



Newsletter

16th December 2022

Dear Parents and Carers,

There has been a lovely festive atmosphere around school this week. Children have been working hard to make sure their final bits of learning for the term have been completed ready for the new term to start in January. Soon you will receive a parent information guide for your child's year group outlining the learning scheduled to take place in the Spring term.



PFA Christmas event

A massive thank you to the PFA team for putting on our Christmas event after school. It was great to see so many families enjoying the festive fun! A special thank you to the school choir and their teachers for preparing such lovely Christmas songs for us all to enjoy. We're not sure how we will top the reindeer next year!



Thank you for all your support in making this a successful first term of the school year and we wish you and your families a relaxing and fun Christmas. We look forward to seeing the children back on **Wednesday 4th January 2023.**

The Leadership Team

PARKING

Could you please be vigilant and courteous if you bring your vehicle onto the school grounds and refrain from parking on any zig zag lines or on the zebra crossing.

The children's safety is of paramount importance.

PE KIT

Could all children please have a PE kit in school **everyday.** If you are unable to provide your child with a PE kit please use our uniform shop as we will donate them to any families that cannot provide a PE kit for their child. Please ensure the PE kit is labelled and is in a bag labelled with your child's name.

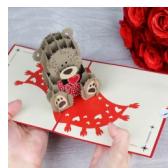
Thank you

We will be joining other schools in the Trust during the week of 23 January 2023 for an Aspirations Week. A key part of this will be a number of workshops for children to hear from people who have pursued aspirational careers and are able to run some practical activities with children across the school. If you are available to help or have something you would like to share with the children in support of this vision, please do let Mr Gowland know via the school office. Thank you.



Pop-Up cards

After Christmas some year groups will be looking at pop-up card/book mechanisms. If you receive pop-up style cards for Christmas and are looking to recycle them please consider donating them to us to support our Design & Technology curriculum.



Absence

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please Telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

Home Visits will be carried out for any child that is absent for 3 or more school days without reason.

OPAL (Outdoor Play and Learning)



Our OPAL programme has been very successful this year, providing our pupils with numerous things to do at playtimes and lunchtimes, including the sandpit, digging area, sit-on scooters, tyres, crates, foam bricks, water play, dressing up and toys to play with.

We now need your help: Firstly, there will be links to child and parent questionnaires to get your feedback on what we do so we can evaluate and improve. The links are below.

Parent: <https://www.surveymonkey.co.uk/r/CR5JCVP>

Child: <https://www.surveymonkey.co.uk/r/CRP5DF5>

We welcome your feedback and your child's. This will help us to make things even better.

Secondly, many of you may be having a clear out of old toys or other things that may be suitable for children to play with. These are always welcome if they are NOT sharp and won't shatter.

For example: action figures, dolls, building bricks, lego, duplo, toy cars, plastic crates, large cardboard boxes, toy dinosaurs, farm figures, plastic buckets, plastic cups and saucers, children's dressing up costumes, scooters and balance bikes.

We also need any old ratchet straps to improve on our forest school offer (obstacle course)

Last year we had so many donations. Many thanks.

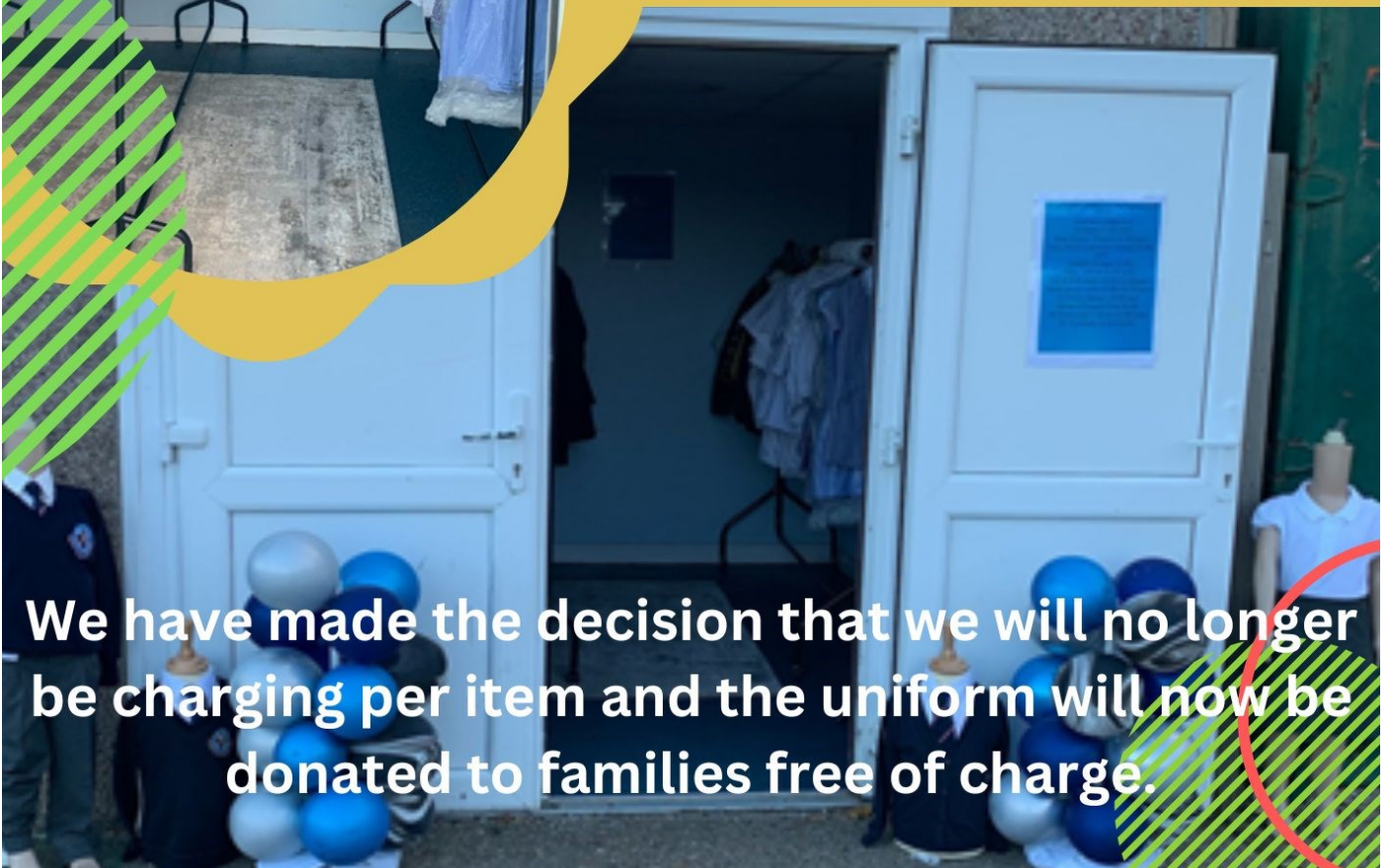
The OPAL team.



