

School News

A MESSAGE FROM THE SENIOR LEADERSHIP TEAM

Dear Parents/Carers,

It has been another busy week of fun-filled learning here at East Tilbury Primary School!

Non-uniform to support biscuit time and national 'Wear Red Day' 2023 – Friday 20th October.

At East Tilbury Primary School, we believe that everyone should be respected regardless of race, religion, or gender. Next Friday we have our regular non-uniform day to support the raising of funds for our classroom nurture biscuit time. We will be combining that non-uniform day with a national anti-racism event where we encourage the children to wear red as part of their non-uniform. Please support through donations of £1 towards our nurture biscuit time but also let's stand in solidarity with one another and support the 'wear red day'. To find out more about this day please visit Wear Red Day - Show Racism the Red Card for more information.

Parent/Teacher Consultation meetings - save the date!

Please put the following dates in your diaries for our teacher/ parent consultation meetings:

- -YR, Y1 and Y2 will take place on Monday and Tuesday 13th and 14th November
- -Y3, Y4, Y5 and Y6 will take place on Wednesday and Thursday 15th and 16th November

More details around timings and the booking procedure will come out prior to the half-term break.

The meeting will be face-to-face and take place in our dance studio hall from 3.30pm.

Harvest

This year the school will be donating your food donations to Thurrock Food bank. On Thursday of the first week back after half term break (9th Nov), please bring any donations to the gate that you usually bring your children through in the morning. At each gate there will be a black container that you can leave your donation in, and this will then be collected by the food bank staff later that day. The Thurrock Food bank provide meal packs for vulnerable families across Thurrock and perform amazing practical support to the local communities of Thurrock. Please see the information poster later in the newsletter for information on the types of food that can be donated. Thank you in advance for your food donations.

We hope that you and your families have a relaxing weekend.

The Leadership Team

Upcoming Events

Children in Need



We are having a SPOTacular "dress up and donate" day for Children in Need. Pupils may wear spotty clothing for a SPOTacular look on Friday 17th November 2023.

Individual Photographs

The school photographer will be in school in Thursday 19th of October 2023. Sibling photographs will be taken throughout the school day.





SEMM in Focus

SEND and Nurture Parent Drop In

Friday 20th October 2023 9am—10am

Do you have any questions or concerns about your child's special needs or emotional wellbeing?

Mrs Mylam and Mrs Allen will be available to help with your individual enquiries.

Please sign in at the school office.



Important Information



Non-uniform to support biscuit time and national Wear Red Day 2023 – Friday 20th October.

At East Tilbury Primary School, we believe that everyone should be respected regardless of race, religion, or gender. Next Friday we have our regular non-uniform day to support the raising of funds for our classroom nurture biscuit time. We will be combining that non-uniform day with a national anti-racism event where we encourage the children to wear red as part of their non-uniform. Please support through donations of £1 towards our nurture biscuit time but also let's stand in solidarity with one another and support the 'wear red day'. To find out more about this day please visit Wear Red Day - Show Racism the Red Card for more information.

This session is designed to show parents and carers ow they can support their children navigate the online world. You can book your place by visiting www.thurrocklscp.org. uk



If your child has an injury and has been given medical advice that we need to follow as a school, please bring them to the school office for 8.15am on their first day back at school following the injury so that we can complete a risk assessment. Thank you for your cooperation.

Absence

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

Home Visits will be carried out for any child that is absent for 3 or more school days without reason.

We need you



If you are collecting Year 1 or 2 pupils from the school playground, please go back out of the blue gate you came onto the playground through rather than waiting on the inside of the Key Stage 2 silver gate.

Thank you

We are missing a significant number of reading books. If you have any left at home (whatever condition) from last academic year, please return them. Thank you Please label all children's school uniform. This helps us return lost property to the correct child and prevents parents from having to replace missing uniform as often. This is particularly important as the weather is getting colder and children are beginning to wear jumpers/cardigans to school.

Please be reminded that pupils should not be wearing jewellery to school. Children with pierced ears may wear stud earrings but hoops are not permitted.

Thank you for your support

In the final week of this half term, year 1 will be creating their own toys using junk modelling. If you have any recycling/junk modelling resources (clean yoghurt pots, kitchen roll tubes, cereal boxes etc) that you are happy to donate, could you pleased pass them to the year 1 teachers. Thank you for your support..

We are continually updating our OPAL resources and would gladly accept donations of:

- Tennis balls
- Footballs
- Bats
- Dressing up clothes
- Colouring books
- Crayons
- Big cars
- Lego



We need you



Harvest Collection 2023 – 9th November

Thank you for collecting for Thurrock Foodbank. Here is a list of items you may be able to donate. Please make sure everything is in date. We are very grateful for your support.

