



Newsletter

10th February 2023

Dear Parents and Carers,

As we approach another half-term break, we continue to be impressed by the efforts and creativity of our pupils and staff.

Biscuit time

It was great to see the school awash with colour as the children wore their non-uniform to raise money for our biscuit time. Biscuit time is far more than just a snack time! It is an opportunity for children to talk about their day or teachers to address a pressing issue with the children. It forms an important part of our nurture approach, to give pupils a voice and help the class feel a sense of togetherness as they discuss important topics. Thank you to those who gave a donation of digestive biscuits or a £1, it is much appreciated.

Safer-Internet Day

In school this week, we join thousands of schools across the country to recognise the importance of our pupil's safety online. Children took part in learning workshops and assemblies to reiterate the familiar messages that we deliver through our e-safety learning programme of study. For more information on helping your children stay safe online see the image below or visit: <https://www.saferinternetday.org/>

[Thinkuknow](#) - for advice from the National Crime Agency to stay safe online

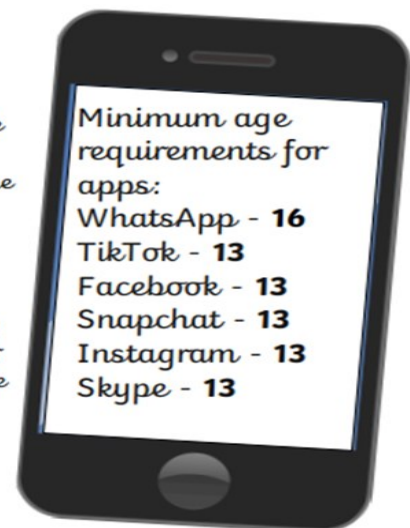
[UK Safer Internet Centre](#) - advice for parents and carers

Online Research Tips

- 1) Make your keywords as precise as possible. If you're looking for information on a Tyrannosaurus Rex, don't type in "dinosaurs".
- 2) Use two or more keywords in your search, but put the most important keywords first. For example, if you wanted information about what the T-Rex ate, you might use the following keywords in this order - Tyrannosaurus Rex diet. The search engine will look for web pages that contain all of these words.
- 3) Make sure you spell the keywords correctly.
- 4) Use a child-friendly search engine, such as [Kiddle](#).
- 5) Include the words - '**for kids**' - to help make the results more age appropriate.



Keeping a healthy dialogue with children about their online activity and a degree of monitoring, especially on messaging sites, and setting clear boundaries is the best way of keeping your child safe.



Minimum age requirements for apps:
WhatsApp - 16
TikTok - 13
Facebook - 13
Snapchat - 13
Instagram - 13
Skype - 13

These applications have age limits in place to keep users safe, and protect younger users from inappropriate contact and content.

We wish you and your family a relaxing and enjoyable half-term break and we look forward to welcoming you back to school on Monday 20th February.

The Leadership Team

PARKING

Could you please be vigilant and courteous if you bring your vehicle onto the school grounds and refrain from parking on any zig zag lines or on the zebra crossing.

The children's safety is of paramount importance.

If any of our parents/carers have any of these coffee pots that they have finished with, Mrs Martin would love to recycle them for you at her Art Club.

Please give them to Mrs Martin on the year 3 gate or drop them into the school office.



SEND Coffee Morning

The next SEND coffee morning is scheduled for Friday 17th March at 9am and will be attended by our Speech and Language therapist so if you have any questions about your child's speech and language please come along. We look forward to seeing you there.



PE KIT

Could all children please have a PE kit in school **everyday.** If you are unable to provide your child with a PE kit please use our uniform shop as we will donate them to any families that cannot provide a PE kit for their child. Please ensure the PE kit is labelled and is in a bag labelled with your child's name.

Thank you



Absence

If your child is too ill to attend school, this must be reported to us by no later than **9.00am**. Please Telephone the school, press one and leave a message on the voicemail box stating your child's full name, class, the reason for absence and when we can expect them to return to school (if known).

