see so many pupils in non-uniform today.



Thank you for your donations for Children In Need. As a school we have raised £340.



Absence

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please Telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

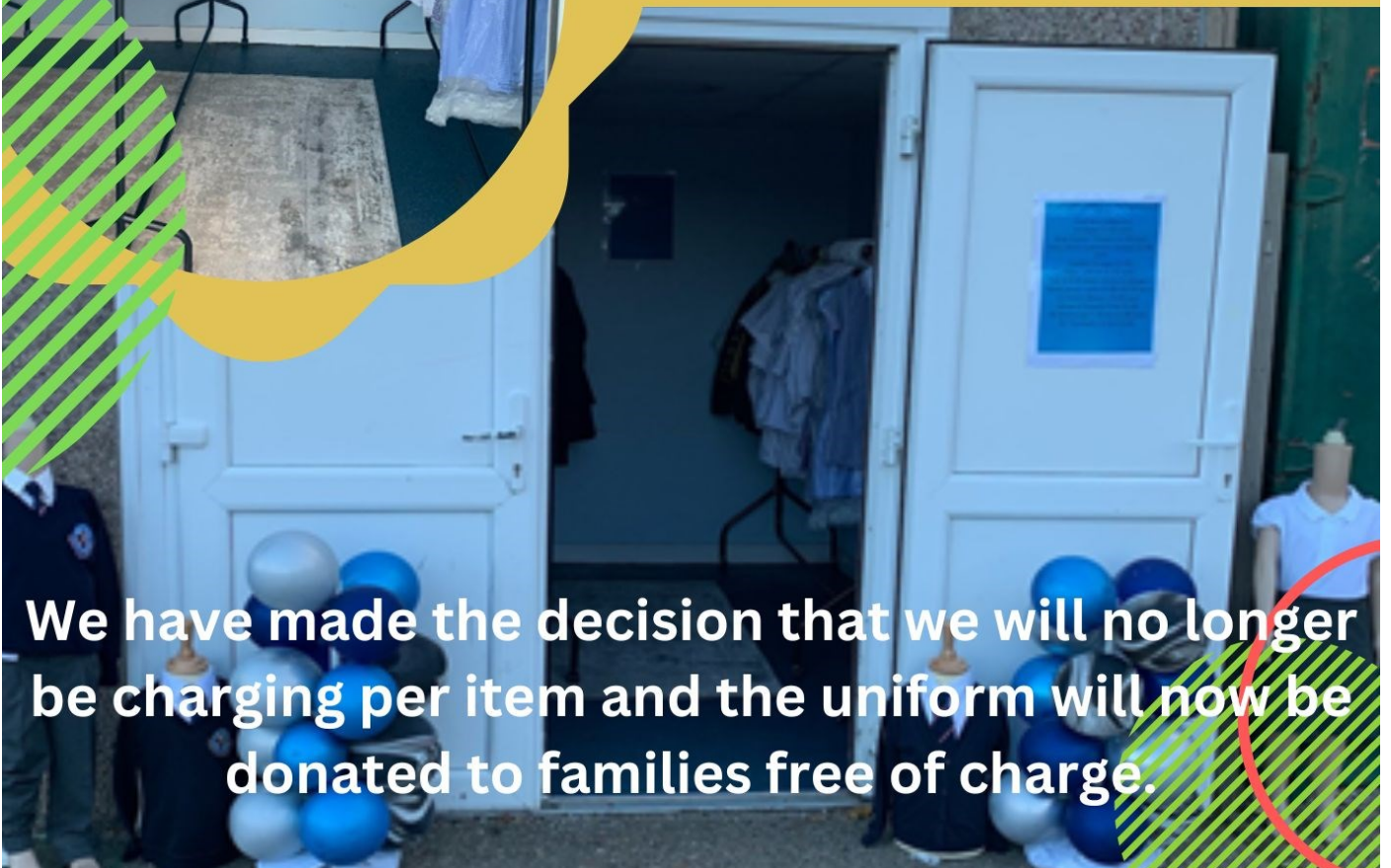
Home Visits will be carried out for any child that is absent for 3 or more school days without reason.