East Tilbury Primary School Uniform Shop

New Opening Times

Tuesdays - 8:40-9:00
Fridays - 15:00-15:30



We have made the decision that we will no longer be charging per item and the uniform will now be donated to families free of charge.

Important dates:

Monday 19th December 2022— Tuesday 3rd January 2023	Christmas Holidays
Tuesday 3rd January 2023	INSET day—school closed to pupils
Wednesday 4th January 2023	Pupils return to school
Friday 10th February 2023	Non-Uniform Day
Monday 13th February 2023—Friday 17th February 2023	February Half Term
Thursday 30th March 2023	Non-Uniform Day
Friday 31st March 2023	Trust Conference Day—Non-Pupil Day
Monday 3rd April 2023— Friday 14th April 2023	Easter Holidays
Monday 17th April 2023	Pupils return to school
Monday 1st May 2023	May day—School Closed
Friday 26th may 2023	Non-Uniform Day
Monday 29th May 2023 —Friday 2nd June 2023	May Half Term
Monday 5th June 2023	Pupils return to school
Thursday 20th and Friday 21st July 2023	INSET days—school closed to pupils
Monday 24th July 2023	First day of summer holidays



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How are you?

Sad? Stressed? Anxious?

Worried? Tearful? Overwhelmed?

Want help?



Your Mental Health First Aider is

Miss. Mills

Training provided by



There are plenty of different types of support out there, and a Mental Health First Aider can help you access the support you need to feel better.

Mental Health First Aiders are a point of contact if you, or someone you are concerned about, are experiencing a Mental Health issue or emotional distress. They are not therapists or psychiatrists but they can give you initial support and signpost you to appropriate help if required.

To arrange a meeting, please contact me via email: mhfa.etp@osborne.coop

Reception

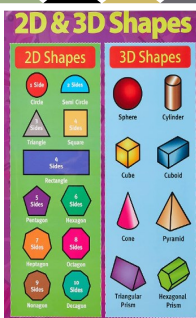
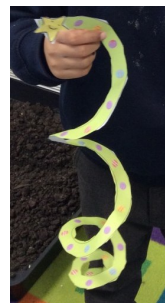
What an exciting last we've had, especially with the snow! On Monday, we went out to make a snowman! I wonder how long he will stay for. On Wednesday, it was Christmas dinner day and we had our grown-ups in our classrooms serve our dinners, it was delicious!

This week, our literacy sessions have been based on the story, 'Norman the Slug Who Saved Christmas'. We helped Santa find missing middle sounds to CVC words, and practised segmenting and blending CVC words to pack Santa's sack.

In maths, we recapped numbers 1-5 (lots of children being able work on numbers beyond this), practised matching quantities to numerals, looked at finding one more and one less, and practised number formation.

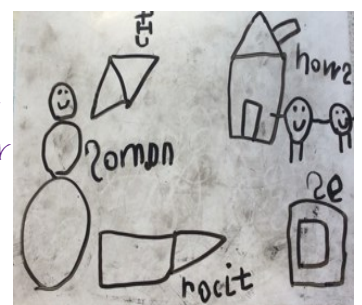
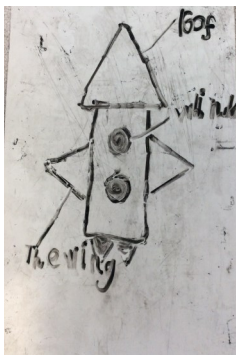
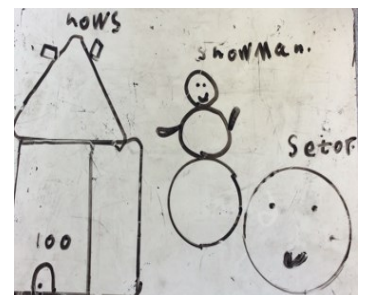
For topic, we looked at the Christmas story and learned about the birth of Jesus Christ. Some of us re-enacted the story after.

We completed lots of different Christmas-related activities through the week, too!