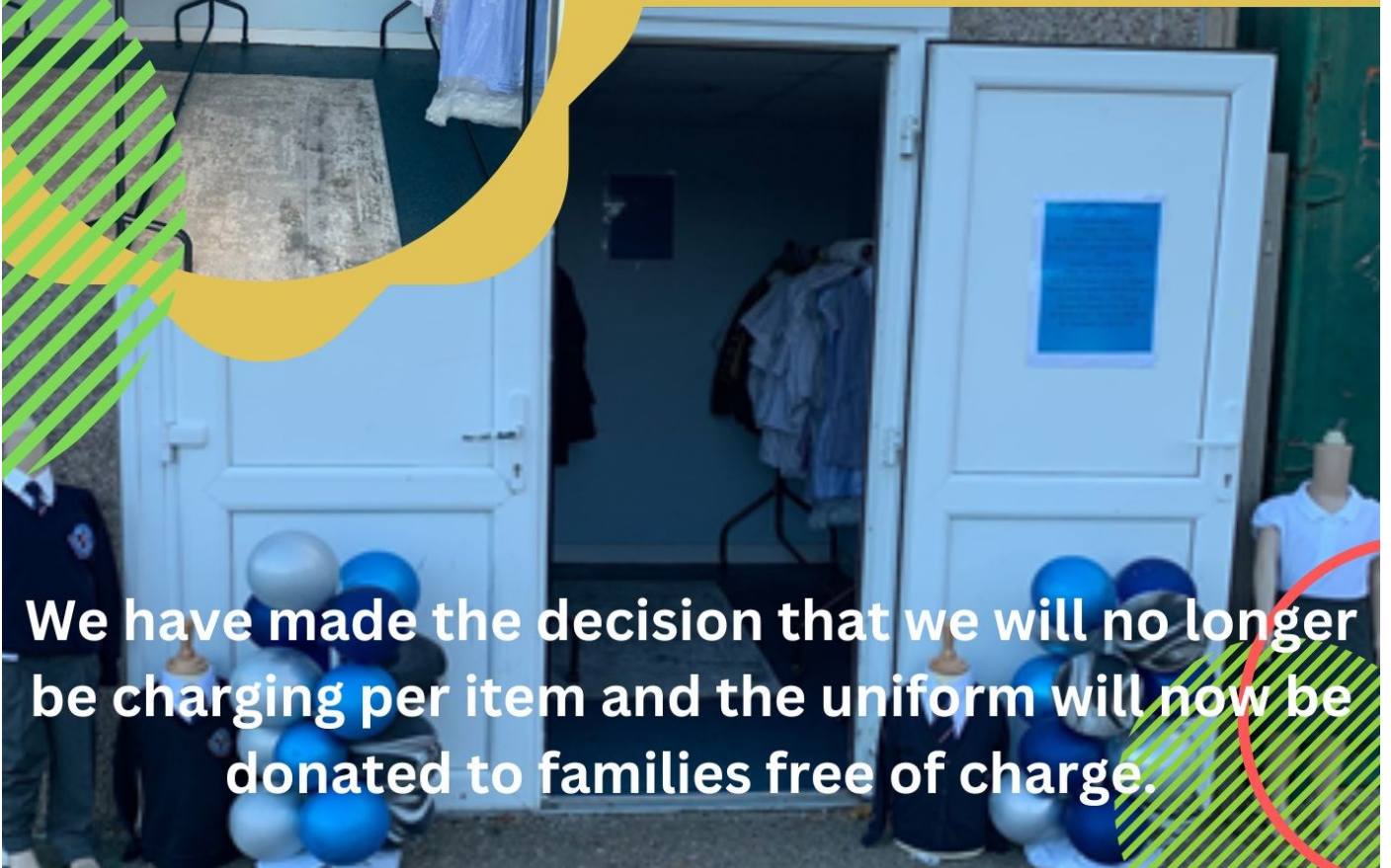
Home Visits will be carried out for any child that is absent for 3 or more school days without reason.



East Tilbury Primary School Uniform Shop

New Opening Times

Tuesdays - 8:40-9:00
Fridays - 15:00-15:30



We have made the decision that we will no longer be charging per item and the uniform will now be donated to families free of charge.

