



# Newsletter

11th November 2022

Dear Parents and Carers,

## Remembrance Day

Thank you to all who made a donation to the poppy appeal this year.

Children have enjoyed wearing their poppies or related items in school and thanks to your efforts we have raised almost £500 to give to the Royal British Legion. This money will support the work of the RBL and benefit the families of those lost in conflict.

Today, we were able to host a service at the War Memorial to mark Remembrance Day. The year 6 children participated in a service of Remembrance led by Reverend Michelle Marshall and supported by the

Royal British Legion and the local Fire Service. Wreaths were placed at the Memorial on behalf of the Osborne Academy Trust, KS1 children of East Tilbury, KS2 children of East Tilbury, Bata Heritage Centre, Mayoress of Thurrock and the Royal British Legion. We were very proud of how our year 6 children conducted themselves and represented the school. The rest of the school and staff also observed a two minutes silence following a piece of work on the meaning and significance of this national day of remembrance.



## Bikes and Scooters

It is very encouraging to see so many pupils riding their bikes and scooters to school but please can we remind parents and carers that they are not to be riding them on the school site. We have a lot of parents and children on site during pick up and drop off, particular near the KS1 side of the school, and this increases the risk of children bumping into someone or coming off if they continue to ride rather than walk in.

[Thank you for your support with this.](#)

## Christmas events at the school

Yesterday you would have been sent out an information flyer which details our Christmas events for the season ahead. More information on the specific events will come through nearer the time but for now please mark them in your diary.

We wish you all a relaxing weekend

The Leadership Team



## Friday 16th of December—Non-Uniform

### PARKING

Could you please be vigilant and courteous if you bring your vehicle onto the school grounds and refrain from parking on any zig zag lines or on the zebra crossing.

The children's safety is of paramount importance.

### PE KIT

Could all children please have a PE kit in school **everyday.** If you are unable to provide your child with a PE kit please use our uniform shop as we will donate them to any families that cannot provide a PE kit for their child. Please ensure the PE kit is labelled and is in a bag labelled with your child's name.

Thank you



### SEND Coffee Morning

The next SEND coffee morning is scheduled for Thursday 15<sup>th</sup> December at 9am and will be attended by the school nurse, for if you have any queries about your child's health. We look forward to seeing you there.

### Christmas Cards

The last day to order your Christmas Cards is Monday 14th of November 2022



On Friday 18th of November the pupils may dress up for Children in Need in exchange for a £1 voluntary donation to Children in Need. They may come in non-uniform (spotty theme if possible but they can wear 'normal' non-uniform if they prefer).



### **Absence**

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please Telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