Year One

In Maths this week we have explored 2D and 3D shapes. First we worked as a class to look at, describe and name different 2D shapes. We compared the properties of each shape using mathematical language such as vertices and sides. We then used our knowledge of 2D shapes to draw pictures on our whiteboards. We then looked at the properties of different 3D shapes and used these to sort a range of shapes into given groups. We used a range of criteria to sort our shapes such as 'colours', 'has vertices', 'rolls well' and 'stacks'.



Year 2

In Maths, we decided to make the most of the snow by making 3D shapes using it! First we started by recapping the features of 3D shapes and their names. Then we went outside to make them!



For enrichment day the children made animal masks. We started by designing our mask, we thought about the colours and materials we wanted to use then we spent the afternoon making them.

Year 3



This week in Year 3 has been all about using our newly acquired skills and knowledge to design and create games. In Science, we drew a maze on a bottle and then used a coin and a magnet to guide it around the track. Did you know? Copper-plated coins are attracted to magnets because of the iron content of the steel core, whereas bronze coins are not magnetic. The iron content in the steel core is what makes them magnetic. Since January 2012, the 'Silver' 5p and 10p coins have also been made from a plated steel, in turn making them magnetic. While they changed more recently than the 'coppers', you will actually find that a higher percentage of 5p and 10p coins are magnetic.



Maths & English we approached with our cross-curricular heads this week; we played traditional board games, evaluated their instructions and used these to inspire our own game instructions. We designed our own board games where the players have to solve mathematical problems to progress.

From the whole of the year 3 team, we wish you all a very Merry Christmas and a Happy and Healthy New Year.



Year 4

This week in Year 4, we have been very busy in the lead up to Christmas, with pupils having the pleasure of playing in the snow! There were some very creative snow people and snow angels made, as the pupils played with other year groups in the playground and field.

In English, we are looking at poetry and the features of a poem. Pupils created a Christmas inspired poem using rhyming couplets and had the opportunity to share, edit and improve their work. In Maths, pupils are continuing to practice their time table knowledge, exploring patterns and worded questions around the 7 and 9 times tables.

Music has been especially fun this week as the children continued to compare songs from the Abba music group and had an opportunity to perform and sing as a class Mamma Mia using shakers, tambourines and body percussion!

From the Year 4 team, we wish you all a Merry Christmas and a Happy New Year.

Year 5

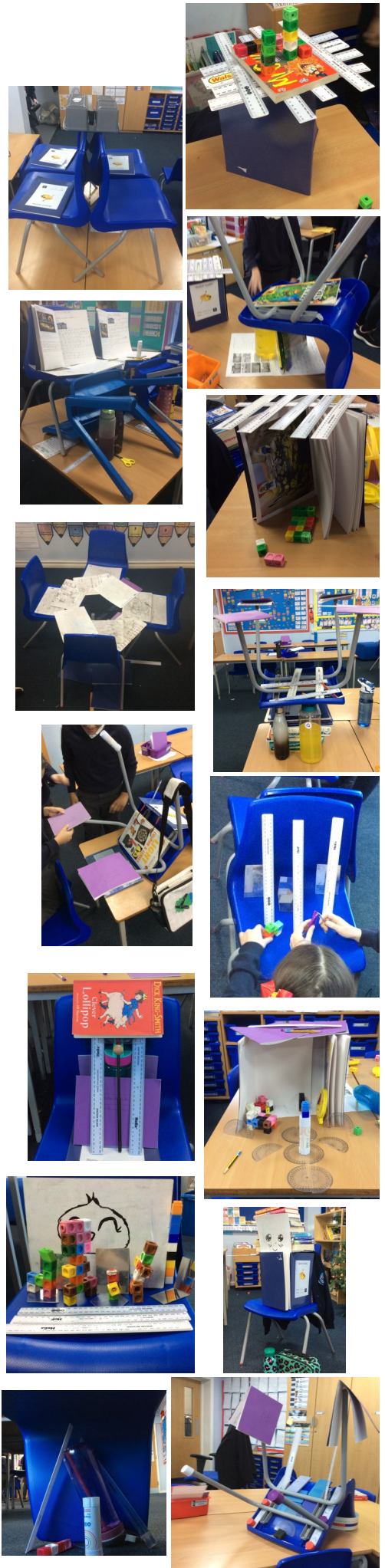
In Year 5 this week, we have been working on our Art and Design skills.

We have advanced our creativity by constructing our own installation art work utilising many of the objects in our classrooms, we hope that you like the pictures.

Next we planned an installation piece of art with a theme, such as caring for the environment. We considered how we could showcase these, including what lighting or sounds we could add.

Additionally, we have practiced our observational drawing skills and sketched a house. This took a lot of time and patience but our skills have improved.

Finally, we have begun to consider the job of architects in shaping our lives by the design of the buildings around us. We considered what we may want the homes, schools and workplaces of the future to look like.





Year 6 News

NEWS ALERTS

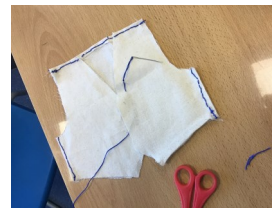


Curriculum day—waistcoats:

As you know, on Friday Year 6 spent the day constructing their waistcoats for curriculum day and finished them on Monday morning. After designing their waistcoats and preparing the material in the last couple of weeks, the children then began to sew their pieces together. First, the children pinned their pieces together, ensuring the good sides were facing inward. Next, they used a running stitch to attach the pieces at the shoulders and sides. They also used a running stitch to seam and neaten some of the edges. They were then able to turn their waistcoat the right way around, creating neat seams and hiding their hard work on the inside.

Next came the decoration: children chose between stitching buttons or a zip into the front to act as a fastening. They could then attach their chosen materials, beads, sequins, pockets and various decorations, using the stitches they had learned and practised including: blanket, whip and cross stitch.