Important dates:

Monday 13th February 2023—Friday 17th February 2023	February Half Term
Tuesday 21st February	Pancake Day
Friday 17th March 2023	Red Nose Day
Thursday 30th March 2023	Non-Uniform Day
Friday 31st March 2023	Trust Conference Day—Non-Pupil Day
Monday 3rd April 2023— Friday 14th April 2023	Easter Holidays
Monday 17th April 2023	Pupils return to school
Monday 1st May 2023	May day—School Closed
Monday 8th May 2023	Bank Holiday—School Closed
Friday 26th May 2023	Non-Uniform Day
Monday 29th May 2023 —Friday 2nd June 2023	May Half Term
Monday 5th June 2023	Pupils return to school
Thursday 20th and Friday 21st July 2023	INSET days—school closed to pupils
Monday 24th July 2023	First day of summer holidays



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How are you?

Sad? Stressed? Anxious?

Worried? Tearful? Overwhelmed?

Want help?



Your Mental Health First Aider is

Miss. Mills

Training provided by



There are plenty of different types of support out there, and a Mental Health First Aider can help you access the support you need to feel better.

Mental Health First Aiders are a point of contact if you, or someone you are concerned about, are experiencing a Mental Health issue or emotional distress. They are not therapists or psychiatrists but they can give you initial support and signpost you to appropriate help if required.

To arrange a meeting, please contact me via email: mhfa.etp@osborne.coop



Osborne
Co-operative Academy Trust

**SUPPORT, INSPIRE &
MAKE A DIFFERENCE!**

BECOME A SCHOOL GOVERNOR



We are always looking for people that want to make a real difference for children and young people in the community.

Is this you?


If it is then becoming a governor could be just the thing for you!

Scan the QR code below with your phone's camera to watch a short video about what it's like to be a school governor at an Osborne Trust School...



If you are interested and want to know more, please call or email us...

 **01375 648966**

 **info@osborne.coop**

Self-help / Self-responsibility / Democracy / Equality / Equity / Solidarity

Tuesday 21st February

Pancake Day

Pancake

**With or without
Lemon & Sugar**



On 21st February 2023, the kitchen will be serving pancakes for dessert.

Reception

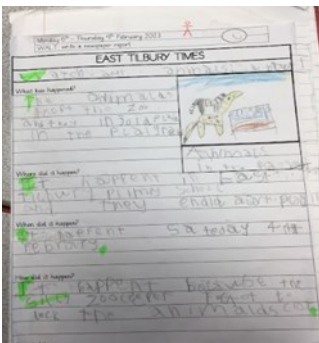
This week in Reception we have been reading the story *Room on the Broom* written by Julia Donaldson. We really like the story especially the part when it says "Whoosh they were gone". We have enjoyed ordering the story as a class and retelling it by acting it out.

In our creative work we have enjoyed making magic wands (be careful we might turn you into a frog), designing a new witch's hat and drawing the characters from the story then putting them onto a broom stick, we even did some painting with a witches broomstick (made from spaghetti).

In maths this week we have been learning all about height, length and the days of the week. What a busy week of maths we have had!



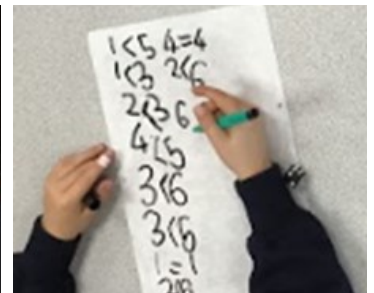
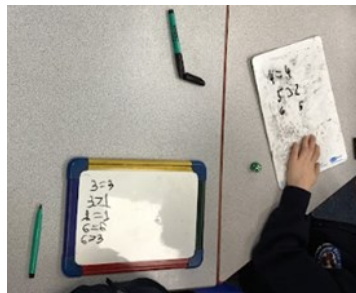
Year 1



In English, we were newspaper reporters, and we were able to gather information by asking lots of questions about the event that took place in our school. We then wrote our own news paper reports and had lots of fun coming up with our own headline and caption. We also drew a picture to describe the event. We completed our report by writing about what happened, when the event took place and why it happened.

In Maths, we have been comparing number sentences within 20 using inequality symbols. We recapped on the different symbols

for comparing numbers such as $<$ (less than), $>$ (greater than), and $=$ (equal to). We then talked about when they are used and to help us to remember this, we imagined that the crocodile's mouth is always open to eat the bigger number. We also looked at whether it is always necessary to work out the answer to calculations to compare them. We had fun rolling the dice twice to generate numbers and we recorded these on our whiteboards using the correct symbols to compare them.