East Tilbury Primary School Uniform Shop

New Opening Times

Tuesdays - 8:40-9:00
Fridays - 15:00-15:30



We have made the decision that we will no longer be charging per item and the uniform will now be donated to families free of charge.

Important dates:

Wednesday 30th November 2022	Year 6 Height and Weight checks
Thursday 8th December 2022	Pantomime
Friday 16th December 2022	Non-Uniform Day
Monday 19th December 2022— Tuesday 3rd January 2023	Christmas Holidays
Tuesday 3rd January 2023	INSET day—school closed to pupils
Wednesday 4th January 2023	Pupils return to school
Friday 10th February 2023	Non-Uniform Day
Monday 13th February 2023— Friday 17th February 2023	February Half Term
Thursday 30th March 2023	Non-Uniform Day
Friday 31st March 2023	Trust Conference Day—Non-Pupil Day
Monday 3rd April 2023— Friday 14th April 2023	Easter Holidays
Monday 17th April 2023	Pupils return to school
Monday 1st May 2023	May day—School Closed
Friday 26th may 2023	Non-Uniform Day
Monday 29th May 2023 — Friday 2nd June 2023	May Half Term
Monday 5th June 2023	Pupils return to school
Thursday 20th and Friday 21st July 2023	INSET days—school closed to pupils
Monday 24th July 2023	First day of summer holidays



CHRISTMAS DATES

Christmas events at ETP



- ❖ 27/11 – school choir singing from 2pm at the Village Hall Christmas Fete
- ❖ 5/12 – 2pm 'Craft and Carols' – Reception parents invited to join their children in class to make a Christmas craft and hear the children sing nativity carols – more information to follow
- ❖ 6/12 – 2.10pm 'Craft and Carols' – Year 1 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 7/12 – 2.10pm 'Craft and Carols' – Year 2 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 8/12 – National Christmas Jumper Day (normal uniform with a Christmas jumper) / Aladdin pantomime performance to the children / 'Craft and Carols' – 2.20pm Year 3 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 9/12 – Curriculum enrichment days across the school / 'Craft and Carols' – 2.20pm Year 4 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 12/12 - 'Craft and Carols' – 2.20pm Year 6 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 13/12 - 'Craft and Carols' – 2.20pm Year 5 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow / PFA Carols on the memorial park 3.30pm -5pm (reindeer/sleigh and a special guest – with the school choir) – more information to follow
- ❖ 14/12 – Christmas Dinner day – children can wear a Christmas jumper to school (normal uniform with a Christmas jumper)
- ❖ 16/12 – last day of term – children can wear non-uniform (Christmas themed if they like!) – £1 voluntary contribution towards biscuit time



How are you?

Sad? Stressed? Anxious?

Worried? Tearful? Overwhelmed?

Want help?



Your Mental Health First Aider is

Miss. Mills

Training provided by



There are plenty of different types of support out there, and a Mental Health First Aider can help you access the support you need to feel better.

Mental Health First Aiders are a point of contact if you, or someone you are concerned about, are experiencing a Mental Health issue or emotional distress. They are not therapists or psychiatrists but they can give you initial support and signpost you to appropriate help if required.

To arrange a meeting, please contact me via email: mhfa.etp@osborne.coop

Parent workshop

Helping an anxious child: Overcoming fears, worries and anxieties



Would you like to understand more about how to support your child to cope with their worries, fears and anxieties?

* Our local mental health and wellbeing support team will be running an anxiety workshop to empower you, as parents and carers, to support the needs of your child/ children.

What will the workshop cover?

- *What is anxiety and when does it become a problem?
- *Physical symptoms of anxiety in children
- *Practical tools and strategies for managing anxiety and information
- *Helping children with anxious thoughts and worries additional support
- *Unhelpful strategies
- *Parents and anxiety
- *Useful resources
- *Where to seek

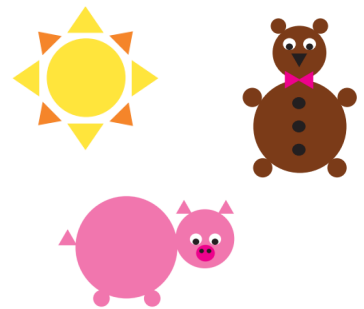
Wednesday 23rd November 2022 at 9am

Please arrive promptly at the school library, entering and exiting through the year 3 gate.