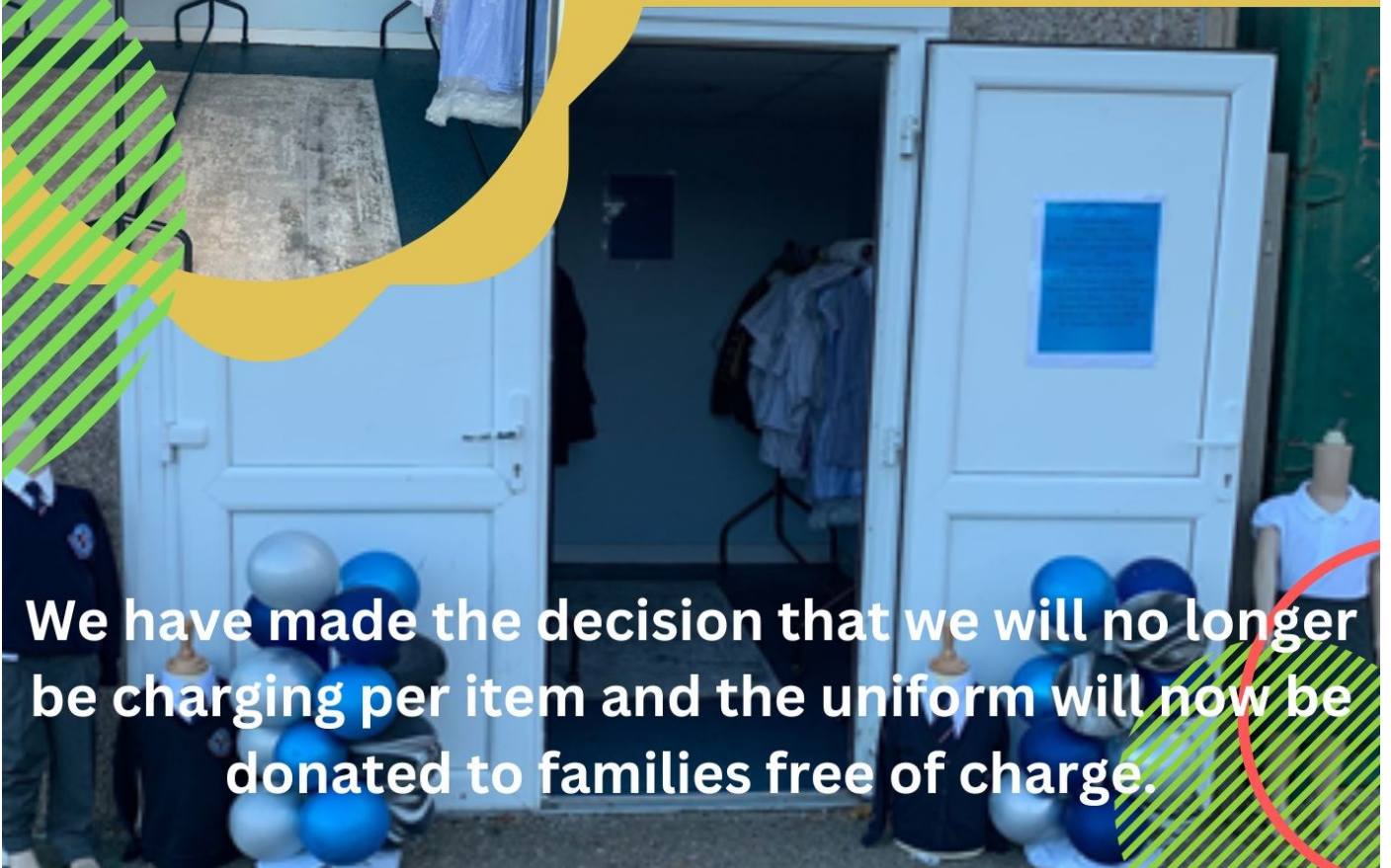
Home Visits will be carried out for any child that is absent for 3 or more school days without reason.



# East Tilbury Primary School Uniform Shop

**New Opening Times**

**Tuesdays - 8:40-9:00**  
**Fridays - 15:00-15:30**



**We have made the decision that we will no longer be charging per item and the uniform will now be donated to families free of charge.**

## Important dates:

Wednesday 16th November 2022	Flu Immunisations
Friday 18th November 2022	Children in Need—Non Uniform-Wear Spots to School!
Wednesday 30th November 2022	Year 6 Height and Weight checks
Thursday 8th December 2022	Pantomime
Friday 16th December 2022	Non-Uniform Day
Monday 19th December 2022— Tuesday 3rd January 2023	Christmas Holidays
Tuesday 3rd January 2023	INSET day—school closed to pupils
Wednesday 4th January 2023	Pupils return to school
Friday 10th February 2023	Non-Uniform Day
Monday 13th February 2023—Friday 17th February 2023	February Half Term
Thursday 30th March 2023	Non-Uniform Day
Friday 31st March 2023	Trust Conference Day—Non-Pupil Day
Monday 3rd April 2023— Friday 14th April 2023	Easter Holidays
Monday 17th April 2023	Pupils return to school
Monday 1st May 2023	May day—School Closed
Friday 26th may 2023	Non-Uniform Day
Monday 29th May 2023 —Friday 2nd June 2023	May Half Term
Monday 5th June 2023	Pupils return to school
Thursday 20th and Friday 21st July 2023	INSET days—school closed to pupils
Monday 24th July 2023	First day of summer holidays





