

School News

A MESSAGE FROM THE SENIOR LEADERSHIP TEAM

Dear Parents and Carers,

This week has been a fun-packed and creative learning experience for all – as is always the case here at East Tilbury Primary School!

Harvest



On Monday morning we welcomed Revd. Michelle to the school to lead a special assembly about Harvest. Revd. Michelle focused on how we can share the good things we have with others to make the world a better place. This year the school will once again be donating to Thurrock Food bank. On Wednesday of next week (15th October), we welcome you to bring any food donations to either the silver or blue gate, that you usually bring your children through in the morning. At each gate there will be a container that you can leave your donation in, and this will then be collected by the food bank staff later that day. The Thurrock Food bank provide meal packs for vulnerable families across Thurrock and perform amazing practical support to the local communities of Thurrock. Please see the information poster later in the newsletter for information on the types of food that can be donated. Thank you in advance for your food donations.

'Hello Yellow' day



Today we celebrated our annual 'Hello Yellow' day to raise awareness of mental health and wellbeing. Both children and staff had the opportunity to wear something yellow. This links in with the #HelloYellow campaign from the Young Minds charity – who do great work to support the wellbeing of children and young people. We were even visited by the Minions!

Year 5 – Young Leaders visit the Royal Opera House Purfleet



On Thursday, we took 11 young aspiring leaders from Year 5 to work with a local Arts organisation 'Kinetika'. Kinetika have a long-standing relationship with the school and have supported us in many arts initiatives over the last ten years. This year the organisation wanted to help launch a young leaders programme and our school was selected to take part. The children enjoyed collaborating with other young leader and to begin planning a schoolwide event in the summer. We look forward to the projects this group of children may lead in the future!

Visit from an Athlete!

Yesterday we were visited by Courtney Orange, a commonwealth Gymnast. He worked with each class and then led two assemblies to raise awareness of the importance of physical health and to inspire the children to reach their own dreams- they also had a lot of fun as well!

We wish you all a relaxing weekend ahead,

School Leadership



Prospective New Parent Tours



Reception 26/27 Admissions

Tuesday 14th October
10-11am

Wednesday 15th October
6-7pm

Wednesday 12th November
10-11am



East Tilbury Primary School



Join us!

 [https://east-tilbury.osborne.coop/
office.etp@osborne.coop](https://east-tilbury.osborne.coop/office.etp@osborne.coop)

 01375 846181

To book a space on one of the tours please contact the school office.

Important Information

Absence

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**.

Please telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

Home Visits will be carried out for any child that is absent for 3 or more school days without reason.

If your child has an injury and has been given medical advice that we need to follow as a school, please bring them to the school office for 8.15am on their first day back at school following the injury so that we can complete a risk assessment.

Thank you for your cooperation

Reminder – Children's sponsorship money needs to be in by Tuesday 14th October 2025.

We need you...



Please label all children's school uniform. This helps us return lost property to the correct child and prevents parents from having to replace missing uniform as often. This is particularly important as the weather is colder and children are wearing jumpers/cardigans to school.



Harvest Collection Day –
Wednesday 15th October – please bring items to either the big blue gates by Early years or the big silver gates by year 4 during morning drop-off. Thank you so much.

Please ensure your child has a PE kit in school each day. If you are struggling with this, please contact Mrs Jarvis or Mrs Allen.

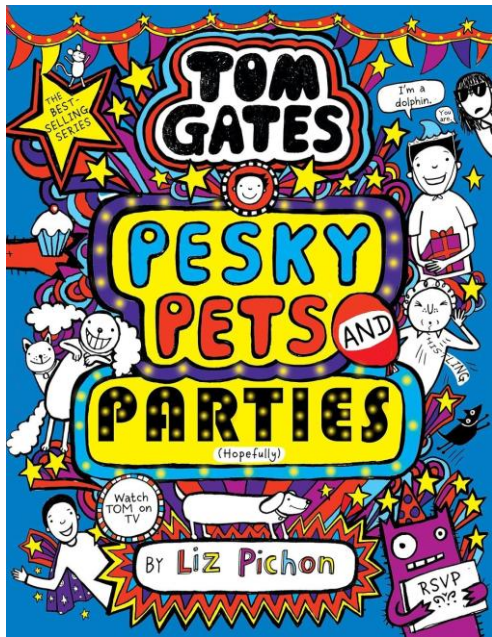
Thank You

We are continually updating our OPAL resources and would gladly accept donations of:

- Tennis balls
- Footballs
- Bats
- Dressing up clothes
- Colouring books
- Crayons
- Big cars
- Lego



Recommended Reads



Tom Gates: Pesky Pets and Parties by Liz Pichon

Norman's told the whole school that **DogZombies** have a **NEW SONG** and a **NEW LOOK** for the **BIG** end of term party.