Reception

We have continued to look at people who help us in the community this week focussing on police officers, firefighters, postal workers and refuse collectors. We discussed their roles and responsibilities and practised writing lists of equipment the community helpers require to carry out their roles.

Our maths focus was 2D shapes this week looking at circles and triangles. We discussed the features of these two shapes to categorise them and created different pictures using these shapes.



In topic, we learned that Children in Need is a charity that raises money for disadvantaged children and young people across the UK to ensure they live safe, happy and secure lives.

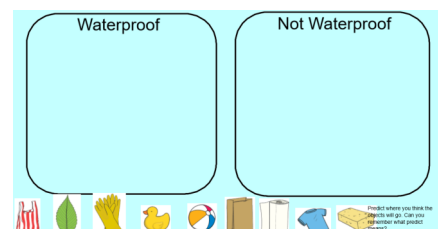


Year One

In English this week we have been learning about alliteration. First we created our own alliteration for a range of images, such as 'lazy, loud lion' and 'hungry, hairy hamster'. Then we used alliteration to describe a star, for example; 'shiny, sparkly star'. We then used our alliteration in our star shape poems that we created later in the week.

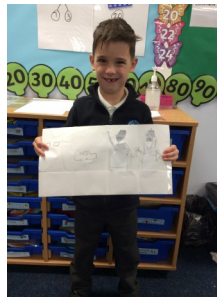
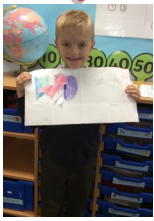


In science this week we investigated waterproof and not waterproof materials. First we looked at a variety of objects and then worked as a class to predict if they would be waterproof or not. After making our predictions, we tested whether these items were waterproof or not. Throughout the lesson we were introduced to the word 'absorbent', we understood that this meant when a material is able to soak up water easily. During our experiment we found that the sponge and t-shirt were absorbent materials as they soaked up water easily, making them not waterproof. Year 1 thoroughly enjoyed this lesson!



Year 2

In Art, we learned how to make a concertina book. To do this, we had to follow a step-by-step video on how to fold the concertina book. Once we had folded the paper, we drew our story board on to each of the pages in the book. After completing our drawings on each page, we cut out our character illustrations from last week and placed them into the concertina book pocket. This meant our character could move into each of the settings. We ended the lesson by sharing our stories with a friend using our illustrated books.



In Geography,

we have been learning about the cultures, focussing on the Maasai tribe. We discussed the Maasai tribe and where they live, what they do for work and what they wear. After learning about their clothing, we designed our own Maasai tribe inspired jewellery. We had to consider colours, patterns and decorations.

News from Year 3,



Our writing this week has moved onto persuasive writing. Still being inspired by 'Ug' (a Stone Age boy who hates having to wear stone trousers), we debated whether mud or leaves and sticks were a better option for his trousers. The children then designed and planned their own adverts to persuade Stone Age people to buy their brand new Stone Age trousers. They were given the opportunity to present their adverts to the rest of the class and showed great listening skills during the presentations.



In Math's we continued to build on our addition and subtraction skills, learning to use reasonable estimates and inverse operations to check our answers.

In Science, we investigated the strength of different magnets and decided that 'size does not matter' at first, we predicted that larger magnets are always stronger than smaller magnets. However, we discovered that this is not true. A magnet's strength is not only determined by its size, but also by the material of which the magnet is made and the number of "tiny magnets" lined up in the magnet.





Year 6 News

NEWS ALERTS



Last Friday, Year 6 pupils participated in a Remembrance service being held at the war memorial outside of school. They were joined by Reverend Michelle and members of the Royal British Legion to commemorate Armistice Day. Some of the children were chosen to list the names of those from East Tilbury and Linford who died in WW1 and WW2, some laid wreaths, and others carried the Standard, with all of the children singing the national anthem and participating in the 2 minutes silence. All of the pupils conducted themselves very respectfully and should be incredibly proud of how sensibly they represented the school.



In English, the children have begun to learn about and research the devastating event of Kristallnacht, as an example of the extent of Jewish persecution in Nazi Germany during WW2. They will use their research to write a diary entry, from the aspect of a Jewish child, next week.