# CHRISTMAS DATES

## Christmas events at ETP



- ❖ 27/11 – school choir singing from 2pm at the Village Hall Christmas Fete
- ❖ 5/12 – 2pm 'Craft and Carols' – Reception parents invited to join their children in class to make a Christmas craft and hear the children sing nativity carols – more information to follow
- ❖ 6/12 – 2.10pm 'Craft and Carols' – Year 1 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 7/12 – 2.10pm 'Craft and Carols' – Year 2 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 8/12 – National Christmas Jumper Day (normal uniform with a Christmas jumper) / Aladdin pantomime performance to the children / 'Craft and Carols' – 2.20pm Year 3 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 9/12 – Curriculum enrichment days across the school / 'Craft and Carols' – 2.20pm Year 4 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 12/12 - 'Craft and Carols' – 2.20pm Year 6 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow
- ❖ 13/12 - 'Craft and Carols' – 2.20pm Year 5 parents invited to join their children in class to make a Christmas craft and hear the children sing carols – more information to follow / PFA Carols on the memorial park 3.30pm -5pm (reindeer/sleigh and a special guest – with the school choir) – more information to follow
- ❖ 14/12 – Christmas Dinner day – children can wear a Christmas jumper to school (normal uniform with a Christmas jumper)
- ❖ 16/12 – last day of term – children can wear non-uniform (Christmas themed if they like!) – £1 voluntary contribution towards biscuit time



# How are you?

Sad? Stressed? Anxious?

Worried? Tearful? Overwhelmed?

## Want help?



## Your Mental Health First Aider is

### Miss. Mills

Training provided by



**There are plenty of different types of support out there, and a Mental Health First Aider can help you access the support you need to feel better.**

Mental Health First Aiders are a point of contact if you, or someone you are concerned about, are experiencing a Mental Health issue or emotional distress. They are not therapists or psychiatrists but they can give you initial support and signpost you to appropriate help if required.

To arrange a meeting, please contact me via email: [mhfa.etp@osborne.coop](mailto:mhfa.etp@osborne.coop)



# Parent workshop

## Helping an anxious child: Overcoming fears, worries and anxieties



MENTAL HEALTH SUPPORT TEAM

Would you like to understand more about how to support your child to cope with their worries, fears and anxieties?

\* Our local mental health and wellbeing support team will be running an anxiety workshop to empower you, as parents and carers, to support the needs of your child/ children.

### What will the workshop cover?

- \*What is anxiety and when does it become a problem?
- \*Physical symptoms of anxiety in children
- \*Practical tools and strategies for managing anxiety and information
- \*Helping children with anxious thoughts and worries additional support
- \*Unhelpful strategies
- \*Parents and anxiety
- \*Useful resources
- \*Where to seek

Wednesday 23rd November 2022 at 9am

Please arrive promptly at the school library, entering and exiting through the year 3 gate.

# RECEPTION

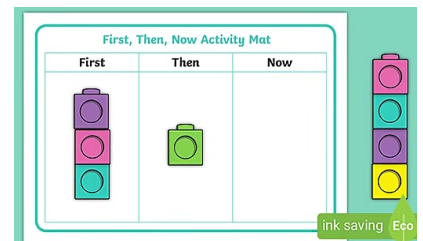
This week we have been looking at paramedics, vets, dentists and doctors and nurses and how they help us. We have also looked at the vehicles they use to help. We have looked at numbers 1, 2 and 3 and explored the different ways we could represent these numbers.

On Friday we discussed Remembrance Day and that we use this day to say the thank you to the armed forces for keeping us safe. We know that we wear poppies because they grew in the fields during the war. We enjoyed making our own poppy wreath using our handprints.

We have also read lots of lovely stories this week at the end of our school day. One of our favourites was The Smartest Giant in Town which was written by Julia Donaldson.



# Year 1



In Art this week, we explored printing. We discussed what is meant by 'printing' and found out that we can print using many different objects. We had lots of fun using Lego pieces to create our prints.

Here are some of the prints that we created. Well done Year 1!