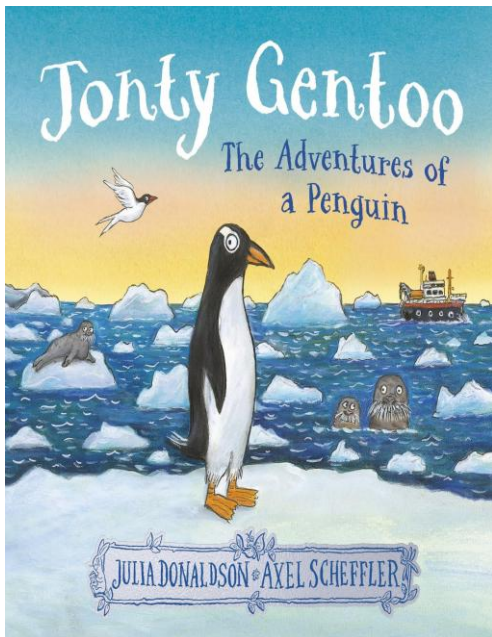
But the problem is...
they don't.

How can they be the **best band** when they will be up against **Oakfield Manor** school?

Will Tom make it to **Leroy's party** on time?

Is dressing as a **dolphin** with a **blue face** a good idea?

And will Mum and Dad ever do a **fun run** again?



Jonty Gentoo - The Adventures of a Penguin

by Julia Donaldson

One night, he sneaks out of the zoo and sets off on an **amazing adventure**, all the way to **Antarctica** (with an accidental detour to the **North Pole!**)

Children will be cheering Jonty on as he finally finds his way, in this captivating story of **bravery**, **friendship**, and **finding your place in the world.**

These books and many more will be available during our Book Fair which will be running on the same evenings as Parent Consultations



SEND in Focus



Have you received an Autism diagnosis for your child?
Do you have questions or concerns?
Do you need someone to talk to?

The Specialist Health Visiting Team Nursery Nurse and colleagues will be available on the third Monday of the month at the Child Development Centre, Gifford House, Thurrock Community Hospital, Long Lane, Grays, RM16 2PX

09:30-10:30am



Specialist Health Visiting Team Advice Line

**Tuesdays
and
Thursdays**

**Between
09:30am
11:30am**

**0300 300
1816**

Who Can Call?

Parents, Carers and Professionals for Children with additional needs that require specialist health advice and support, who are currently/previously known to the Community Paediatricians.



For more information on the Specialist Health Visiting Team, please scan the QR code.

NELFT

NHS

Diary Dates

Thursday 16th October 2025	Individual and Sibling photographs
Monday 20 th October – Friday 31 st October 2025	Half Term
W/b 17th November 2025	Parent consultation week R,1,2 - Mon /Tues 3/4/5/6 Wed/Thurs
W/b 17th November 2025	No teacher run clubs
Wednesday 3rd December 2025	Panto
Tuesday 9th and Wednesday 10th December 2025	R/1/2 Christmas performance week
Thursday 11th December 2025 2.30pm	Rocksteady children performance
15 th w/b December 2025	No teacher run clubs this week
Monday 22nd December 2025 –Friday 2nd January 2026	Christmas Holidays
Monday 5th January 2026 – INSET day	INSET day
w/b 5th January 2025	No teacher run clubs this week
w/b 12th January 2026	Teacher run clubs start back.
Tuesday 13th January 2026	Year 4 start swimming
W/b Monday 16th February 2026	Half Term
Monday 23rd February 2026	Trust Day
Tuesday 24th February 2026	Young Voices @ 02
w/b Monday 9th March 2026	Parent consultation week R,1,2 Mon /Tues KS2 Wed/Thurs
Monday 30th March 2026 – Friday 10th April 2026	Easter Holidays
Monday 4th May 2026	Bank Holiday
w/b Monday 25th May 2026	Half Term
Tuesday 2nd June 2026	Year 6 swimming
Wednesday 8th July 2026	Open Evening
Monday 20th and Tuesday 21st July 2026	INSET days

Do you need support?