Year 2 Music



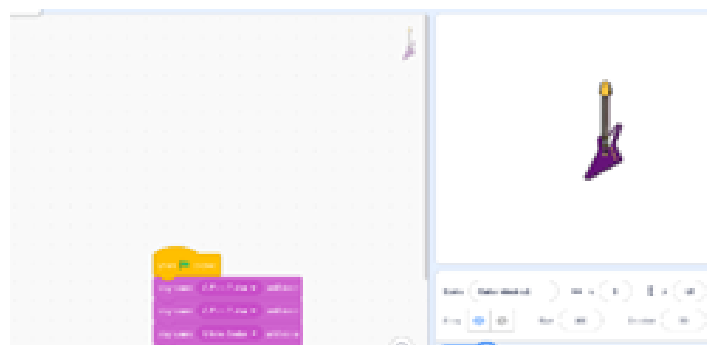
In music this half term we have been learning songs that teach us about the world. This week we sang a song called all around the world which uses two groups to overlap the lyrics. It sounded very melodic! We then learned to play along with the music using glockenspiels and the notes C, D and E. This incorporated rhythm, beat and melody.



C E D D

Year Three

This week in Year 3 we have recorded our song that we have been learning this half term in music. We got to sing and play glockenspiels with our partners; we have really enjoyed this! We have also been exploring scratch more and we added sounds to instruments and got them to play. We all got our instruments to play Twinkle, Twinkle Little Star. We have also learnt about human and physical features in geography, and the difference. Then we found the different physical and human features in South America. We have worked really hard this half term and we are looking forward to half term.





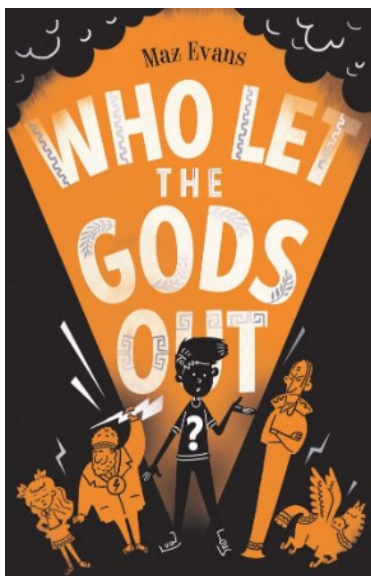
NEWS ALERTS

Year 6 News

Friday 3rd February saw an invasion of Ancient Greek characters in Y6 as we got into character to focus on history for our HT3 Curriculum Day. During the day, we learnt about the successes and ultimate downfall of Alexander the Great, believed by many historians to be the greatest military leader in history. We also created our own mythical creatures; located the extent of the Ancient Greek Empire and identified the main cities in Greece.



On Thursday last week, we held a KS2 SATs meeting to inform parents about the process of SATs exams in Y6; it was really well attended by parents and pupils. Thank you to everyone who came. All the information from the meeting is available on Google Classroom.



We are loving reading 'Who Let the Gods Out?' it is very amusing but also incredibly descriptive and the writing really makes us feel empathy with the main characters. This is the first of four books following the life and adventures of Elliot. The author Maz Evans has also written three books about an amazing young spy—the 'Vi Spy' series of books.

10 WAYS GAMING CAN SUPPORT POSITIVE OUTCOMES in Children and Young People

Gaming, of course, is phenomenally popular with children and young people. In 2021, for instance, more than three-quarters of teenagers played online games, with almost 70% of primary school aged children doing likewise. If enjoyed in moderation and supported by a healthy routine (staying hydrated, good sleep habits, taking breaks and so on), gaming can actually benefit a person's mental health. As long as we stay alert for potential risks, games can be much more than what we see on the surface: they can be a way to socialise, an avenue for creativity and a route to solving problems. Check out our top ten tips on how gaming online can sometimes work to your child's advantage...

ARCADE

THE FEEL-GOOD FACTOR

Gaming is so popular because at the base level, it's enjoyable for the player. Succeeding in any game or contest releases dopamine in our brains; the 'feel-good' chemical that makes us happy or excited. These emotions can be incredibly beneficial for mental wellbeing - as long as young players don't become reliant solely on playing video games to make themselves feel happy.