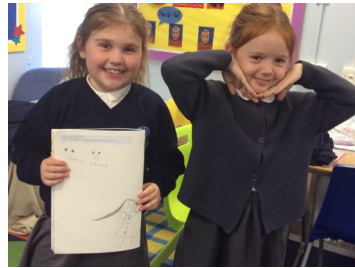


In Maths, we have been continuing our learning of addition. We used the first, then and now stories to visualise how a group of objects change as more are added. Using the first, now and then activity mat, we worked in pairs and rolled the dice twice for the number of cubes/ counting bears to go in the first and then columns and then worked together to find out the total to go in the 'now' column.

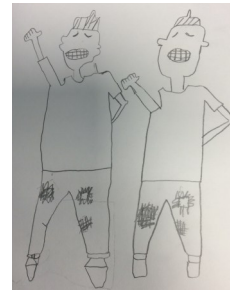


# Year 2

**We have been photographers again this week in computing. We were exploring how pictures look in portrait and landscape. We took pictures of people and objects in both landscape and portrait and reviewed the photos to decide which way looked best.**



**In Art, we have been practising illustrating facial expressions on characters. We experimented with how changing eyebrows and the shape of a mouth changes the facial expression which shows how a character is feeling.**



# Year 3

In Year 3 this week, we have learned about how the Stone Aged people survived and we discussed what hunter-gatherers did during the palaeolithic times for food and clothes. During the lesson, we role-played as if we were hunter-gatherers to hunt for food. We went outside to hunt for mammals, fruits, nuts and berries, we used elastic bands to aim at the targets. We had lots of fun doing this!



During our Science lesson this week, we investigated the different forces using a range of toys to understand if it uses a push or pull force. We enjoyed using newton meters to measure force.

## Year 4

In year 4 this week, we have continued honing in on their rugby skills by practicing passing, running with the ball and placing the ball down like a try.

Within Maths, we have been completing a range of lessons including subtraction with regrouping, answering test style questions and estimating.

During the English lessons, we have been concentrating on a range of grammar activities including how to use parenthesis (including all three symbols representing parenthesis), and using past, present and future tense accurately.

We have continued the foundation topic of 'The Anglo Saxons' where we were looking at the importance of both primary and secondary sources.

Following our assemblies about OPAL with the children, we have ordered some of the items the children suggested they would like to have outside at lunchtimes.

## Making Floats in Year 5.

This week we have been investigating a range of materials and their properties. First, we sorted a plethora of materials into groups, included - but not limited to - whether were hard or soft, flexible or rigid, transparent, translucent or opaque, conductive or an insulator. Subsequently, we then used these materials to make a floatation device (also known as a boat) that would hold a small character on-board. Most were successful, but some failed to be stable within the British, lousy waters (a puddle).

Elsewhere in the curriculum, pupils have written instructional texts on how to make Viking Shields. We look forward to using these texts to help us in the coming weeks...





# NEWS ALERTS



## Year 6 News



Test week... This week we have been working exceptionally hard during our first set of test papers. All Year Six pupils across the trust have been taking part in a mock SATs week; we have been looking at the 2017 SATs papers across Reading, SPaG and Mathematics.

Pupils have been rehearsing their part for the Remembrance Service which was held by the War memorial outside of school. Some pupils read parts of the service aloud and we all observed the two minutes silence in remembrance of those who have been lost during wars.

Fitting with the theme of Remembrance Day, the children have been creating wartime poetry based on various themes throughout the war. We explored some existing poems and then used those as inspiration to write our own three verse poem. Some of the themes the children wrote about were: the reality of war, PTSD, teamwork and solidarity, celebrating victory, loss and anger and many more. Amelia—in 6CP—wrote a poem called 'Hero.'

In science, pupils were investigating how the distance of an object from the light source impacts the length of its shadow. We experimented within the classroom and then completed a table and graph to represent the data obtained from our experiment.

Hero

Bullets flying above,  
Bitten and pinched skin.  
Bang! Bombs go crazy,  
Tanks exploding things.  
Lots of lives were lost,  
They used to be happy.  
The friend who died was missed,  
He was never seen again.  
The family were sad and emotional,  
Their child was gone...

Hero



Have an amazing weekend!



# THE GREAT SPOTACULAR

**B B C**  
**CHILDREN**  
**IN NEED**

**WE'RE RAISING**  
**MONEY FOR**  
**BBC CHILDREN**  
**IN NEED**

## **WHAT**

Wear spots to school to raise money for Children in Need. Pupils may wear 'normal' non-uniform if they would prefer.