In science, the children followed in Isaac Newton's footsteps and observed how light refracts through transparent prism; separating the colours and creating a rainbow. They then created a colour wheel, that when spun, merged to look white: proving that white is actually a spectrum of colour.

How would you like to take a family trip to the theatre ?

The perfect start to the Christmas break!

East Tilbury Primary School
are raffling 4 tickets to
'Beauty and the Beast' at the
Thameside Theatre, Grays
For Sunday 18th December
2023



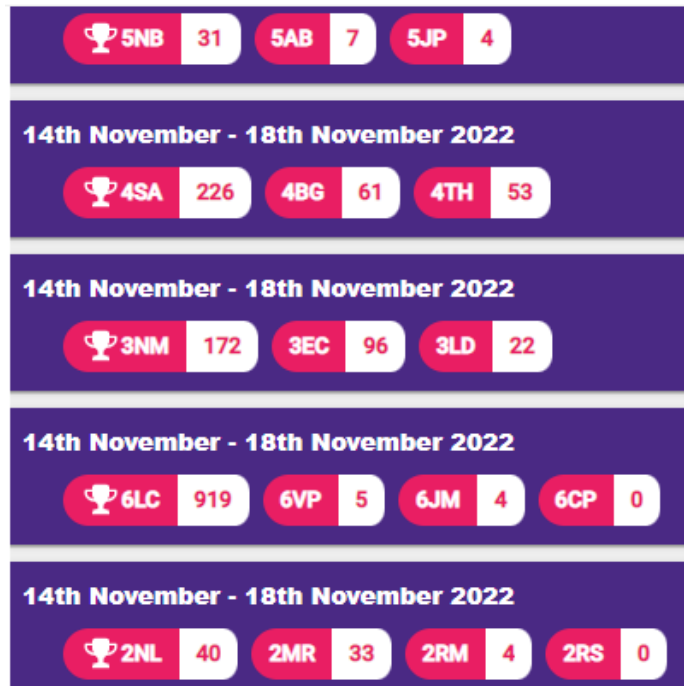
Raffle tickets
only £3 each!

Each raffle ticket is 1
chance at winning all
4 tickets worth £75!!

Tickets can be bought from the main school office. Just pop along and ask for a 'Beauty and the Beast' raffle ticket between 8AM and 4PM Monday to Friday and we will give you a raffle ticket for just £3 each. If you are unable to get to the office, send your raffle ticket money into class in a sealed, labelled envelope and we shall send you your ticket. Sales of raffle tickets can be made until 4PM on Thursday 1st December 2022

The winning ticket number will be announced on Friday 2nd December

Maths Marvels



Well done to everyone who has accessed TTRS this week! Keep logging on and getting more points for your class.

Who will be our TT Rock Stars leaders next week?

All classes	Activity points	Skill Quests points	Points - Live	Total points
3NM	14130	100	1720	15950
RMB	3590	0	0	3590
1GC	3000	0	0	3000
5AB	1380	0	0	1380
1FK	1060	0	0	1060
5JP	1030	0	0	1030
2RM	930	0	0	930
1BA	860	0	0	860
1BA	860	0	0	860
RFC	810	0	0	810
3LD	660	0	0	660
4TH	430	110	749	1289
5NB	310	0	0	310
4BG	300	0	1055	1355

REACH!! FOR THE STARS

Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!

RJG	Lola	For always making good choices and being a good role model
RMB	Leo	For using initial sounds within his writing.
RFC	Araoluwa	For writing initial sounds in words independently.
RES	Arlo	For working hard on his independence.
1CH	Alessio	For having a positive attitude towards his learning and wearing his coat all week!
1GC	Eric	For working hard in phonics this week.
1FK	Hitha	For her amazing poetry writing.
1BA	Sara	For her consistent effort and enthusiasm for learning.
2MR	Isla	For improving her reading and being more involved during teacher input
2RS	Bonnie-Rose	For an excellent start to East Tilbury Primary School
2NL	Gracie M	For being enthusiastic and writing a fantastic persuasive advert in English.
2RM	Sofia	For writing a brilliant persuasive advert in English this week.
3EC	Gabriel	For his excellent persuasive poster
3LD	Antoinette	For her dedication to her learning and being a great role model
3NM	Ronnie J	For his enthusiasm and commitment to learning in all lessons
4TH	Bogdan	Showing increased commitment to his work throughout the week
4BG	Rosie M	For increased dedication towards her work in all subjects.
4SA	Arayah O	For creating a lovely collage in Art
5AB	Joshua S	For trying his best in Maths
5JP	Grace R	For writing a stunning free verse poem about our classroom.
5NB	Ryan H	For trying his best in all subjects
6CP	Numan A	Working hard in Maths and Reading Skills
6LC	Heaven M	Perseverance and hard work in Reading Skills and Maths
6VP	Isabella R	Embracing new challenges in Maths
6JM	Lawson J	Embracing new challenges in Reading Skills