ACHIEVEMENT & PRIDE

A sense of achievement is incredibly important to all of us and can be particularly valuable to someone who's feeling unhappy or distracted. It's easy to get caught up in our thoughts, which can sometimes take a negative turn. So even achieving something small - like finishing a difficult level in a Mario or Sonic game - can feel like conquering Everest and give us renewed optimism.

SOCIAL SALVATION

Gaming can be an incredibly social activity. When playing online with trusted friends, what usually start out as chats specifically about the game can often develop into conversations about school and life. Even if they've had a bad day, simply knowing that a friend is there, on the other end of their headset, can provide young gamers with a sense of security and some welcome laughs.

TEAMWORK MAKES THE DREAM WORK

In many online games, teamwork is crucial to winning. Often, people who are struggling with their mood tend to feel like they fall or let others down a lot. Working as a team with trusted friends or family in a game can reinforce a young person's self-importance, striving for a common goal and succeeding together can remind them that they're an integral part of something bigger.

REAL-WORLD RELATABILITY

Because many major releases are shooting or action games, when some people hear "gaming" they think of guns, explosions and violence. What's less recognised is how many titles explore relatable issues such as overcoming anxiety or coping with grief. These games allow young players to understand their emotions more deeply and realise they aren't alone in how they might be feeling.

A DIGITAL COMFORT

Video games can provide a reliable constant. No matter what happens in school or between friends, playing a favourite game is something that youngsters can look forward to all day and can help them de-stress. Let's not forget, games are fun - and, when approached safely, an interactive activity in which the player has a degree of control over what happens next can feel immensely reassuring.

PROBLEM-SOLVING PRACTICE

It can be difficult for young people to handle the feeling that nothing is going right or that their problems are insurmountable. Gaming can help alleviate that by presenting challenges to be overcome, either solo or alongside trusted friends. Defeating a powerful monster or solving a tricky puzzle reminds young gamers that even the most daunting obstacles can be faced and conquered.

THE GREAT ESCAPISM

A certain amount of escapism is fabulous - allowing us to temporarily park some stress while exploring a world other than our own. For children, gaming can be like reading a novel or watching a film: a moment in the day when the fantastical becomes real, firing their imagination and immersing them in a story. Who wouldn't want to venture to the stars? Or battle monsters to save the planet?

TRIED & TRUSTED

There can be reassurance in repeating tasks. It often promotes a controlled outcome, which is ideal when life feels overwhelming or out of control. Replicating an experience, such as playing the same level of a game over and over to perfection, gives the player a sense of control and familiarity. It's like listening to a favourite song that always makes you feel happy or confident.

ENCOURAGING CREATIVITY

Inventiveness is a huge part of many modern games. In Minecraft and Roblox, for example, players regularly dream up amazing structures or new ways to play. Using our imagination to create something (whether digitally or physically) is massively beneficial for the brain; that's why Lego is sometimes used in the medical sector as both a stress reliever and a brain injury rehabilitation tool.

Meet Our Expert

Daniel Upcombe is a writer who specialises in technology, video gaming, virtual reality and Web3. Author of 15 guidebooks for children on games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft, his work has also been published in the files of PC Gamer, Kotaku, Pocket Gamer and V0247.



NOS
National Online Safety®
#WakeUpWednesday

<https://www.ofcom.gov.uk/consult/condocs/2022/2207/220716/220716mainbody.pdf> and <https://www.ofcom.gov.uk/consult/condocs/2022/2207/220716/220716mainbody.pdf>

Maths Marvels



6th February - 10th February 2023

5NB 270 5AB 191 5JP 30

6th February - 10th February 2023

4SA 35 4BG 6 4TH 3

6th February - 10th February 2023

3NM 548 3EC 299 3LD 60

6th February - 10th February 2023

6CP 517 6LC 279 6VP 184 6JM 136



Well done to everyone who has accessed TTRS this week! Keep logging on and getting more points for your class.

Who will be our TT Rock Stars leaders next week?