The children thoroughly enjoyed making their waistcoats, and I'm sure you can agree they did an amazing job.



REACH!! FOR THE STARS

Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!

RJG	Whole of RJG	For having a positive attitude this term.
RMB	Whole of RMB	For having a positive attitude this term.
RFC	Whole of RFC	For having a positive attitude this term.
RES	Whole of RES	For having a positive attitude this term.
1CH	Stephanie Zach	For excelling in their phonics assessment.
1GC	Riley	For following the class rules and setting a good example to others
1FK	Harper C	For showing amazing progress in her writing.
1BA	Zeniyah - Zoe	For always engaging in every lesson and made an amazing improvement in writing this week.
2MR	Logan	For always being a positive role model and trying his best in all his work.
2RS	Amber	For working hard throughout this half term.
2NL	Kian G	For making good choices and having a positive attitude to learning this week.
2RM	Ema	For her amazing effort with her story writing this week
3EC	Aronas	For making excellent choices this week and working well with his peers
3LD	Oscar	For making an excellent effort to work with others and making good choices
3NM	Martin W.	For working independently when researching Christmas traditions of Croatia
4TH	Nancy	For improvements in writing shown over the last month
4BG	All of 4BG	For being brilliant this half-term
4SA	Whole of 4SA	For being brilliant this half term
5AB	Dodi L	For an amazing effort when writing a newspaper report.
5JP	Ashley	For working hard throughout this half term.
5NB	Sienna C	Dedication shown in all curriculum areas
6CP	Charlotte HT	For always being polite and kind to others.
6LC	Daisy D	For displaying excellent effort and perseverance when sewing a waistcoat.
6VP	Mya S	For consistently following school expectations.
6JM	Bee-Mai N	For displaying excellent effort when sewing a waistcoat.

What Parents & Carers Need to Know about SETTING UP APPS, GAMES AND SOFTWARE

Millions of new phones, tablets, laptops and games consoles will be nestling under Christmas trees this year. However, even if parents and carers have gone to the trouble of setting up these new devices and enabling the safety features, there are still potential hazards in the apps, games and software that children will want to install and use. Knowing what to look for and discussing those risks with your child may help avoid any nasty surprises this Christmas. Here are our top tips for ensuring that unwrapping this year's presents doesn't unleash any unexpected dangers.

TAKE NOTE OF AGE RATINGS

Back when most games were bought in shops, checking the age rating was easy: it was on the front of the box. Now that most games are downloaded, it's tougher – but not impossible. All reputable download stores show a game's age rating at the point of purchase, and you can check the suitability of a specific title your child wants to play at videostandards.org.uk/RatingBoard/games.

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'FREE' ISN'T ALWAYS FREE

The games market has changed radically in recent years. Many titles are free to download, but then tempt players to pay for cosmetic items (as in Fortnite) or to unlock additional content. There can be huge peer pressure for children to pay for these items. Agree a budget for in-game purchases before the game is downloaded, and make sure children can't authorise in-game purchases by themselves.

DISABLE IN-APP PURCHASING

It's not wise to leave children with devices that can make in-app purchases without your permission. Ideally, set up computers, consoles and phones so child accounts need an adult's authorisation to buy anything. On shared devices (like iPads, which don't allow user accounts), check the settings to ensure that in-app purchasing requires the account holder's password, fingerprint or face ID.

CHECK THE SPECS

To avoid let-downs, check a game's specs before buying – especially for PC or Mac, where games often need a particular graphics chip or processor to work. Sites like systemrequirementslab.com can scan your computer to see if it will run certain games properly. On consoles, make sure you're buying the right version: some newer Xbox or PlayStation games won't play on older consoles.

MONITOR IN-GAME COMMS

Voice chat with friends is part of the fun of modern gaming – but danger lurks here too. Many titles have open chat systems, meaning that children could speak to strangers or hear adult language and verbal abuse when games get particularly competitive. Using a shared family area (as opposed to alone in bedrooms) for online gaming is a good way to keep an occasional ear on what's being said.

BE WARY OF GIFTS

Titles like Roblox, Minecraft and Fortnite have in-game currencies, which can be earned through progress in the game – but can also be bought with real money. A common scam is for a young player to be offered currency if they click a link, visit a certain site or contact another user directly. Warn your child about such offers: they should show you if they're in any doubt over an in-game gift.

APPS ARE AGE RATED, TOO

Like games, apps in the major stores have age ratings, too – so you can see in advance whether an app's appropriate for your child. Additionally, phones' parental control settings allow you to set age limits, preventing young ones from downloading unsuitable apps themselves. These ratings aren't infallible, however: we've seen TV apps featuring adult shows with an age rating of 3, for example.

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CONSIDER STORAGE

Most apps and games will tell you in the online store how much space they need on a device. Check this carefully – especially with games, which can run into hundreds of megabytes and beyond. If you don't have enough free storage on a device to run the game or app, you won't get a refund from the store. You can normally check a device's available storage space through the settings menu.

WATCH OUT FOR IMITATORS

Even in the official stores, untrustworthy rogue apps can slip through the net. Common tricks are apps or games that have a slightly different name to the genuine article (Fortnite rather than Fortnite, for instance) or use logos which deliberately look very similar to the official app. To avoid downloading these imitations, read the app's description and check who the publisher is listed as.

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LEGAL APPS THAT BREAK THE LAW

There are many apps that are perfectly legal but enable illegal activity – streaming apps which let people watch football matches, say, without paying for Sky or BT Sport. Prosecution for using such apps is rare, but they can lead to risky behaviour like viewing rogue streams on sites teeming with malicious links. Watch for children installing unusual apps with 'TV', 'stream' or 'sport' in the name.