What Parents & Carers Need to Know about CALL OF DUTY: MODERN WARFARE II

The Call of Duty (CoD) series is a worldwide gaming phenomenon, with millions of copies sold every year. While 2021's release, Vanguard, wasn't quite as well received, this latest entry – Modern Warfare II – has so far proved a massive commercial success. A sequel to the recent Modern Warfare reboot (and not to be confused with the original Modern Warfare 2, from back in 2009), the game is an online shooter which features – unsurprisingly – extreme violence, rendered in realistic graphics. Amid the explosions and political nature of the plot, there's much for parents to be aware of.

AGE RATING
PEGI 18

WHAT ARE THE RISKS?

VIRTUAL VIOLENCE

Like most of its predecessors in the franchise, Modern Warfare II carries an 18 age rating from PEGI (the Pan-European Gaming Information system, which assesses games' content for suitability). This means players will encounter – according to PEGI's wording – depictions of "gross violence, apparently motiveless killing, or violence towards defenceless characters".

OFFENSIVE CHAT & MESSAGING

Most CoD players are likely to spend the majority of their time on Modern Warfare II in online multiplayer mode. This entails competing against – or cooperating with – strangers on the online battlefield. The fast-paced, cut-throat world of CoD means that communication through the game's voice chat and direct messages often turns heated and aggressive, which may upset younger players.

IN-GAME PURCHASES

Modern Warfare II follows the 'battle pass' model of games like Fortnite. For a fee – usually around £10 – each 'season' (every three months or so), players will be invited to complete extra challenges to earn new weapons and equipment. Different tiers of battle pass (costing more money) enable them to achieve this more quickly, while items can also be purchased from the in-game store.

POLITICAL SENSITIVITY

Previous CoD games have been accused of attempting to "rewrite history": failing to correctly attribute alleged war crimes to the US military, for example. The semi-fictional version of history presented on screen can cause players to misunderstand past conflicts and the real reasons they took place. This could lead to young people developing a distorted, inaccurate view of world politics.

AN ADDICTIVE EXPERIENCE

Multiplayer mode in Call of Duty titles revolves around levelling up your character to unlock new weapons, abilities and equipment. The process is designed so that it doesn't take too long to see an improvement, and the feeling of making meaningful progress can keep players hooked for hours. It's easy for gamers of any age to lose track of time, but younger ones are especially susceptible.

Advice for Parents & Carers

RESPECT THE AGE RATING

Based on accurately recreating combat situations, Call of Duty games are unflinching in their portrayal of war. Limbs are shot off and explosions send gore flying, while the previous Modern Warfare featured a lengthy interrogation and torture sequence. With Modern Warfare II offering the same style of brutal realism, it's worth reiterating that the PEGI 18 age rating is there for a reason.

SET SPENDING LIMITS

If your child is likely to be tempted by buying that 'must-have' weapon or item, consider removing your bank details from the console or computer to prevent indiscriminate spending – and an unwelcome bill. Pre-paid cards could be an option for in-game purchases, allowing you to control how much your child can spend in advance – and helping them learn the basics of budgeting.

CLOSE OFF COMMUNICATION

Unless they're playing with their real-life friends, it may be worth closing communication channels if your child plays Modern Warfare II. There's less of a team focus than in many other online combat games and therefore no real need to interact with strangers. Call of Duty fans can be intensely competitive, so even a single action by your child could provoke a barrage of abuse from strangers.