## **WHEN & WHERE**

Friday 18th November 2022



# Maths Marvels



7th November - 11th November 2022

5AB 110 5NB 28 5JP 7

7th November - 11th November 2022

4SA 312 4BG 48 4TH 39

7th November - 11th November 2022

3NM 155 3LD 0 3EC 0

7th November - 11th November 2022

6LC 1223 6VP 96 6JM 55 6CP 2



Well done to everyone who has accessed TTRS this week! Keep logging on and getting more points for your class.

Who will be our TT Rock Stars leaders next week?

All classes	◇	Activity points ◇	Skill Quests points ◇	Points - Live ◇	Total points ◇
3NM	>	12180	10	790	12980
RMB	>	2160	0	0	2160
2NL	>	1740	10	47	1797
RES	>	1630	0	0	1630
1BA	>	1310	0	11	1321
5JP	>	1020	0	0	1020
1FK	>	850	0	0	850
4SA	>	830	0	248	1078
2RS	>	650	0	340	990
1GC	>	580	0	30	610
RFC	>	530	0	4	534
3EC	>	500	0	0	500
1CH	>	480	0	0	480

# REACH!! FOR THE STARS

*Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!*

RJG	William	For being a good friend
RMB	Jenson	For enthusiasm and perseverance in all aspects of his learning.
RFC	Jack-Junior	For his enthusiasm and increased confidence in his learning.
RES	Alfie H	For trying his best with his learning this week.
1CH	Harley	For always having a positive attitude towards his learning.
1GC	Elena	For having an amazing attitude towards her learning.
1FK	Freddy	For making good choices in all areas of his learning.
1BA	Leo	For his enthusiasm for learning and actively participating in class discussions this week.
2MR	Elsie	For creating an excellent habitat diorama and always being a positive role model
2RS	Siyon	For using great descriptive language in his writing.
2NL	Jacob A	For being more resilient and trying his best with his learning this week
2RM	Charlie	For his amazing attitude to learning this week.
3EC	Teddy	For his excellent effort in his reading.
3LD	Rebecca A	For her enthusiasm and active participation in class discussions
3NM	Lilly C	For her focused commitment to solve worded subtraction problems
4TH	Perri J	Applying herself well in maths and completing work independently in other subjects
4BG	Kaitlin G	For showing an amazing attitude towards her learning.
4SA	Sadie	For working hard to meet year 4 expectations across all subjects this week
5AB	Jack M	For having an amazing week and trying his best in all lessons.
5JP	Amira R	For a great effort with her Viking Shield instruction writing
5NB	Louie D	For being an outstanding team player within class.
6CP	Amelia-Rose C	For independently writing a war poem which has appeared in the newsletter.
6LC	Maizie C-M	For very thoughtful and moving war poem.
6VP	Scarlett O	For a a very emotive and moving war poem.
6JM	Jack F	For excellent use of figurative language in writing an emotive remembrance poem.



# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



## 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

## 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

## 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

## 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

## 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

## FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

## 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent "fighting their battles for them". In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

## 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

## 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report the person to the app or game where the bullying occurred.

## 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

## 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**NOS** National Online Safety  
#WakeUpWednesday





07702 127 252

# Surgery Schedule 2022

where and when to find us

Surgeries run term time only

To book an appointment: [www.patt.org.uk/surgeries](http://www.patt.org.uk/surgeries)  
scan the QR code or call 07702 127 252



**First Wednesday of Every Month 10am - 1pm**

Ockendon Children's Centre, 2a Afton Drive, RM15 5AP

4th May, 6th July, 7th Sept 5th Oct, 2nd Nov, 7th Dec



**First Thursday of Every Month - 9.30am - 12.30pm**

Tilbury Children's Centre, London Road, Tilbury RM18 8EY

5th May, 9th June, 7th July, 8th Sept, 6th Oct, 3rd Nov, 1st Dec



**Second Tuesday of Every Month 10am - 1pm**

PATT Offices, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ

10th May, 14th June, 12th July, 13th Sept, 11th Oct, 8th Nov, 13th Dec.