All classes	Activity points	Skill Quests points	Points - Live	Total points
3NM	8540	0	1866	10406
RMB	2220	0	0	2220
5JP	1810	0	183	1993
RES	1630	0	0	1630
1GC	1080	0	0	1080
5AB	1040	0	39	1079
2RM	1010	0	23	1033
5NB	560	0	0	560
RFC	550	0	43	593
3LD	520	0	268	788
4TH	430	0	424	854
RJG	400	0	0	400
1BA	370	0	6	376
4SA	350	0	68	418
2MR	200	0	0	200

REACH!! FOR THE STARS

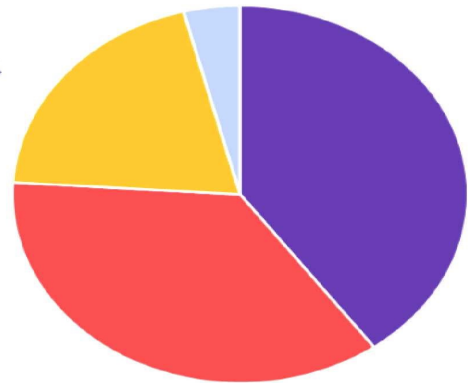
Our 'Stars of the Week' are the children that have gone over and above in their efforts. We are very proud of them for their achievements and thought they deserved an extra-special mention!

RJG	Kartar	For making good choices in his independent learning
RMB	Harper	For independently using her phonics skills in her writing.
RFC	Yahya	For always trying his best and being independently in his learning.
RES	Cooper	For making good choices and being a good friend.
1CH	Abdul-Qahhar	For independently using his phonics skills in his writing.
1GC	Elsie and Eliana	For having a fantastic first week in their new school.
1FK	Cairo	For writing an amazing newspaper report and remembering to use correct sentence punctuations.
1BA	Mason	For trying his best to improve his handwriting.
2MR	Logan	For writing an action-packed and descriptive space story.
2RS	Ruby	For using conjunctions to extend her sentences in English this week.
2NL	Bella B	For writing an interesting narrative story in English.
2RM	Robyn C	For contributing her amazing ideas in maths this week.
3EC	Louise F	For showing resilience with her writing
3LD	Teddy	Showing resilience
3NM	Elsie-Mae	For writing an amazing adventure narrative
4TH	Amelia	Presenting an amazing discussion and pushing herself to up-level vocabulary
4BG	Charlie P	For being an aspiring role model and helping his peers.
4SA	Jenson B	For working hard to improve his presentation in maths
5AB	Lily-Anne	For being resilient when writing her narrative independently.
5JP	Isla Y	for making a consistent effort and great progress across all subjects
5NB	Suttishai N	For his outstanding narrative!
6CP	Bobby H	For taking pride in his English work.
6LC	Maria P	For great writing of a 'Warning Story'
6VP	Chloe M	For writing an engaging and unique 'Warning Story'
6JM	Nikos S	For writing an exciting warning story.

ETPS PFA Update



Splitting the £1.00



- **40p** goes to our school
- **36p** goes to cash prizes
- **20p** goes to admin costs
- **4p** goes to VAT

How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to East Tilbury Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to East Tilbury Primary School

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school



To start supporting, visit:
yourschoollottery.co.uk
and search for: **East Tilbury Primary**

Supporters must be 16 years of age or older





Do you receive any of the following?

- Income support
- Employment Support Allowance (Income Related)
- Income based Job Seekers Allowance
- Guaranteed Pension Credit
- Child Tax Credit and your income (as calculated by the Inland Revenue) is less than £16,190
- Universal Credit
- Receiving support under Part VI of the Immigration and Asylum Act of 1999
- In the Armed Forces

If you can answer yes to any of the above you may qualify for free school meals/Pupil Premium

The school office will help with your application. If your application is successful not only will your child receive free school meals, but our school will receive £1,300 additional funding (per child). This is called Pupil Premium.

All applications are confidential.





Thurrock
Teacher Training

Get into Teaching

St Clare's School

Lead ITT provider in the TTSA and in partnership with the TES institute are pleased to announce that trainee places are available for the academic year 2022/2023.

*'Our trainees success rate
Securing QTS = 100%
Employed = 100%'*



Our partner schools for 2022/2023 include:

Primary

Chadwell St. Mary, Deneholm, East Tilbury,
Thameside, Stifford Clays, Horndon-on-the-hill,
Stanford-le-Hope, Dodinghurst, Little Thurrock,
Arthur Bugler, Warren Primary, Bonneygate,
Woodside.