- Tinned fish
- Tinned meat
- Rice
- Sponge Puddings
- Tinned Potatoes
- Instant Mashed Potatoes
- Biscuits
- Tea/Coffee
- Long life fruit juice
- Pasta Sauce
- Tinned custard
- Tinned Spaghetti
- · Toiletries eg.soap, shower gel, deodorant





Diary Dates

Thursday 19 th October 2023	Individual photos (sibling photos will be completed throughout the day)
Friday 20th October 2023 9am- 10am	SEND and Nurture Parent Drop In
Friday 20th October 2023	Wear Red Day
Monday 23 rd October – 3 rd November 2023	October Half Term
Thursday 9th November 2023	Reception Phonics Parent Workshop and stay and play 9:00-10:00 and 2:00-3:00
Friday 10th November 2023	Reception Phonics Parent Workshop and stay and play 9:00-10:00 and 2:00-3:00
Monday 13 th November 2023	EYFS and KS1 Parent Consultations
Tuesday 14 th November 2023	EYFS and KS1 Parent Consultations
Wednesday 15 th November 2023	KS2 Parent Consultations
Thursday 16 th November 2023	KS2 Parent Consultations
Friday 17 th November 2023	Children in Need
Friday 1st December 2023	Reception Speech and Language Parent Workshop and stay and play
Thursday 4th January 2024	INSET day (school closed to pupils)
Friday 5th January 2024	Trust Conference Day (school closed to pupils)
Monday 8th January 2024	Pupils back to school
Thursday 25th January 2024	Y6 SATs Meeting for parents/carers
Friday 26 th January 2024	Reception Parent Workshop and stay and play
19th – 23rd February 2024	Half Term





you need support



East Tilbury Primary Schools Online Pastoral Support.

We are very excited to launch our new Pastoral service to our school community. From today you can access support by completing a simple and quick online form.

We have been working hard over the last few months to set up extra support for our families which is very much needed at this challenging time. If you require support, then please do not hesitate to reach out. We are hoping this service will be a fantastic addition to the support we can provide for our school community. Please reach out if you need anything, we are always here to offer you support.

To make the process simple we have created a QR Code (at the top of the poster) which you can just scan, and this will take you directly to the form.

WE CAN HELP WITH

- Food
- Wellbeing
- Trip Payments

FOR MORE INFORMATION VISIT:

www.easttilburyprimary.thurrock.sch.uk

Our school uniform shop is currently closed due to our stock room being affected by RAAC. If you need support with school uniform please visit the 180 project in Chadwell St Mary.

mycommunitychurch.org.uk/community/projects

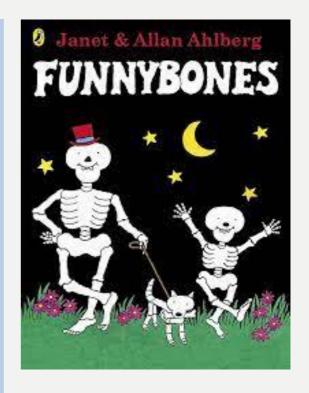
Please find more information about this on our school website or Facebook Page.

Reception

This week in reception we have been reading the story Funny Bones written by Janet and Allan Ahlberg. We used interesting words to write a sentence as a group, one group said, "The family marched quickly to the park in the dark gloomy evening".

We created skeleton pictures using cotton buds and chalk, we have created our own germ monsters by blowing paint around and adding googly eyes, we also have enjoyed going to the outdoor classroom to do some leaf and bark rubbing.

In maths we have had a Teddy Bears picnic with a big bear and a little bear, we had to sort items that each bear could use, such as a big spoon a big plate, a big bowl and a little plate, a little bowl and a little spoon. We realised that the big bear had all the big items and the little bear had all the little items.





Year Two

This week in year 2, in English, the children have been continuing with the Write Stuff and exploring the Savanna, looking at animals and the habitats that they live ready to create a non-chronological report.. During Maths, the children have been completing a range of activities on number bonds (10, 20 and 100). In Geography, the children have been comparing the capital city of Kanya (Nairobi) and the capital of England (London), looking at similarities and differences.



In Year 3, it has been a fun-filled week of exploration and discovery. We have been reviewing place value in our maths classes. We have been putting a lot of effort into securing our understanding of hundreds, tens, and ones.

In English, we have begun writing our independent write, which is inspired by the book, "Stone Age Boy". Year 3 have been bursting with so many creative ideas; the teachers and LSAs cannot wait to read their finished pieces.