IN-APP REGISTRATION

It's common for apps and games to ask users to register: entering personal details like email address, date of birth and other information you might not want your child to divulge. Ask them to get your permission before giving any personal info to an app – and consider using your details rather than the child's, so they're not targeted by marketing spam or put at risk of having their data stolen.

STAY UPDATED

Most games and apps are subject to regular updates, which not only offer new content and features but also provide critical security improvements. Children tend to ignore such updates – usually because they don't understand why they're important, or they simply want to get straight on with gaming. Check your child's devices periodically to make sure these updates are being installed.

Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the *Sunday Times*, *Which?*, *PC Pro* and *Computeractive*. He's appeared regularly as a technology pundit on television and radio, including on *Newsnight*, *Radio 5 Live* and *ITV News at Ten*. He has two children and has writes regularly about internet safety issues.



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 14.12.2022

The 12 Online Safety Tips of Christmas

FOR CHILDREN WITH NEW DEVICES

Christmas is almost upon us once again, and soon some lucky children will be excitedly tearing the wrapping off a new mobile phone, tablet or games console. For some of them, it will be the first time they've owned a device that connects them to the online world. Even for older children, a new device means new corners of the digital landscape to explore – and, unfortunately, new risks to be aware of.

We've put together our top tips so that you can guide your young ones in enjoying their new digital gifts safely and responsibly throughout the year to come. Merry Christmas!



1. ALWAYS SET A PASSWORD



If your child's new device has a password protection feature, use it! It'll help to keep their private information safe and will deny others access to their device without permission. Your children's passwords should be something memorable to them – but something which other people can't guess (it's also a good idea for parents to write it down in case it gets forgotten!).

2. SET UP 'PARENTAL CONTROLS'



This really is an essential when your child gets a new device, so they're protected from the outset. Most phones, tablets and consoles allow you to customise their settings to determine which games your child can play, how they can communicate (and who with), what content they can access and so on. It will give you peace of mind that they can't inadvertently do something they shouldn't.

3. PAY ATTENTION TO AGE RATINGS



One of the first things children want to do with any new device is play games and explore apps. Before they download anything or install a new console game, check its age rating. Many popular games and apps have content that's not suitable for younger ages. The safest long-term solution is to adjust the device's settings so they can only download and use games and apps appropriate for their age.

4. KEEP NUMBERS AND DEVICES PRIVATE



Make sure your child understands that they should never share their phone number with someone they don't know or accept a friend request from them. They should also appreciate that it's a good idea to mainly keep their device out of sight, never lend it to a stranger, and never put it down somewhere that other people could steal it or take it to use without asking.

5. HAVE 'THE MONEY CONVERSATION'



Before your children start using their new device in earnest, talk to them about in-app purchases and other ways that money might be spent through their device. Once they understand, you might want to agree on a spending limit and reassure them that they can come to you if they're uncertain, or if they have made a purchase by accident.

6. DISCOURAGE DEVICE DEPENDENCY



Of course, children who've just got a new device will naturally want to spend as much time on it as possible. But whether they're zapping bad guys, watching videos or connecting with friends, it's easy for them to get attached very quickly. Gently remind them that having family time, going outdoors and getting some exercise are still fun, too. And the device will be there when they get back.

7. EXPLAIN SECURE WIFI NETWORKS



Your home WiFi is protected by a password that only your family knows, whereas public networks (like those found in coffee shops, for example) can be accessed by anyone. It's important that your child grasps this difference because, if they're using a portable device on an unsecured network, then a hacker could access their personal information without them even knowing.

8. LIMIT SCREEN TIME



Using a device for too long, especially just before bed, can interfere with a child's sleep quality and reduce their concentration and overall enthusiasm. It might be helpful to agree on certain times of day when they don't use their device. Most devices' settings let you specify a screen-time limit, helping your child to stay fresh and focused in order to perform well at school.

9. ONLY PAIR WITH KNOWN BLUETOOTH DEVICES



Your child may want to connect to another device via Bluetooth, so they can listen to music wirelessly or share pictures and videos with nearby friends. But if they use Bluetooth to link with a device that they don't know, they're at risk of a stranger being able to see their personal information or having someone transmit a virus onto their device.

10. TURN LOCATION SETTINGS OFF



It's safest to disable the device's location services (if it's a portable device) so your child doesn't inadvertently make other people aware of where they are. You can usually do this via the device's privacy control settings. Turning location settings off not only means your child's whereabouts can't be tracked by others, it also significantly extends battery life.

11. STAY AWARE OF THE SURROUNDINGS



It's quite common to see adults not looking where they're going while engrossed in their phone. Children are even more easily distracted. In some cases, children have been hit by cars or cyclists because they were staring at their device and lost track of where they were. Remind your child that screens and walking don't mix. If they need to use their device, they should stop in a safe place first.

12. BE THERE IF THEY NEED TO TALK



Even when you've made a device as secure as you can, there's still a possibility of your child seeing something that bothers them, or someone they don't know attempting to contact them. If this happens, listen to their concerns, empathise and reassure them. Once they've explained what happened, you can decide if you should take further action like blocking or reporting another user.



National Online Safety®

#WakeUpWednesday





Although there are children accessing speech and language services within school, there are currently staffing issues within the NHS and therefore they are unable to receive new referrals. However, this organisation now offers a support network in relation to Speech, Language and Communication Needs.