**Second Wednesday of Every Month 6pm - 8.30pm**

Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

**Including PATT ADHD Support group**

15th June, 13th July, 14th Sept, 12th Oct 9th Nov, 14th Dec.



**Fourth Tuesday of Every Month 2pm - 7pm**

PATT Offices, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ

24th May, 28th June, 27th Sept, 25th Oct, 22th Nov



**Fourth Wednesday of Every Month 10am - 1pm**

Purfleet Children's Centre, Centurion Way, RM19 1QA

25th May, 29th June, 28th Sept, 23rd Nov





# ADHD Support Group

For families with children and young people with  
ADHD and neurodiversity

For information on guest speakers, and to let us know you are coming,  
[www.patt.org.uk/adhdsupport](http://www.patt.org.uk/adhdsupport) or scan the QR Code below

**SECOND Wednesday of each month 6.30–8.30pm**

Stanford-Le-Hope Children's Centre, Copland Road, SS17 0DF

15th June, 13th July,

14th September, 12th October, 9th November, 14th December

**THIRD Monday of each month 10am–12pm**

16th May Chadwell Children's Centre, Claudian Way RM16 4QE

20th June Ockendon Children's Centre, Afton Drive RM15 5PA

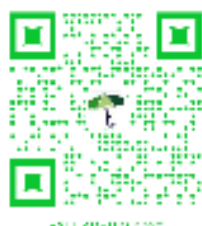
18th July Tilbury Children's Centre, London Road RM18 8EY

19th September Purfleet Children's Centre, Centurion Way RM19 1QA

17th October Thameside Children's Centre, Manor Road RM17 6EF

21st November Chadwell Children's Centre, Claudian Way, RM16 4QE

19th December Ockendon Children's Centre, Afton Drive RM15 5PA



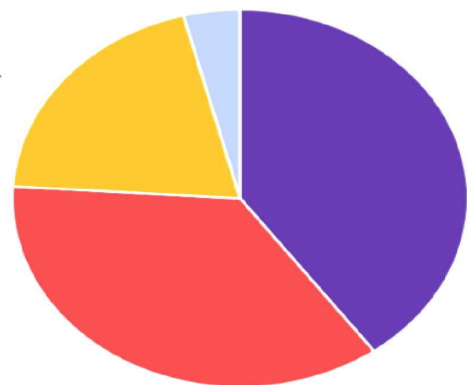
www.patt.org.uk



# ETPS PFA Update



## Splitting the £1.00



- **40p** goes to our school
- **36p** goes to cash prizes
- **20p** goes to admin costs
- **4p** goes to VAT

## How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to East Tilbury Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at [YourSchoolLottery.co.uk](http://YourSchoolLottery.co.uk) by direct debit or debit card.

**It's so easy to join and will make a real difference to East Tilbury Primary School**

**The Maths...** 100 tickets sold a week means  
= **£30** weekly cash prize  
= **£2,080** a year for our school



To start supporting, visit:  
**[yourschoollottery.co.uk](http://yourschoollottery.co.uk)**  
and search for: **East Tilbury Primary**

Supporters must be 16 years of age or older



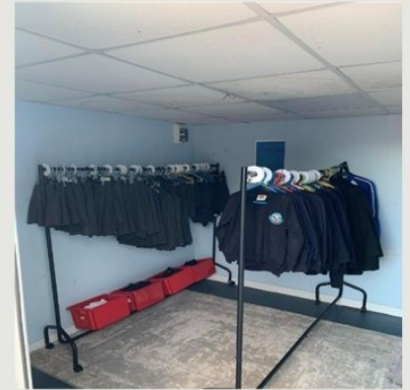




# EAST TILBURY PRIMARY SCHOOLS PRE-LOVED UNIFORM SHOP



OPENING TIMES:  
TUESDAY 8.40-9.00  
FRIDAY 15.00-15.30



**This week we are relaunching our school uniform shop. Considering the current cost of living crisis and how moving forward we want to support our families and school community, we have made the decision that we will no longer be charging per item and the uniform will now be donated to you free of charge.**