In Science, we have explored soil formation. In each class, we had the opportunity to handle soil – we did wash our hands afterwards - and discussed how it is composed of four different elements: air, water, minerals and organic matter. This learning has helped us further our understanding of rocks and palaeontology.

This Friday, we have had an exciting curriculum day. We spent our day exploring Chromebooks, learning about servers, switches and networks; we played a game in groups where we became a network with one person acting as the messenger switch. We all thoroughly enjoyed using the technology we have within school.

This week has undoubtedly been full of new learning. In order to practise our times tables and develop into a 5 times per week reader, don't forget to log into TT Rockstars and Bug Club at home. It is an excellent way to boost your confidence.



Year Four

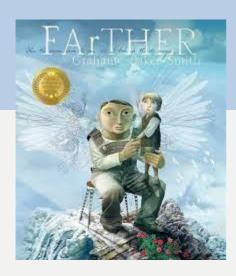
During this week, Year Four have been working hard in all areas of the curriculum.

Reading – Both as part of our curriculum and for pleasure, we have reading Anglo-Saxon Boy. A story about a young warrior (Magnus) who aims to assist his father in gaining the crown in England, learn to be a leader, all whilst still trying to mature into a man – ready for the fight ahead.

English – pupils have been focussing on the book 'Farther'. We have been exploring the front cover, the first few pages and inferring why the title was spelt the way it was, as well as themes within the book itself.

Minus Maths – In maths we have started the second part of our addition and subtraction topic: column subtraction with at least one exchange.

Fantastic Foundation – in the afternoons, we have been exploring the following: countries in French, habitats in science, respect in PSHE and the WWW in Computing.





Year Five

In PE this half term, year 5 have been working on tag rugby skills such as passing and catching, evasion skills and tag defence. We are building up to be able to play matches against our peers very soon.

The picture shows some of our year 5 pupil channel their inner Owen Farrell by passing 'along the line'.



Year Six

This week Year 6 pupils have been working hard, consolidating their learning so far. They have tried some past SATs papers, to experience what they are like and to see how much they know already. We will continue to practise using past papers throughout the year, so that by SATs week in the summer term the children are very TIRS ROCK SLO familiar with them. In the afternoons we have been continuing to explore this term's topics of electricity in science, making Morse Code circuits, and WW2 in history, delving into the life of Anne Frank. We have also had curriculum enrichment day; focusing on using photography in art and look forward to sharing more about what we did in next week's newsletter. Also, next week there is a trust wide TTRS competition and we will be encouraging children to take part and use TTRS at school, please continue to encourage your children to also participate at home.

Starts in 6 days



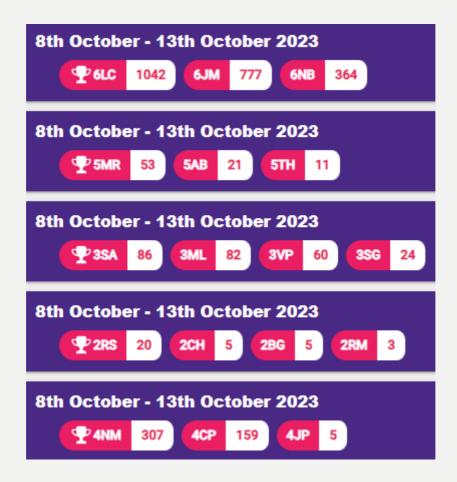
Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!

RJG	Alfie	For doing his best in all areas of his learning.
REC	Frankie R	For always trying hard with his learning.
RES	Theodora	For working hard on her sounds and blending.
1GC	Islie	For consistently being a positive role model for her peers.
1FK	Rogue	For being a positive role model for her peers.
1BA	Zayna	For actively participating in carpet sessions with increasing confidence.
2BG	Kaleb- Christopher M	For his increased effort and determination in all his subjects.
2RS	Hitha	For showing great listening skills across all subjects.
2CH	Beau	For being a good role model.
2RM	Leila	For her brilliant ideas during her English lessons this week.
3VP	Samuel O	For his increased effort and determination in all lessons this week.
3ML	Jack C	For his perseverance and participation in all lessons across the curriculum.
3SG	Emalee-Jayne O	For applying her developing knowledge of place value in maths.
3SA	Olivia P	For showing good listening skills in English.
4CP	Louise F	For increasing confidence to share her work.
4NM	Franciszek	For writing an imaginative alternative story for 'The Lost Thing'.
4JP	Eden R	For creating a wonderful wire sculpture of a dove as part of our enrichment day.
5AB	Deborah OD	For consistently giving her best efforts in maths.
5TH	Evie R	Engaging in class discussions with a positive attitude.
5MR	George M	For creating an imaginative poem portrait using his own ideas on Enrichment Day.
6LC	Freya S	For great language choices in narrative writing.
6NB	Irmak K	For good editing skills and always striving to improve her writing.
6JM	Grace R	For excellent use of figurative language in a narrative.