TRY OTHER MODES

If it seems that your child only ever plays Modern Warfare II in multiplayer, you could try out the Spec Ops mode with them – formulating strategies while enjoying each other's company. You could also play multiplayer together, taking it in turns to ensure regular breaks. Another alternative is the game's campaign mode, featuring bespoke missions and scenarios which follow an overarching plot.

Meet Our Expert

Lloyd Coombes is Games Editor of technology and entertainment website Dexerto and has been working in the gaming media for three years. A long-time gaming enthusiast, he is also a parent and therefore a keen advocate of online safety. Writing mainly about tech and fitness, his articles have also been published on influential sites including IGN and TechRadar, among others.



National
Online
Safety®

#WakeUpWednesday

Source: <https://pegi.info/what-do-the-labels-mean/> | <https://www.gamesradar.com/call-of-duty-modern-warfare-ii-2022-the-history-of-blame-ties-to-continuing-furor-over/>



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 16.11.2022



Surgery Schedule 2022

where and when to find us

Surgeries run term time only

To book an appointment: www.patt.org.uk/surgeries
scan the QR code or call 07702 127 252



First Wednesday of Every Month 10am - 1pm

Ockendon Children's Centre, 2a Afton Drive, RM15 5AP

4th May, 6th July, 7th Sept 5th Oct, 2nd Nov, 7th Dec



First Thursday of Every Month - 9.30am - 12.30pm

Tilbury Children's Centre, London Road, Tilbury RM18 8EY

5th May, 9th June, 7th July, 8th Sept, 6th Oct, 3rd Nov, 1st Dec



Second Tuesday of Every Month 10am - 1pm

PATT Offices, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ

10th May, 14th June, 12th July, 13th Sept, 11th Oct, 8th Nov, 13th Dec.



Second Wednesday of Every Month 6pm - 8.30pm

Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

Including PATT ADHD Support group

15th June, 13th July, 14th Sept, 12th Oct 9th Nov, 14th Dec.



Fourth Tuesday of Every Month 2pm - 7pm

PATT Offices, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ

24th May, 28th June, 27th Sept, 25th Oct, 22th Nov



Fourth Wednesday of Every Month 10am - 1pm

Purfleet Children's Centre, Centurion Way, RM19 1QA

25th May, 29th June, 28th Sept, 23rd Nov



ADHD Support Group

For families with children and young people with
ADHD and neurodiversity

For information on guest speakers, and to let us know you are coming,
www.patt.org.uk/adhdsupport or scan the QR Code below

SECOND Wednesday of each month 6.30–8.30pm

Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

15th June, 13th July,

14th September, 12th October, 9th November, 14th December

THIRD Monday of each month 10am–12pm

16th May	Chadwell Children's Centre, Claudian Way RM16 4QE
20th June	Ockendon Children's Centre, Afton Drive RM15 5PA
18th July	Tilbury Children's Centre, London Road RM18 8EY
19th September	Purfleet Children's Centre, Centurion Way RM19 1QA
17th October	Thameside Children's Centre, Manor Road RM17 6EF
21st November	Chadwell Children's Centre, Claudian Way, RM16 4QE
19th December	Ockendon Children's Centre, Afton Drive RM15 5PA



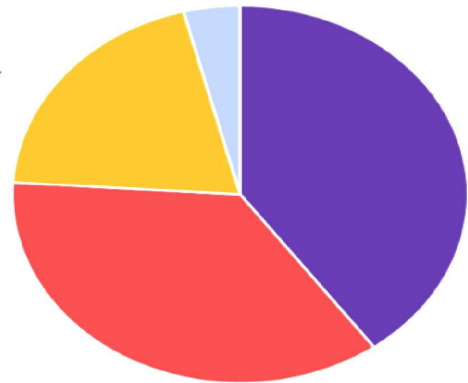
www.patt.org.uk



ETPS PFA Update



Splitting the £1.00



- **40p** goes to our school
- **36p** goes to cash prizes
- **20p** goes to admin costs
- **4p** goes to VAT

How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to East Tilbury Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to East Tilbury Primary School

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school



To start supporting, visit:
yourschoollottery.co.uk
and search for: **East Tilbury Primary**