East Tilbury Primary Schools Online Pastoral Support.

We are very excited to launch our new Pastoral service to our school community. From today you can access support by completing a simple and quick online form.

We have been working hard over the last few months to set up extra support for our families which is very much needed at this challenging time. If you require support, then please do not hesitate to reach out. We are hoping this service will be a fantastic addition to the support we can provide for our school community. Please reach out if you need anything, we are always here to offer you support.

To make the process simple we have created a QR Code (at the top of the poster) which you can just scan, and this will take you directly to the form.

WE CAN HELP WITH

- Food
- School Uniform
- Hygiene Products
- Wellbeing

FOR MORE INFORMATION VISIT:

www.easttilburyprimary.thurrock.sch.uk



READERS OF THE WEEK

5SG

&

2RS

Congratulations

Each week, teachers keep track of how many pupils have read at home **at least five times**. The class with the highest number of regular readers is celebrated during our **Friday Celebration Assembly**. Let's keep up the great reading habits!

Class News

Reception

This week in Reception we have had another busy week, in phonics we have been focusing on the sounds i, m, n and ,d. We are beginning to blend the sounds together to make words.

In Maths we have been busy ordering sets according to size , matching dominoes and completing puzzles.

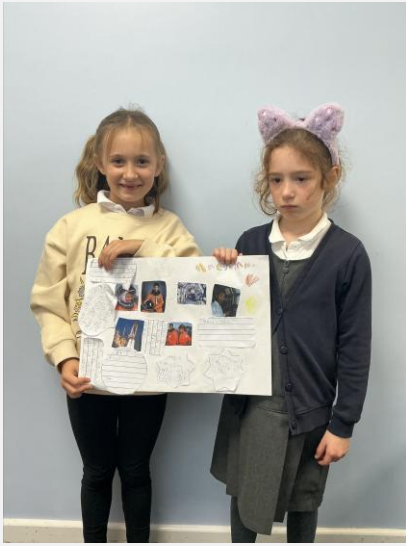
We also had a very special visitor - a great athlete who come to demonstrate some of his amazing skills.

Year One

This week we have continued to work hard to apply our phonics knowledge to our writing. We have been describing 2d and 3d shapes using their properties and enjoyed using our observational drawing skills to show seasonal weather changes. One highlight of our week was creating a 'caring web' where we each shared something about how we could show kindness or caring for someone - there were some wonderful ideas!



Class News



Year Two

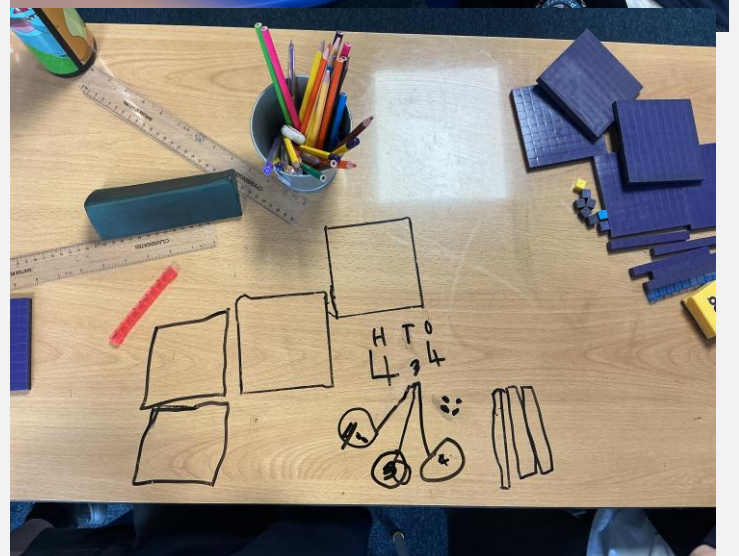
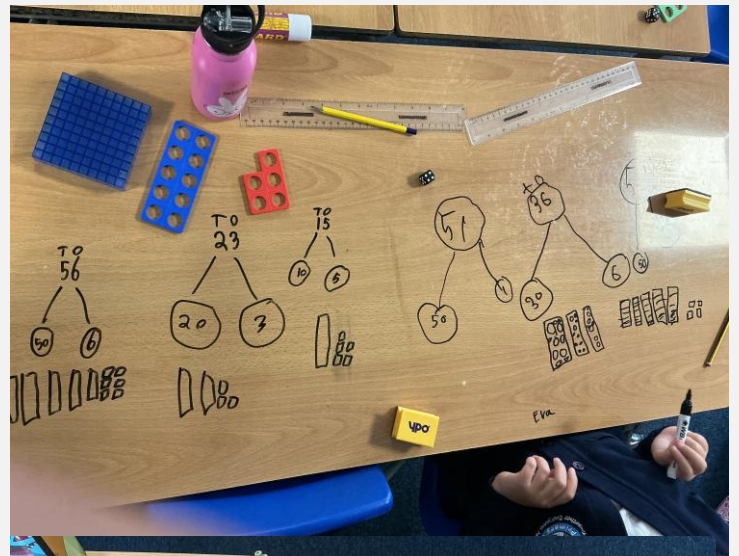
This week in Year 2 has been astronomical! We have continued to investigate astronauts – Brit, Tim Peak and the famous moonwalker, Neil Armstrong – in foundation studies and in our writing lessons. These inspirational people both share tales of determination, resilience and perseverance as they became successful pioneers for space travel. (This to not belittle the two Russian dogs who made it into space first.)