Secondary

Grays Convent, Marshalls Park, Ormiston Park
Academy, St. Clare's School, William
Edwards, The Gateway Academy, Brentwood
County High, Hathaway Academy, Thames Park

"The Tes course was brilliant, and I would definitely recommend it to others who are thinking of entering a career in teaching."

- 2022 Trainee

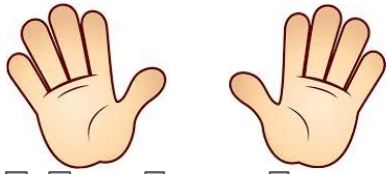


For all enquiries, please contact
thurrockteachertraining@osborne.coop

2022-2023 SCHOOL TERM DATES

September 2022							October 2022							November 2022							December 2022							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
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January 2023							February 2023							March 2023							April 2023							
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8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13	
15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20	
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	School Holiday
	Bank Holiday
	Additional Autumn Half Term (currently Thurrock schools only)
	Inset days, schools closed to students (20 th /21 st July payback for Twilight sessions)
	Trust Conference, schools closed to students



Help is at hand

Keep in touch!

We are missing being in contact but do not forget we are still here to help where we can.



Our school office is open to receive calls between 8:30am and 3pm.

Tel: 01375 846181

Email: office.etp@osborne.coop



East Tilbury Primary School
Princess Margaret Road
East Tilbury, Essex, RM18 8SB



We are also regularly updating our Facebook page and Twitter feed.

Log on and have a look!



Twitter: [@EastTPPrimary](https://twitter.com/EastTPPrimary)

At East Tilbury Primary School our Designated Safeguarding Leads (DSL) are:

- ◇ Mrs Bates
- ◇ Mrs Dawson

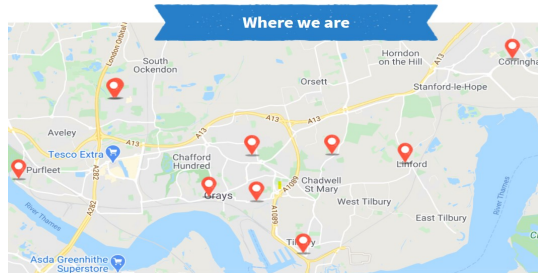
Due to the size of the school, we have the following designated staff who can deputise in the Head of School's absence:

- ◇ Mr Gowland
- ◇ Mr Bennett
- ◇ Mrs Jarvis
- ◇ Mrs Mylam
- ◇ Mrs Allen

Pupils can contact any of our Safeguarding Team during the school day.

Worried about a child? You can phone or write to MASH about your concerns. Phone **immediately** if you believe it is urgent.

[Thurrock MASH \(Multi Agency Safeguarding hub\), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: 01375 652802. Emergency Duty Team \(for out of hours\) 01375 372468. · Police Child Abuse Investigation Team 01277 266822 or call 999 if you are concerned a child needs immediate protection. · Childline 0800 11 11 \[www.childline.org.uk\]\(http://www.childline.org.uk\) · NSPCC 0808 800 5000 \[www.nspcc.org.uk\]\(http://www.nspcc.org.uk\); \[www.facebook.com/nspcc\]\(https://www.facebook.com/nspcc\)](#)



LOCATIONS

Here are the opening times and locations for our foodbank centres. Everyone who comes to the foodbank for emergency food needs to have a valid foodbank voucher.

Tues 14:00-16:00: St. Mary's Church hall, St. Mary's Church, Dock Rd, Grays, RM17 6EX.

Weds 09:30-12:00: Thurrock Christian Fellowship, 2-4 Chase Rd, Corringham, S17 7QH

Weds 13:30-15:00: Sockets Heath Baptist Church, Premier Avenue, Grays, RM16 2SB

Thurs 11:00-13:00: St. Francis Centre, Somerset Rd, Linford, SS17 0QA

Thurs 11:00-13:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Fri 10:12:00: St. Stephen's Church of England, London Rd, Purfleet, RM19 1QD

Sat 09:30-11:30: Emmanuel Church of England, Sleepers Farm Rd, Chadwell St. Mary, RM16 4TP

Sat 10:00-12:00: All Saints Church of England, Foyle Drive, Sth Ockendon, RM15 5HF

Sat 10:00-12:00: Christian Gates of Praise International Christian Centre, 79-83 London Rd, Grays, RM 17 5YF