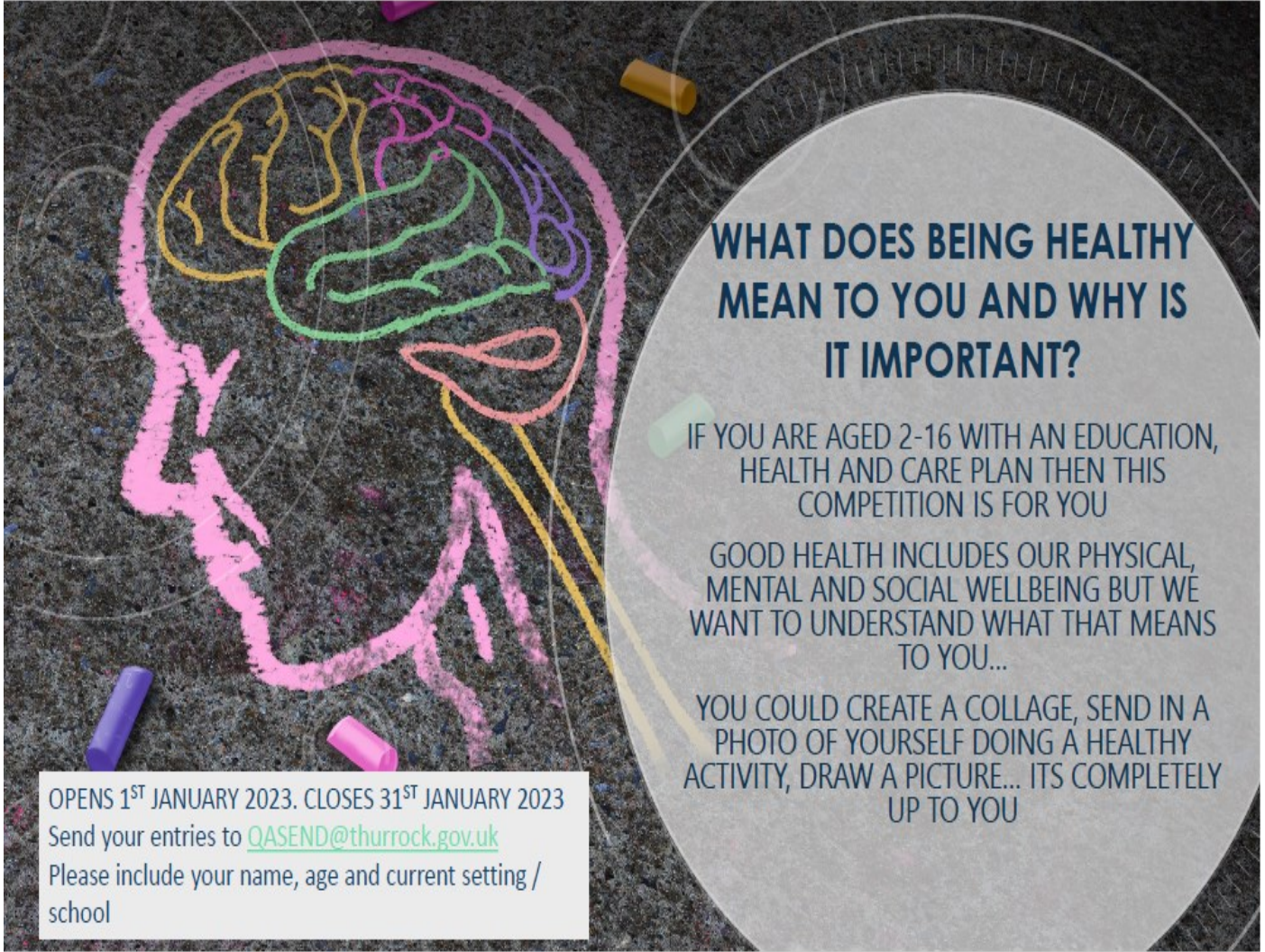
Are you worried that child is not talking or not saying as much as other children of their age? Would you like some advice? Then please contact the Afasic Helpline. They also offer a 'listening ear' if you just want to talk to someone who understands.

Take a look at their website to see what is on offer:

<https://www.afasic.org.uk/the-afasic-helpline/>

Call: 0300 666 9410

Hotline opening hours: Monday and Wednesday, 10:30am to 4pm.



WHAT DOES BEING HEALTHY MEAN TO YOU AND WHY IS IT IMPORTANT?

IF YOU ARE AGED 2-16 WITH AN EDUCATION,
HEALTH AND CARE PLAN THEN THIS
COMPETITION IS FOR YOU

GOOD HEALTH INCLUDES OUR PHYSICAL,
MENTAL AND SOCIAL WELLBEING BUT WE
WANT TO UNDERSTAND WHAT THAT MEANS
TO YOU...

YOU COULD CREATE A COLLAGE, SEND IN A
PHOTO OF YOURSELF DOING A HEALTHY
ACTIVITY, DRAW A PICTURE... ITS COMPLETELY
UP TO YOU

OPENS 1ST JANUARY 2023. CLOSES 31ST JANUARY 2023

Send your entries to QASEND@thurrock.gov.uk

Please include your name, age and current setting /
school



Your aspirations, our priority



FOCUS GROUP 10 SEND AND HEALTH

Let's share

Health professionals have a role to play in supporting the identification and planning of how best to support those with medical conditions. They may be commissioned in a variety of ways to advise on identification of SEN and to provide effective support and interventions. These can be universal or specialist. Services may include, but are not limited to; educational psychologists, Child, and Adolescent Mental Health Services (CAMHS), specialist teachers or support services with mandatory qualifications, therapists, and pediatricians.