In addition, we had the privilege this week of meeting successful national gymnast Courtney Orange! His session was great fun and filled us with aspiration to follow in his footsteps. However, the teachers will even admit, he put us all through our paces – so we cannot wait to see the sponsorship coming in.

We look forward to updating you about our enrichment day over the social media channels and next week's newsletter. Have an amazing weekend.

Year Three

This week we have honed our computing skills by accessing our online Ebooks. We are looking at partitioning in maths. We are getting ready to write our own version of Stone age boy. In PE we attempted some ensemble dancing to drumming. By 3MR



Class News

Year Four

Welcome to a tour of our week this week! English – pupils have started working on stacking sentences for their new narrative based on the picture book ‘Farther’, by Grahame Baker-Smith. We have looked at a Father’s dream to take flight himself and how he will stop at nothing to make his dream come true... In Maths, children have been working on consolidating their column addition and subtraction skills, with a heavy focus on more than one regrouping in subtraction. Try testing your child at home to see how they have found it! Our curriculum day –we have been creating a scaled model reconstruction of our school, but with a twist... they have been able to add in their own ideas for a futuristic school. It appears some children would like to add swimming pools, 3G astroturf pitches, ice rinks and many other ideas. Take a look below for some images of their plans and their constructions so far!



Class News

Year Five

This week in Year 5, we've had an exciting and productive week of learning! In maths, we completed our unit on addition and subtraction, growing in confidence using both mental and written methods to solve real-life problems. In English, the children are working on their independent writes, creating stories about a character who has a childhood dream, faces challenges, but perseveres to achieve their goals. In RE, we explored the theme of forgiveness through Bible stories such as the Good Samaritan and The Parable of the Lost Sheep. The children used their drama skills to act out scenarios showing kindness, empathy, and forgiveness. Our science lesson was a hands-on adventure! The children investigated air resistance by designing parachutes to safely carry an egg. They explored how the size and material of the parachute affected its fall speed and landing, learning how more air resistance creates a softer, safer landing.

Year Six

This week in our history lesson, we explored one of the bloodiest battles in the Western Front from the Second World War, The Battle of the Bulge. We explored and designed foxholes and created a guide on how to stay alive during the conflict. In science, we created circuits to send messages using morse code, using bulbs and buzzers. Our curriculum day on Friday included various methods of photo montaging, and we created city skylines and using the I pads to create closeup photos in nature.



Reach for the Stars



Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!

RJG	Ellie	For using her creative skills to draw her family
RMB	Soraya	For applying her sounds into her writing.
RES	Willow	For working hard and always trying her best.
1SL	Victoria	For working hard to apply her sounds in phonics.
1CD	Matei	For settling so well into our class.
1EC	Belle	For her independent writing.
2BG	Khira	For her growing confidence in participating in class discussions.
2NB	Poppy	Being always hard-working and determined to improve upon her best.
2RS	Ella	For being kind and always trying her best
3TG	Theodor	For improving his learning behaviours and trying hard in class.
3MR	Ivy P	For sketching, drawing and painting an amazing barn owl in art.
3CS	Faith	For being a kind and considerate member of our class
4ML	Nathan	Making positive choices in class and improving his learning behaviour.
4CP	Freya L	For her creativity during Curriculum Day
4BA	Daisy-Dolly	For her incredible effort in phonics and reading skills lessons this week.
4KC	Oliver W	For working hard to improve his handwriting skills.
5SG	Beau-Lillie	For consistently having a positive attitude to learning across all subjects.
5SA	Daanya	For being helpful and kind to all adults and pupils in school.
5LC	Sherlyn C	For a great independent write 'Luna's Story'
6AB	Grace A-B	For being an inspiring role model to her peers.
6TH	Isabella	For showing resilience in maths.
6NM	Antoinette	For being an inspiring role model to her peers.