All pupils at East Tilbury Primary have logins for Times Tables Rockstars and are able to log on at home to practice their times tables.





Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181 Email:office.etp@osborn e.coop

East Tilbury Primary
School
Princess Margaret Road
East Tilbury, Essex, RM18



We are also regularly updating our Facebook page and Twitter feed.
Log on and have a look!



Twitter: @EastTPrimary



At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

- · Mrs Bates
- · Mrs Dawson

Due to the size of the school, we have the following designated staff who can deputise in the Headteacher's absence:

- Mr Gowland
- Mrs Jarvis
- Mrs Mylam
- · Mrs Allen
- · Mrs Sheridan

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone immediately if you believe it is urgent.

Thurrock MASH (Multi Agency Safeguarding hub), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802.

Emergency Duty Team (for out of hours) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 www.childline.org.uk · NSPCC 0808 800 5000 www.nspcc.org.uk; www.facebook.com/nspcc



Tues 14:00-16:00: St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

Tues 11:00-13:00: St. John the Baptist Church, Tilbury, Dock Road, Tilbury, RM18 7PP

Weds 11:00-13:00: Gateway People's Centre, High Street, Stanford Le Hope, Essex, SS17 0EY

Weds 13:00 -14:30: Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

Thurs 11:00-13:00: St. Francis Centre, Somerset Rd, Linford, SS17 0QA

Thurs 11:00-13:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Fri 10:12:00: St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD

Sat 09:30-11:30: Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

Sat 10:00-12:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Sat 10:00-12:00: Christian Gates of Praise International Christian Centre, 79-83 London Rd, RM175YF



NHS Foundation Trust



26th June 31st July 30th October 27th November

Last Monday of every month 09:30-10:30am

Have you received an ASD diagnosis for your child? Do you have questions or concerns? Do you need someone to talk to?

The Specialist Health Visiting Team Nursery Nurse will be available for you on the last Monday of every month with a friendly face and a cup of tea at the Child Development Centre, Gifford House, Thurrock Community Hospital,

Long Lane, Grays, RM16 2PX 09:30-10:30am

www.nelft.nhs.uk

Specialist Health Visiting Team

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swampling your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.

RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.

2

3

4

6

KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.

EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.

MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.

CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.

Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.

SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.

TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once: instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.

ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.

9

10

11

FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.

BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.

IDENTIFY HELP

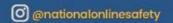
It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.

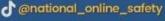


curses Happallymont become free arounced to 40000 [Happallymonth advention through upporting your shield with supporting according











2023-24 term dates, agreed by Trust Board on 20th September 2022

September 2023							October 2023							November 2023							December 2023						
M	Т	W	Т	F	S	S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S	S
				1	2	3							1			1	2	3	4	5					1	2	3
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31
							30	31																			
	January 2024						February 2024						March 2024							April 2024							
M	Т	W	Т	F	S	S	M	Т	W	Т	F	S	S	M	Т	W	Т	F	S	S	M	Т	W	Т	F	S	S
1	2	3	4	5	6	7				1	2	3	4					1	2	3	1	2	3	4	5	6	7
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10	8	9	10	11	12	13	14
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17	15	16	17	18	19	20	21
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24	22	23	24	25	26	27	28
29	30	31					26	27	28	29				25	26	27	28	29	30	31	29	30					
	May 2024						June 2024							July 2024							August 2024						
M	Т	W	Т	F	S	S	M	Т	W	Т	F	S	S	M	Т	W	Т	F	S	S	M	Т	W	Т	F	S	S
Г		1	2	3	4	5						1	2	1	2	3	4	5	6	7				1	2	3	4
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31	

Autumn Term: Monday 4 September 2023 – Wednesday 20 December 2023 73 days

Half Term 23 October – 3 November

Spring Term: Thursday 4 January 2024 – Thursday 28 March 2024

56 days

Half Term 19 February - 23 February

66 days **Summer Term:** Monday 15 April 2024 - Tuesday 23 July 2024

(22-23 July twilight inset payback)

Half Term 27 May – 31 May, and May Bank Holiday - 6 May

195 days

School Holiday
Additional autumn half term
Inset days, schools closed to students
Trust conference, schools closed to students