Health professionals will need to work with the SEN Coordinator (SENCO) and/or class teacher to consider appropriate equipment, strategies, and interventions to support the child's progress and build self-esteem and confidence. They can be involved at any point for help or advice on the best way to support a student with SEN or disabilities. Colleges should have a named person with oversight of SEN provision to ensure co-ordination of support, like the role of the SENCO in schools.

Let's discuss

The purpose of this focus group is to:

- Provide an opportunity for you to share experiences of health services
- Discuss pathways to support services and share links to resources
- Answer any questions you may have around health and Special Educational Needs and Disabilities

Let's talk with Thurrock's Designated Clinical Officers...

Date: Wednesday 18th January 2023

Time: 10-11am

Place: Microsoft Teams

To book your place, contact us:

QASEND@thurrock.gov.uk



ADHD Support Group

For families with children and young people with
ADHD and neurodiversity

For information on guest speakers, and to let us know you are coming,
www.patt.org.uk/adhdsupport or scan the QR Code below

SECOND Wednesday of each month 6.30–8.30pm

Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

15th June, 13th July,

14th September, 12th October, 9th November, 14th December

THIRD Monday of each month 10am–12pm

16th May Chadwell Children's Centre, Claudian Way RM16 4QE

20th June Ockendon Children's Centre, Afton Drive RM15 5PA

18th July Tilbury Children's Centre, London Road RM18 8EY

19th September Purfleet Children's Centre, Centurion Way RM19 1QA

17th October Thameside Children's Centre, Manor Road RM17 6EF

21st November Chadwell Children's Centre, Claudian Way, RM16 4QE

19th December Ockendon Children's Centre, Afton Drive RM15 5PA



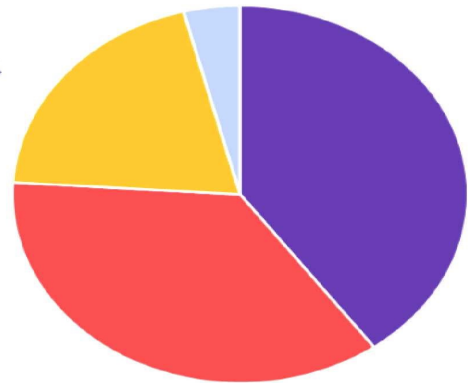
www.patt.org.uk



ETPS PFA Update



Splitting the £1.00



- **40p** goes to our school
- **36p** goes to cash prizes
- **20p** goes to admin costs
- **4p** goes to VAT

How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to East Tilbury Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to East Tilbury Primary School

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school



To start supporting, visit:
yourschoollottery.co.uk
and search for: **East Tilbury Primary**

Supporters must be 16 years of age or older

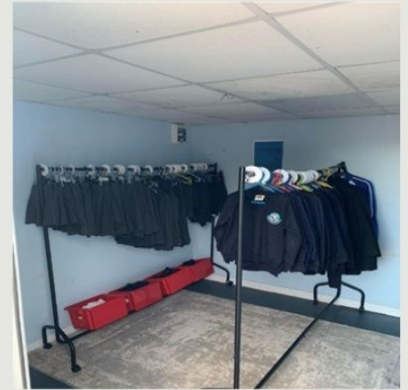




EAST TILBURY PRIMARY SCHOOLS PRE-LOVED UNIFORM SHOP



OPENING TIMES:
TUESDAY 8.40-9.00
FRIDAY 15.00-15.30



This week we are relaunching our school uniform shop. Considering the current cost of living crisis and how moving forward we want to support our families and school community, we have made the decision that we will no longer be charging per item and the uniform will now be donated to you free of charge.

All that we ask is that at the end of each year, if any of your child's old uniform that no longer fits is still in good condition, then you donate back to us so that we can recycle them to another family.

The condition of our stock is monitored very closely so please be assured that all items of clothing are in good or excellent condition.

We are extremely pleased to announce that we have received sponsorship from UNISON.

Peter Sansom, Branch Secretary for Thurrock UNISON says, "We are delighted to be able to collaborate with East Tilbury Primary School on this exciting pre-loved clothing project by providing funding for essential equipment for the new shop. The aims behind it align with the UNISON values perfectly – it provides a cost-effective solution for low-income families and vulnerable pupils as well as recycling perfectly good clothing which would otherwise end up in landfill. In this climate we commend the school and volunteers who implemented such a successful and important project, and this is why we are so happy to be associated with this. We are always looking to support schools with valuable projects such as these and would welcome enquiries for future collaborations to expand this fantastic concept across Thurrock."

UNISON have made a donation which will cover the upkeep and running of the shop for the next two years. With their donation we have been able to purchase washing powder, lighting, and clothes rails. We also now have a permanent base on the KS2 playground by years 5 & 6.

Please pop by and visit us. Any donations will be very gratefully received and can be taken to the school office or dropped off to a member of staff on the gate.





Do you receive any of the following?

- Income support
- Employment Support Allowance (Income Related)
- Income based Job Seekers Allowance
- Guaranteed Pension Credit
- Child Tax Credit and your income (as calculated by the Inland Revenue) is less than £16,190
- Universal Credit
- Receiving support under Part VI of the Immigration and Asylum Act of 1999
- In the Armed Forces

If you can answer yes to any of the above you may qualify for free school meals/Pupil Premium

The school office will help with your application. If your application is successful not only will your child receive free school meals, but our school will receive £1,300 additional funding (per child). This is called Pupil Premium.

All applications are confidential.