Supporters must be 16 years of age or older

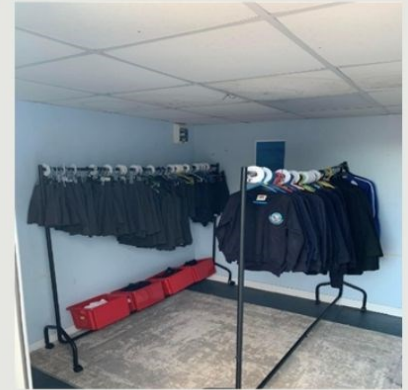




EAST TILBURY PRIMARY SCHOOLS PRE-LOVED UNIFORM SHOP



OPENING TIMES:
TUESDAY 8.40-9.00
FRIDAY 15.00-15.30



This week we are relaunching our school uniform shop. Considering the current cost of living crisis and how moving forward we want to support our families and school community, we have made the decision that we will no longer be charging per item and the uniform will now be donated to you free of charge.

All that we ask is that at the end of each year, if any of your child's old uniform that no longer fits is still in good condition, then you donate back to us so that we can recycle them to another family.

The condition of our stock is monitored very closely so please be assured that all items of clothing are in good or excellent condition.

We are extremely pleased to announce that we have received sponsorship from UNISON.

Peter Sansom, Branch Secretary for Thurrock UNISON says, "We are delighted to be able to collaborate with East Tilbury Primary School on this exciting pre-loved clothing project by providing funding for essential equipment for the new shop. The aims behind it align with the UNISON values perfectly – it provides a cost-effective solution for low-income families and vulnerable pupils as well as recycling perfectly good clothing which would otherwise end up in landfill. In this climate we commend the school and volunteers who implemented such a successful and important project, and this is why we are so happy to be associated with this. We are always looking to support schools with valuable projects such as these and would welcome enquiries for future collaborations to expand this fantastic concept across Thurrock."

UNISON have made a donation which will cover the upkeep and running of the shop for the next two years. With their donation we have been able to purchase washing powder, lighting, and clothes rails. We also now have a permanent base on the KS2 playground by years 5 & 6.

Please pop by and visit us. Any donations will be very gratefully received and can be taken to the school office or dropped off to a member of staff on the gate.





Do you receive any of the following?

- Income support
- Employment Support Allowance (Income Related)
- Income based Job Seekers Allowance
- Guaranteed Pension Credit
- Child Tax Credit and your income (as calculated by the Inland Revenue) is less than £16,190
- Universal Credit
- Receiving support under Part VI of the Immigration and Asylum Act of 1999
- In the Armed Forces

If you can answer yes to any of the above you may qualify for free school meals/Pupil Premium

The school office will help with your application. If your application is successful not only will your child receive free school meals, but our school will receive £1,300 additional funding (per child). This is called Pupil Premium.

All applications are confidential.



New Winter Menu—Please follow after October Half Term

Week 1

Week commencing - 31st Oct - 21st Nov - 12th Dec - 2nd Jan - 23rd Jan - 13th Feb - 6th Mar - 27th Mar

Please note that the menu may change subject to local needs

Monday	Chicken meatballs in a Tomato sauce with spaghetti pasta	Meat Free Sausage Roll with Diced potato	Jacket Potato with a Choice of Filling	Ham sandwich	Mixed Vegetables or Fresh Cauliflower	Peaches & Ice Cream
Tuesday	Shepherds Pie	Bubble salmon with mash potato	Jacket Potato with a Choice of Filling	cheese sandwich	Fresh Broccoli or Sweetcorn	Cocoa Sponge with Cocoa Sauce
Wednesday	Roast Chicken with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cabbage or Fresh Carrots	Fruit Jelly
Thursday	Cheese & Tomato Pizza with Potato Wedges	Sweet potato & Butternut Squash Bake	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Ice pole
Friday	Fish Fingers with Chips	Quorn Sausage with Chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or Peas	Coconut Sponge



Week 2

Week commencing - 7th Nov - 28th Nov - 19th Dec - 9th Jan - 30th Jan - 20th Feb - 13th Mar