**All that we ask is that at the end of each year, if any of your child's old uniform that no longer fits is still in good condition, then you donate back to us so that we can recycle them to another family.**

**The condition of our stock is monitored very closely so please be assured that all items of clothing are in good or excellent condition.**

**We are extremely pleased to announce that we have received sponsorship from UNISON.**

**Peter Sansom, Branch Secretary for Thurrock UNISON says, "We are delighted to be able to collaborate with East Tilbury Primary School on this exciting pre-loved clothing project by providing funding for essential equipment for the new shop. The aims behind it align with the UNISON values perfectly – it provides a cost-effective solution for low-income families and vulnerable pupils as well as recycling perfectly good clothing which would otherwise end up in landfill. In this climate we commend the school and volunteers who implemented such a successful and important project, and this is why we are so happy to be associated with this. We are always looking to support schools with valuable projects such as these and would welcome enquiries for future collaborations to expand this fantastic concept across Thurrock."**

**UNISON have made a donation which will cover the upkeep and running of the shop for the next two years. With their donation we have been able to purchase washing powder, lighting, and clothes rails. We also now have a permanent base on the KS2 playground by years 5 & 6.**

**Please pop by and visit us. Any donations will be very gratefully received and can be taken to the school office or dropped off to a member of staff on the gate.**







## Do you receive any of the following?

- Income support
- Employment Support Allowance (Income Related)
- Income based Job Seekers Allowance
- Guaranteed Pension Credit
- Child Tax Credit and your income (as calculated by the Inland Revenue) is less than £16,190
- Universal Credit
- Receiving support under Part VI of the Immigration and Asylum Act of 1999
- In the Armed Forces

**If you can answer yes to any of the above you may qualify for free school meals/Pupil Premium**

The school office will help with your application. If your application is successful not only will your child receive free school meals, but our school will receive £1,300 additional funding (per child). This is called Pupil Premium.

All applications are confidential.





# New Winter Menu—Please follow after October Half Term

## Week 1

Week commencing - 31st Oct - 21st Nov - 12th Dec - 2nd Jan - 23rd Jan - 13th Feb - 6th Mar - 27th Mar

Please note that the menu may change subject to local needs

<b>Monday</b>	Chicken meatballs in a Tomato sauce with spaghetti pasta	Meat Free Sausage Roll with Diced potato	Jacket Potato with a Choice of Filling	Ham sandwich	Mixed Vegetables or Fresh Cauliflower	Peaches & Ice Cream
<b>Tuesday</b>	Shepherds Pie	Bubble salmon with mash potato	Jacket Potato with a Choice of Filling	cheese sandwich	Fresh Broccoli or Sweetcorn	Cocoa Sponge with Cocoa Sauce
<b>Wednesday</b>	Roast Chicken with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cabbage or Fresh Carrots	Fruit Jelly
<b>Thursday</b>	Cheese & Tomato Pizza with Potato Wedges	Sweet potato & Butternut Squash Bake	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Ice pole
<b>Friday</b>	Fish Fingers with Chips	Quorn Sausage with Chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or Peas	Coconut Sponge



## Week 2

Week commencing - 7th Nov - 28th Nov - 19th Dec - 9th Jan - 30th Jan - 20th Feb - 13th Mar

<b>Monday</b>	Vegetable Bolognese with Spaghetti	Quorn Nuggets with Herby Diced Potatoes	Jacket Potato with a Choice of Filling	Ham sandwich	Sweetcorn or Baked Beans	Fruit Smoothie
<b>Tuesday</b>	Chicken Enchiladas	Macaroni Cheese	Jacket Potato with a Choice of Filling	cheese sandwich	Mixed Vegetables or Fresh Broccoli	Marble Sponge & Custard
<b>Wednesday</b>	Roast Gammon with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cauliflower or Fresh Carrots	Fruit Jelly
<b>Thursday</b>	Cheese & Tomato Pizza with Potato Wedges	Vegetable Chilli & Rice	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Apple Flapjack
<b>Friday</b>	Fish Finger with Chips	Vegetable Fingers with Chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or peas	Toffee cake & Custard