New Winter Menu—Please follow after October Half Term

Week 1

Week commencing - 31st Oct - 21st Nov - 12th Dec - 2nd Jan - 23rd Jan - 13th Feb - 6th Mar - 27th Mar

Please note that the menu may change subject to local needs

Monday	Chicken meatballs in a Tomato sauce with spaghetti pasta	Meat Free Sausage Roll with Diced potato	Jacket Potato with a Choice of Filling	Ham sandwich	Mixed Vegetables or Fresh Cauliflower	Peaches & Ice Cream
Tuesday	Shepherds Pie	Bubble salmon with mash potato	Jacket Potato with a Choice of Filling	cheese sandwich	Fresh Broccoli or Sweetcorn	Cocoa Sponge with Cocoa Sauce
Wednesday	Roast Chicken with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cabbage or Fresh Carrots	Fruit Jelly
Thursday	Cheese & Tomato Pizza with Potato Wedges	Sweet potato & Butternut Squash Bake	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Ice pole
Friday	Fish Fingers with Chips	Quorn Sausage with Chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or Peas	Coconut Sponge



Week 2

Week commencing - 7th Nov - 28th Nov - 19th Dec - 9th Jan - 30th Jan - 20th Feb - 13th Mar

Monday	Vegetable Bolognese with Spaghetti	Quorn Nuggets with Herby Diced Potatoes	Jacket Potato with a Choice of Filling	Ham sandwich	Sweetcorn or Baked Beans	Fruit Smoothie
Tuesday	Chicken Enchiladas	Macaroni Cheese	Jacket Potato with a Choice of Filling	cheese sandwich	Mixed Vegetables or Fresh Broccoli	Marble Sponge & Custard
Wednesday	Roast Gammon with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cauliflower or Fresh Carrots	Fruit Jelly
Thursday	Cheese & Tomato Pizza with Potato Wedges	Vegetable Chilli & Rice	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Apple Flapjack
Friday	Fish Finger with Chips	Vegetable Fingers with Chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or peas	Toffee cake & Custard

Week 3

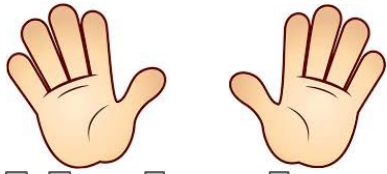
Week commencing - 14th Nov - 5th Dec - 26th Dec - 16th Jan - 6th Feb - 27th Feb - 20th Mar

Monday	Pork Sausage casserole with Diced Potato	Cheesy Wrap Stack with Diced potato	Jacket Potato with a Choice of Filling	Ham sandwich	Fresh Broccoli Sweetcorn or	Frozen Yoghurt
Tuesday	Creamy Chicken Curry with Rice	Cheesy Tomato Pasta	Jacket Potato with a Choice of Filling	cheese sandwich	Fresh Cauliflower or Mixed Vegetables	Spiced Orange Cake with Custard
Wednesday	Roast Chicken with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cabbage or Fresh Carrots	Fruit Jelly
Thursday	Cheese & Tomato Pizza with Potato Wedges	Vegetable pasta Bake	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Vanilla Shortbread
Friday	Fish Fingers with Chips	Quorn Nuggets with chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or peas	Apple sponge

Additional daily foods available: Seasonal salad bar
Wholemeal bread • Alternative desserts (yoghurt or fruit)

Our Roast Dinners are also served with a Yorkshire Pudding!





Help is at hand

Keep in touch!

We are missing being in contact but do not forget we are still here to help where we can.



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email: office.etp@osborne.coop



East Tilbury Primary School
Princess Margaret Road
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed.

Log on and have a look!



Twitter: @EastTPrimary

At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

◇ Mrs Bates

Due to the size of the school, we have the following designated staff who can deputise in the Head of School's absence:

◇ Mr Gowland

◇ Dr. Emmanuel

◇ Mr Bennett

◇ Mrs Jarvis

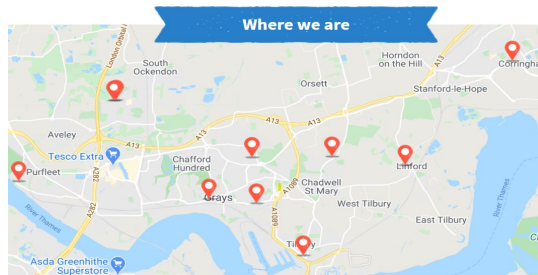
◇ Mrs Mylam

◇ Mrs Allen

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone **immediately** if you believe it is urgent.

[Thurrock MASH \(Multi Agency Safeguarding hub\), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team \(for out of hours\) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 \[www.childline.org.uk\]\(http://www.childline.org.uk\) · NSPCC 0808 800 5000 \[www.nspcc.org.uk\]\(http://www.nspcc.org.uk\); \[www.facebook.com/nspcc\]\(http://www.facebook.com/nspcc\)](#)



LOCATIONS

Here are the opening times and locations for our foodbank centres. Everyone who comes to the foodbank for emergency food needs to have a valid foodbank voucher.

Tues 14:00-16:00: St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

Weds 09:30-12:00: Thurrock Christian Fellowship, 2-4 Chase Rd, Corringham, S17 7QH

Weds 13:30-15:00: Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

Thurs 11:00-13:00: St. Francis Centre, Somerset Rd, Linford, SS17 0QA

Thurs 11:00-13:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Fri 10:12:00: St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD

Sat 09:30-11:30: Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

Sat 10:00-12:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Sat 10:00-12:00: Christian Gates of Praise International Christian Centre, 79-83 London Rd, Grays, RM 17 5YF