Monday	Vegetable Bolognese with Spaghetti	Quorn Nuggets with Herby Diced Potatoes	Jacket Potato with a Choice of Filling	Ham sandwich	Sweetcorn or Baked Beans	Fruit Smoothie
Tuesday	Chicken Enchiladas	Macaroni Cheese	Jacket Potato with a Choice of Filling	cheese sandwich	Mixed Vegetables or Fresh Broccoli	Marble Sponge & Custard
Wednesday	Roast Gammon with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cauliflower or Fresh Carrots	Fruit Jelly
Thursday	Cheese & Tomato Pizza with Potato Wedges	Vegetable Chilli & Rice	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Apple Flapjack
Friday	Fish Finger with Chips	Vegetable Fingers with Chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or peas	Toffee cake & Custard

Week 3

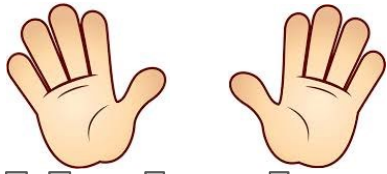
Week commencing - 14th Nov - 5th Dec - 26th Dec - 16th Jan - 6th Feb - 27th Feb - 20th Mar

Monday	Pork Sausage casserole with Diced Potato	Cheesy Wrap Stack with Diced potato	Jacket Potato with a Choice of Filling	Ham sandwich	Fresh Broccoli Sweetcorn or	Frozen Yoghurt
Tuesday	Creamy Chicken Curry with Rice	Cheesy Tomato Pasta	Jacket Potato with a Choice of Filling	cheese sandwich	Fresh Cauliflower or Mixed Vegetables	Spiced Orange Cake with Custard
Wednesday	Roast Chicken with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cabbage or Fresh Carrots	Fruit Jelly
Thursday	Cheese & Tomato Pizza with Potato Wedges	Vegetable pasta Bake	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Vanilla Shortbread
Friday	Fish Fingers with Chips	Quorn Nuggets with chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or peas	Apple sponge

Additional daily foods available: Seasonal salad bar
Wholemeal bread • Alternative desserts (yoghurt or fruit)

Our **Roast Dinners** are also served with a Yorkshire Pudding!





Help is at hand

Keep in touch!

We are missing being in contact but do not forget we are still here to help where we can.



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email: office.etp@osborne.coop



East Tilbury Primary School
Princess Margaret Road
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed.

Log on and have a look!



Twitter: @EastTPrimary

At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

◇ Mrs Bates

Due to the size of the school, we have the following designated staff who can deputise in the Head of School's absence:

◇ Mr Gowland

◇ Dr. Emmanuel

◇ Mr Bennett

◇ Mrs Jarvis

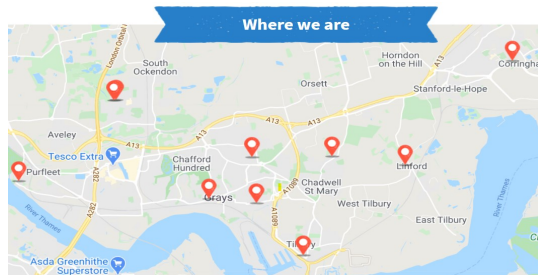
◇ Mrs Mylam

◇ Mrs Allen

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone **immediately** if you believe it is urgent.

[Thurrock MASH \(Multi Agency Safeguarding hub\), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team \(for out of hours\) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 \[www.childline.org.uk\]\(http://www.childline.org.uk\) · NSPCC 0808 800 5000 \[www.nspcc.org.uk\]\(http://www.nspcc.org.uk\); \[www.facebook.com/nspcc\]\(http://www.facebook.com/nspcc\)](#)



LOCATIONS

Here are the opening times and locations for our foodbank centres. Everyone who comes to the foodbank for emergency food needs to have a valid foodbank voucher.

Tues 14:00-16:00: St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

Weds 09:30-12:00: Thurrock Christian Fellowship, 2-4 Chase Rd, Corringham, S17 7QH

Weds 13:30-15:00: Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

Thurs 11:00-13:00: St. Francis Centre, Somerset Rd, Linford, SS17 0QA

Thurs 11:00-13:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Fri 10:12:00: St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD

Sat 09:30-11:30: Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

Sat 10:00-12:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Sat 10:00-12:00: Christian Gates of Praise International Christian Centre, 79-83 London Rd, Grays, RM 17 5YF