## Week 3

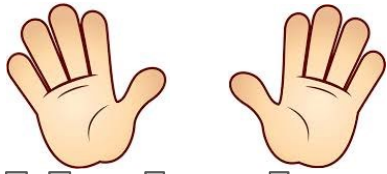
Week commencing - 14th Nov - 5th Dec - 26th Dec - 16th Jan - 6th Feb - 27th Feb - 20th Mar

<b>Monday</b>	Pork Sausage casserole with Diced Potato	Cheesy Wrap Stack with Diced potato	Jacket Potato with a Choice of Filling	Ham sandwich	Fresh Broccoli Sweetcorn or	Frozen Yoghurt
<b>Tuesday</b>	Creamy Chicken Curry with Rice	Cheesy Tomato Pasta	Jacket Potato with a Choice of Filling	cheese sandwich	Fresh Cauliflower or Mixed Vegetables	Spiced Orange Cake with Custard
<b>Wednesday</b>	Roast Chicken with Roast Potatoes	Roast Quorn Fillet with Roast Potatoes	Jacket Potato with a Choice of Filling	Tuna mayo Sandwich	Fresh Cabbage or Fresh Carrots	Fruit Jelly
<b>Thursday</b>	Cheese & Tomato Pizza with Potato Wedges	Vegetable pasta Bake	Jacket Potato with a Choice of Filling	Ham sandwich	Green Beans or Sweetcorn	Vanilla Shortbread
<b>Friday</b>	Fish Fingers with Chips	Quorn Nuggets with chips	Jacket Potato with a Choice of Filling	cheese sandwich	Baked Beans or peas	Apple sponge

**Additional daily foods available:** Seasonal salad bar  
Wholemeal bread • Alternative desserts (yoghurt or fruit)

Our **Roast Dinners** are also served with a Yorkshire Pudding!





# Help is at hand

## Keep in touch!

We are missing being in contact but do not forget we are still here to help where we can.



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email: [office.etp@osborne.coop](mailto:office.etp@osborne.coop)



East Tilbury Primary School  
Princess Margaret Road  
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed.

Log on and have a look!



Twitter: [@EastTPPrimary](https://twitter.com/EastTPPrimary)

At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

◇ Mrs Bates

Due to the size of the school, we have the following designated staff who can deputise in the Head of School's absence:

◇ Mr Gowland

◇ Dr. Emmanuel

◇ Mr Bennett

◇ Mrs Jarvis

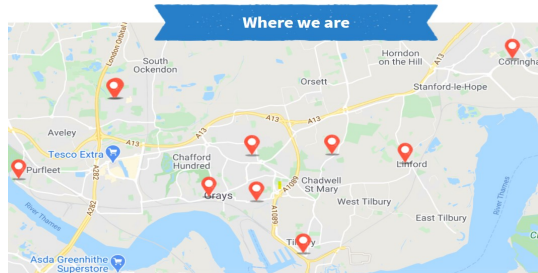
◇ Mrs Mylam

◇ Mrs Allen

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone **immediately** if you believe it is urgent.

[Thurrock MASH \(Multi Agency Safeguarding hub\), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team \(for out of hours\) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 \[www.childline.org.uk\]\(http://www.childline.org.uk\) · NSPCC 0808 800 5000 \[www.nspcc.org.uk\]\(http://www.nspcc.org.uk\); \[www.facebook.com/nspcc\]\(https://www.facebook.com/nspcc\)](#)



## LOCATIONS

*Here are the opening times and locations for our foodbank centres. Everyone who comes to the foodbank for emergency food needs to have a valid foodbank voucher.*

**Tues 14:00-16:00:** St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

**Weds 09:30-12:00:** Thurrock Christian Fellowship, 2-4 Chase Rd, Corringham, S17 7QH

**Weds 13:30-15:00:** Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

**Thurs 11:00-13:00:** St. Francis Centre, Somerset Rd, Linford, SS17 0QA

**Thurs 11:00-13:00:** All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

**Fri 10:12:00:** St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD

**Sat 09:30-11:30:** Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

**Sat 10:00-12:00:** All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

**Sat 10:00-12:00:** Christian Gates of Praise International Christian Centre, 79-83 London Rd, Grays, RM 17 5YF