Maths Marvels



All pupils at East Tilbury Primary have logins for Times Tables Rockstars and are able to log on at home to practice their times tables.

Congratulations to all the winning classes! Well done to Y1 and Y2 for scoring more points than last week and for having more of you taking part in the brilliant Tournament!

6th October - 10 October 2025

5LC

950

5SG

788

5SA

336

6th October - 10 October 2025

2RS

35

2NB

31

2BG

0

6th October - 10 October 2025

1SL

14

1CD

10

1EC

4

6th October - 10 October 2025

3CS

38

3MR

37

3TG

9

6th October - 10 October 2025

4KC

442

4BA

166

4ML

94

4CP

26

6th October - 10 October 2025

6NM

629

6AB

346

6TH

1

10 Top Tips for Parents and Educators

DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



The National College®



Thurrock
Teacher Training

Get into Teaching

St Clare's School

Lead ITT provider in partnership with Tes institute are pleased to announce that trainee places are available for the academic year 2025/2026.

*'Our trainees success rate
Securing QTS = 100%
Employed = 100%'*



Our partner schools for
2025/2026 include:

Primary

Chadwell St. Mary, Deneholm, East Tilbury, Thameside, Stifford Clays, Horndon-on-the-hill, Stanford-le-Hope, Doddinghurst, Little Thurrock, Arthur Bugler, Warren Primary, Bonnygate Primary, Woodside Academy

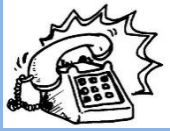
Secondary

Grays Convent, Marshalls Park, Ormiston Park Academy, St. Clare's School, William Edwards The Gateway Academy, Brentwood County High, Hathaway Academy, Orsett Heath Academy

"The Tes Institute course was brilliant, and I would recommend it to others who are thinking of entering a career in teaching"
- 2024 Trainee

For all enquiries please contact:
thurrockteachertraining@osborne.coop

Keep in Touch



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email: office.etp@osborne.coop

East Tilbury Primary School

Princess Margaret Road
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed. Log on and have a look!



Twitter:
[@EastTPrimary](https://twitter.com/EastTPrimary)



At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

- Mrs Dawson

Due to the size of the school, we have the following designated staff who can deputise in the Headteacher's absence:

- Mr Gowland
- Mrs Jarvis
- Mrs Mylam
- Mrs Allen
- Mrs Sheridan

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone immediately if you believe it is urgent.

Thurrock MASH (Multi Agency Safeguarding hub), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team (for out of hours) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 www.childline.org.uk · NSPCC 0808 800 5000 www.nspcc.org.uk; www.facebook.com/nspcc



Tues 14:00-16:00: St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

Tues 11:00-13:00: St. John the Baptist Church, Tilbury, Dock Road, Tilbury, RM18 7PP

Weds 11:00-13:00: Gateway People's Centre, High Street, Stanford Le Hope, Essex, SS17 0EY

Weds 13:00 -14:30: Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

Thurs 11:00-13:00: St. Francis Centre, Somerset Rd, Linford, SS17 0QA

Thurs 11:00-13:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Fri 10:12:00: St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD


Sat 09:30-11:30: Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

Sat 10:00-12:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Sat 10:00-12:00: Christian Gates of Praise International Christian Centre, 79-83 London Rd, RM175YF


Osborne Term Dates for 2025-26 (Approved by Trust Board 24/09/24)


September 2025							October 2025							November 2025							December 2025						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
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January 2026							February 2026							March 2026							April 2026						
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May 2026							June 2026							July 2026							August 2026						
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25	26	27	28	29	30	31	29	30						27	28	29	30	31			24	25	26	27	28	29	30
																					31						

 = School Days

 = School Holidays

 = Bank Holidays

 = Weekends

 = additional autumn half term

 = Trust training day